Did You Get Your Flu Shot?

To Date: EACH Public Health has vaccinated 2,300+ people at our staff rodeo, three community flu rodeos, etc.



Where can I get a flu shot now?

- Make an appointment with your Primary Care Provider
- Visit a Community Pharmacy – Walgreens, Walmart, King Soopers, Safeway, etc.
- Exceptions: AD Members MUST get their flu shot on post!

How do I schedule an appointment?

- Call the Appointment Line: (719)524-CARE (2273)

Global Nurse Advice Line

The Global Nurse Advice Line gives TRICARE beneficiaries worldwide, 24/7 access to a registered nurse for:

- Evidence-based medical advice
- Help determining the appropriate level of care
- Assistance connecting to care

Beneficiaries can reach GNAL by visiting MHSNurseAdviceLine.com for web chat and video chat, or dial 800-TRICARE (874-2273), option 1.



Virtual Urgent Care

Who's eligible?

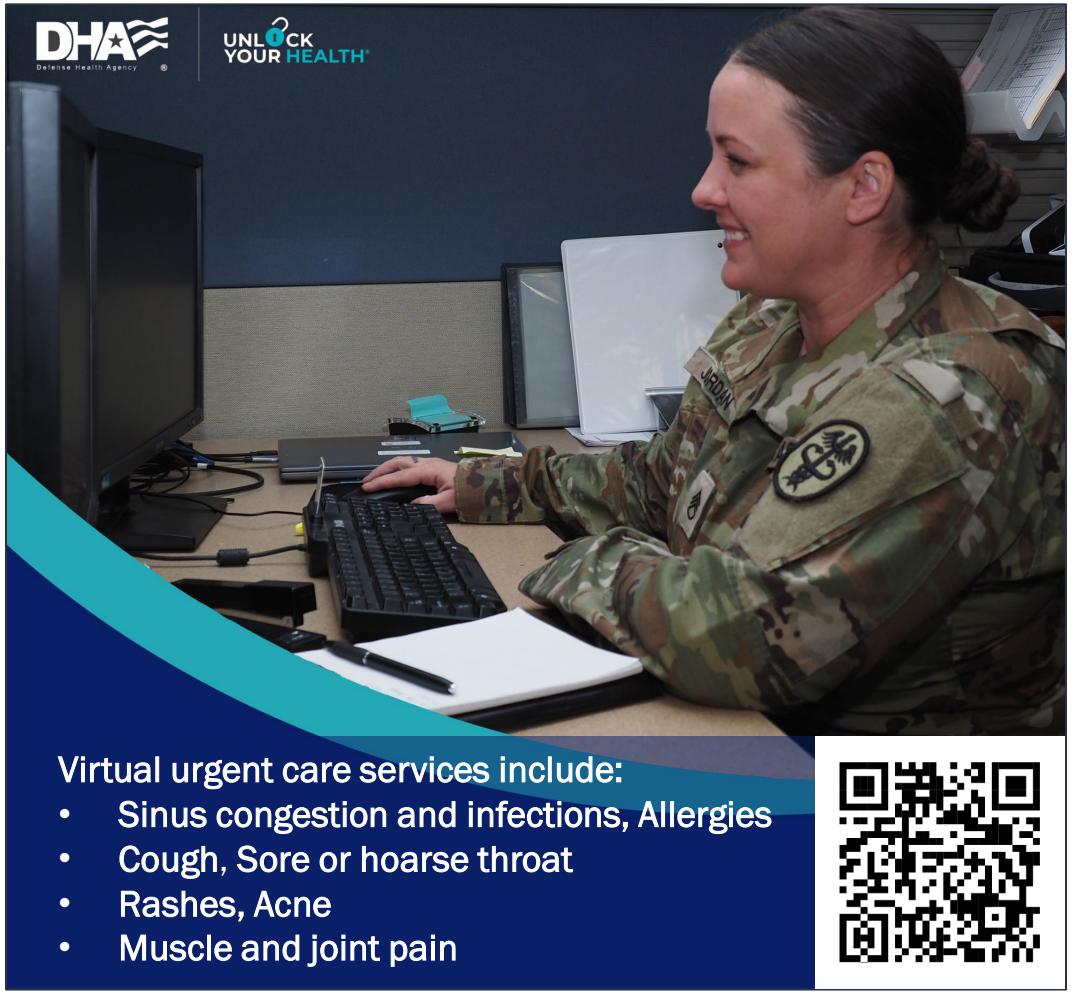
TRICARE Prime beneficiaries age 12 and older in the continential United States including Alaska and Hawaii

When can I schedule an appointment?

The Global Nurse Advice Line is available 24/7. Virtual urgent care appointments are scheduled for the same day or next day.
Monday – Friday: 5 a.m. - 8 p.m. MST.

How do I schedule an appointment?

- Call the Appointment Line: (719)524-CARE (2273)
- Call the Nurse Advice Line: 800-TRICARE
- Visit the Global Nurse Advice Line website: mhsnurseadviceline.com



TRICARE Open Season

- TRICARE Open Season runs Nov. 9 - Dec. 8, 2026. This is the annual window for eligible TRICARE beneficiaries to enroll in, switch, or disenroll from TRICARE Prime or TRICARE Select.

- FEDVIP Open Season runs Nov. 9 - Dec. 14, 2026. Eligible beneficiaries can review and make changes to dental and vision coverage through FEDVIP.

- *Note 1: TRICARE Open Season doesn't apply to active-duty service members.*

- *Note 2: TRICARE For Life, TRICARE Young Adult, TRICARE Reserve Select, and TRICARE Retired Reserve aren't subject to TRICARE Open Season rules.*

