

Community Strengths and Themes Assessment (CSTA)

- The Community Strengths and Themes Assessment (CSTA) is part of a comprehensive suite of assessment tools for military communities to assess health risk factors and perceptions of health-related needs to improve overall readiness and resiliency.
- The CSTA identifies priorities for community coalitions to assist Command-level leadership in development of a responsive and holistic community support plan.
- The goal is to obtain perceptions of health and wellness in the installation and local communities.
- Participation in the CSTA is voluntary and all electronic data remains private, confidential, and password protected. Individual level responses are not reported.
- Questions will be asked about
 - Physical Health
 - Behavioral and Emotional Health
 - Social and Environmental Health
 - Spiritual Health
- [Health Promotion Operations - Defense Centers for Public Health - Aberdeen](#)

Take the Community Strengths & Themes Assessment (CSTA)

Share with Leaders your thoughts on how to improve your community's quality of life, health, readiness, programs and resources.

All responses are **confidential** and must be received by **31 March 2025**.

It takes just minutes to provide your input and begin making a difference!



U.S. Department of Defense

<https://phpubapps.health.mil/Survey/se/25113745498E6FB5>

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SERVICE MEMBERS

FAMILY MEMBERS

CIVILIANS

RETIREES/VETERANS