## Community Strengths and Themes Assessment (CSTA)

- The Community Strengths and Themes Assessment (CSTA) is part of a comprehensive suite of assessment tools for military communities to assess health risk factors and perceptions of health-related needs to improve overall readiness and resiliency.
- The CSTA identifies priorities for community coalitions to assist Command-level leadership in development of a responsive and holistic community support plan.
- The goal is to obtain perceptions of health and wellness in the installation and local communities.
- Participation in the CSTA is voluntary and all electronic data remains private, confidential, and password protected. Individual level responses are not reported.
- Questions will be asked about
  - Physical Health
  - Behavioral and Emotional Health
  - Social and Environmental Health
  - Spiritual Health
- Health Promotion Operations Defense Centers for Public Health Aberdeen

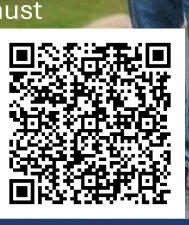
Take the Community Strengths & Themes Assessment (CSTA)

Share with Leaders your thoughts on how to improve your community's quality of life, health, readiness, programs and resources.

All responses are **confidential** and must

be received by 31 March 2025.

It takes just minutes to provide your input and begin making a difference!







https://phpubapps.health.mil/Survey/se/25113745498E6FB5

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