



OB/GYN Clinic

Evans Army Community Hospital

Tanja Herlihy, RN, BSN

Meghan Spain, RN, BSN

Jennifer Houser, RN BSN



Army Directive 2022-06 (Parenthood, Pregnancy, and Postpartum)

- Army Directive 2022-06 (Parenthood, Pregnancy, and postpartum) covers
 - PT-P3T, Uniform, Deployment and Field Training, Lactation, Pregnancy Loss, Family Care Plans, Parental Leave in the Reserve Components,
 - Enclosure 3 covers Convalescent leave for birth parent and spouse, return to PT, and additional comments
- Active Duty Soldier Profile Covers- (Profile Regulation 40-501)
 - Can continue to work until delivery
 - Immediately upon + Pregnancy-Commanders enroll soldiers to take part in P3T, No prolonged periods of motionless standing, working in motor pool bays (but can do pmcs in open ventilated-industrial hygiene sampling shows no hazard to pregnant soldiers), working with chemicals, paints solvents, metal fumes, soldering, grinding, or sanding metal parts or exposed to carbon monoxide. No Ladders, no vibrations in large ground vehicles on unpaved surfaces. Until 20 weeks they can fire weapons at the outdoor range but cannot wear the web belt, body armor, MOPP gear, and can only work in the weapons room if the solvents are organic and below 1999 MIL-PRF-680, degreasing solvent
 - At 20 weeks –Additionally, Soldier exempt from parade rest >15 min, performing PMCS on or driving or riding in larger than light medium tactical vehicles, exempt from field duty, swimming qualifications, drown proofing,
 - At 28 weeks –Additionally, Soldier work week should not exceed 40 hours and not more than 8 hour days. The 8 hours includes 1 hour of P3T but does not include the travel to PT and the time for hygiene and then travel to work. (1 hour PT 7 hour work)
- Contact numbers
 - Tanja Herlihy RN BSN CNOIC Clinic 719-526-7885
 - Meghan Spain RN BSN ACNOIC Clinic 719-526-7486
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