



**Public Health**  
Prevent. Promote. Protect.

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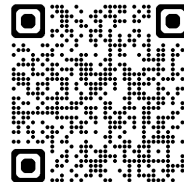
Fort Carson, CO



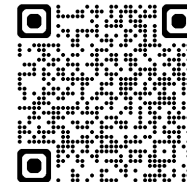
# MILITARY FOOD INSECURITY

# AGENDA

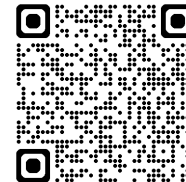
- What is Food Insecurity?
- Factors that Contribute to Food Insecurity
- Military Food Insecurity & Statistics
- On-post Resources
  - Warrior's Warehouse
  - WIC Program
- Off-post/Online Resources
  - Mt. Carmel Veterans Service Center
  - Care & Share
  - Crossfire Ministries
  - Food to Power
  - Pikes Peak United Way
  - Sunnyside Market
  - Salvation Army
  - Military OneSource
  - Hunger Free Colorado



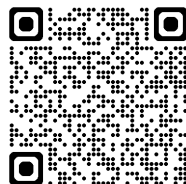
Mt Carmel



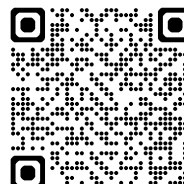
Care and  
Share



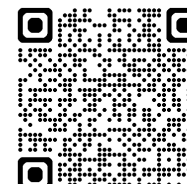
Crossfire



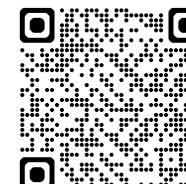
Food to  
Power



Sunnyside



Salvation  
Army



Military  
Onesource



# DISCLAIMER

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“The views expressed in this presentation are those of the author(s) and do not necessarily reflect the official policy of the Department of Defense, Defense Health Agency, Department of the Army, U.S. Army Medical Department or the U.S.”



# WHAT IS FOOD INSECURITY

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Who is familiar with the term “*Food Insecurity?*”

The U.S. Department of Agriculture (USDA) defines food insecurity as a lack of consistent access to enough food for an active, healthy life.

It also refers to a lack of available financial resources for food at the household level.

Who has experienced food insecurity at least once while in the military?

What are the factors that contribute to food insecurity in the military?



# FACTORS THAT CONTRIBUTE TO MILITARY FOOD INSECURITY

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- Unaware of food security resources
- Lower rank
- Larger family size or multiple dependents
- Higher cost-of-living
- One-income household
- Limited childcare
- Recent PCS
- Military installations with no dining facilities
- Unexpected expenses, financial hardships, or worsening financial conditions
- Distance from food security resources



# MILITARY FOOD INSECURITY STATISTICS

- Approximately, 60 million Americans received food assistance from food charities.
- In 2023, an estimated 1 in 7 Americans were food insecure, equating to over 47 million Americans, including almost 12 million children.
- One in five military and veteran families experience food insecurity—rising to one in four among active-duty military families. This is as many as 160,000 active-duty enlisted service members having trouble putting food on the table for themselves and their loved ones.
- 29% of troops in the most junior enlisted ranks (E1-E4) report facing food insecurity.
- Around 28% of military affiliated families utilize Pikes Peak United Way food distributions which is 1,404 families and approximately 6,599 individuals.



# WARRIOR'S WAREHOUSE (ON-POST)

- ON-POST
- Need a referral
  - Chain of Command
  - ACS Soldier & Family Assistance Ctr.
  - Chaplain
  - Can get referral form from WW
- Provide 1-week's supply of food
- Also has household items
- Facebook page posts other food events

Warriors Warehouse  
5769 Wallace St Bldg 1045  
Ft Carson, CO 80913  
402-659-8755 [www.ftcarson.1045@gmail.com](mailto:www.ftcarson.1045@gmail.com)

Facebook: Warriors Warehouse and the Redistribution Center, Inc.

Redistribution Center, Inc  
12681 W 49<sup>th</sup> Ave.  
Wheat Ridge, CO 80033  
303-263-9919

### Shopping Hours

Wednesday and Thursday 9AM to 12:30 PM  
Hours subject to change without notice

The Redistribution Center, Inc./Warriors Warehouse is a redistribution center that supplies Active Duty Personnel and their families, E-5 and below with FREE household items once every 30 days. These items are new to like new. We reserve the right to limit quantities.

### Referral Hours

Monday thru Thursday 9 AM to 1 PM  
Hours subject to change without notice

The Redistribution Center, Inc./Warriors Warehouse provides food assistance, baby items to Active Duty Personnel; Veterans and their families on a REFERRAL basis. Referrals may come from Ft Carson Commands, ACS, The American Legion, Department of Veterans Affairs, AW2 Program, Mt Camel, Marion House, and other agencies.

