



News Release

**FORT CARSON
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FOR IMMEDIATE RELEASE

Media Opportunity **Shemin Fitness Center opens doors, honors WW1 MoH Recipient**

FORT CARSON, Colo. — Fort Carson's Directorate of Family Morale, Welfare and Recreation will host a ribbon-cutting ceremony for the grand opening of Shemin Fitness Center Feb. 21 on post.

The new fitness center honors the memory and legacy of Sgt. William Shemin, a rifleman assigned to the 47th Infantry Regiment, 4th Infantry Division, in 1917, who was awarded the Medal of Honor for his bravery during combat operations at the Vesle River near Bazoches, France.

The 66,000-square foot fitness center, located near the 4th Combat Aviation Brigade and the 2nd Stryker Brigade Combat Team, offers three rubber sports courts, an indoor running track, group exercise rooms, classrooms, and space for Soldier-specific Physical Readiness Training, to include free weights, cardio equipment, and dedicated physical therapy and flexibility space.

"We're excited to support the fitness goals of our 4th CAB and 2nd SBCT Soldiers, and to support our ready force," said Ryan Noble, director of Fort Carson DFMWR. "We invite our Ivy Soldiers to explore the new facility and to learn about the legacy of Sgt. Shemin, a World War I veteran who demonstrated incredible heroism and bravery in the face of adversity that earned him the Medal of Honor for his actions."

Maj. Gen. David Doyle, commander of 4th Infantry Division and Fort Carson, will host the ceremony. Members from Shemin's family will also be in attendance.

Media interested in attending this event should RSVP no later than 4 p.m. Thursday to the Fort Carson Public Affairs Office at (719) 526-4143.