### Donations

Monetary donations may be made through our website: [www.redistributioncenter.org](http://www.redistributioncenter.org)

Non Perishable items, New or gently used coats of all sizes, new toys may be donated to:

Redistribution Center, Inc  
Ranya Kelly  
303-263-9919

Warriors Warehouse  
Donna Swanson  
402-659-8755  
Bldg 1045, Ft Carson



*Improving Health and Building Readiness. Anytime, Anywhere — Always*



# PHN WIC PROGRAM LIASONS (ON-POST)



Fort Carson, CO



- Army Public Health Nursing (PHN) serves as Fort Carson Women, Infants, and Children (WIC) Program Liaisons for El Paso County Public Health.
- For assistance with the WIC Program, ask the healthcare team at Evans Army Community Hospital OBGYN Clinic, and Primary Care Clinics (Pediatrics, Ivy, Warrior, DiRaimondo, Robinson, and BAAF Clinics).
- At Fort Carson's Army Community Services (ACS), there is an El Paso County WIC employee every Monday & Wednesday 1200 -1500.
  - **WIC enrollment, nutrition assistance, and WIC appointment services**



# MT. CARMEL VETERANS SERVICE CENTER (OFF-POST)

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- “Food Distro” events every 2<sup>nd</sup> and 4<sup>th</sup> Friday of the month at Norris Penrose Event Center Upper Lot from 1000 to 1100 am.
- Patrons have to sign-in at “Food Distro” event
  - Identify yourself as military (either Active Duty, veteran, or family member, etc.)
  - This is NOT to single you out!
  - This is to help them track numbers to show how many military members their organization is able to help
- Facebook page will post current and future dates for “Food Distro” events
- Information also available on <https://careandshare.org/findfood/> website and Mt. Carmel’s <https://www.veteranscenter.org/food-distribution-events/>



# CARE & SHARE (OFF-POST)

- Everyone is welcome!
  - There is NO eligibility criteria in order to use Care & Share food resources
- Care & Share food events may require you to complete an intake questionnaire
  - This is NOT to check your income or financial status!
  - This is for Care & Share (non-profit) to show the government they are using their funds appropriately
- Facebook page posts other food events



# CROSSFIRE MINISTRIES (OFF-POST)

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- Location: 3975 North Academy Blvd, Colorado Springs, CO, 80917
- No cost groceries
- Thrift Store
- Utility Assistance
- Education Opportunities
- No-Cost Groceries – Crossfire Ministries
- <https://www.crossfireministries.org/>



# FOOD TO POWER (OFF-POST)

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- Provides food access programs, groceries at no cost, and food education.
- Groceries at no cost with shopping twice a week.
  - Open: Tuesday and Saturday, 1200 to 200 pm.
- No documentation or verification required.
- Location: Hillside Hub
  - 1090 South Institute St, Colorado Springs, CO, 80903
  - Other partner distribution sites located on website at <https://foodtopowerco.org/>



# PIKES PEAK UNITED WAY MOBILE PANTRY (OFF-POST)

**2024**

## **Free Mobile Food Pantry**

Come get food for you and your whole family at this drive-up style food pantry! Thank you to Care and Share Food Bank for partnering with us.

**Location:** Mitchell High School, 1205 Potter Dr.

**Dates:** Every first and third Thursday of the month. 1/2, 1/16, 2/6, 2/20

**Time:** 10:30 am until food runs out.



# SUNNY SIDE MARKET (OFF-POST)

- Locations: Fountain, Colorado Springs, and Pueblo.
- Food Pantries Owned and Operated by Care & Share
- Enroll online at <https://sunnysidemarket.org/> to shop at the Pueblo and Colorado Springs locations
- Walk-ins available at Fountain location
- Shopping available once a week

ENROLL TO SHOP HERE

## FOUNTAIN, COLORADO

501 E. Iowa Ave., Fountain, CO 80817

Fountain Sunnyside Market is operated by  
Connections 4 Life.

ENROLL TO SHOP HERE

## PUEBLO, COLORADO

1230 E. 8th St., Pueblo, CO 81001

Pueblo Sunnyside Market is operated by  
By Grace Community Center.

(719)-470-1004

CLICK HERE TO MAKE AN APPOINTMENT

ENROLL TO SHOP HERE

## COLORADO SPRINGS, COLORADO

1520 Verde Dr, Colorado Springs, CO 80910

Hours: Mon. 2 p.m. – 6 p.m.  
Wed. 2 p.m. – 6 .pm.  
Thurs. 2 p.m. – 6 p.m.

By appointment only from 2-5 p.m.

CLICK HERE TO MAKE AN APPOINTMENT



# SALVATION ARMY FOOD RESOURCE (OFF-POST)

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Salvation Army Food Pantry-Colorado Springs-Colorado Kitchen

**Address:** 908 Yuma Street, Colorado Springs, Co 80909

**Phone Number:** 719-636-3891

**Valid Identification and proof of residency required.**

**Open:** Monday, Wednesday, & Friday from 1100-1500

Colorado Springs Corps ([salvationarmy.org](https://www.salvationarmy.org))



# MILITARY ONESOURCE ([www.militaryonesource.mil](http://www.militaryonesource.mil))

- Provides DoD military food security resources and information
  - Military OneSource Community Resource Finder
  - CHAMP Food Security Resources
  - Military and Family Support Centers
  - Family Supplemental Subsistence Allowance
  - Tricare Food Security Resources
  - Basic Needs Allowance
- USDA nutrition assistance programs
  - Supplemental Nutrition Assistance Program (SNAP)
  - USDA National Hunger Clearinghouse
  - Food and Nutrition Service for Military and Veteran Services
  - Summer Electronic Benefit Transfer (EBT) Program for Children
  - Summer Food Service Program
- [Military Food Assistance | Military OneSource](#)



# HUNGER FREE COLORADO

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- Supports Healthy School Meals for All
- Colorado Food Pantry Assistance Grant Program
- Provides Food Resource Hotline
  - 855-855-4626
  - Connects Coloradans to food and nutrition resources
  - Caller info is confidential with services available in over 150 languages



# SUMMARY

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- There are many food resources out there...
- First step is to ASK.
- Reach out to the Fort Carson Department of Public Health if you have questions about food resources.



# THANK YOU

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# QUESTIONS?



*Improving Health and Building Readiness. Anytime, Anywhere — Always*

