

## **News Release**

FORT CARSON Public Affairs Office (719) 526-4143/7525 FAX (719) 526-1021

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## Media Opportunity **Spartan Race weekend returns to Fort Carson**

**FORT CARSON**, Colo. – The Colorado Springs Spartan Trifecta Weekend will return to the Mountain Post for its twelfth year in a row May 31 – June 1 on post.

Hosted by Fort Carson's Directorate of Family and Morale, Welfare and Recreation and Spartan Race Inc., participants over the age of 13 can choose from one of four race options:

- The Sprint: 5km distance with 20 obstacles (offered May 31 June 1)
- The Super: 10km distance with 25 obstacles (offered just June 1)
- The Beast: 21km distance with 30 obstacles (offered just May 31)
- The Ultra: 50km distance with 60 obstacles (offered just May 31)

A Trifecta pass will also be available for purchase for those interested in combining any of the Sprint, Super and Beast distances. Four separate distances will be available for participants ages four to 14 and ranging in 1-3km distances.

For information regarding start times and race options, visit the Spartan website at <a href="https://race.spartan.com/en/races/colorado-springs">https://race.spartan.com/en/races/colorado-springs</a>.

Media interested in covering this event are invited to attend the race festivities Saturday morning from 9-10 a.m. and should RSVP Friday by 4 p.m. to the Fort Carson Public Affairs Office at (719) 526-1258.

For more information contact the Fort Carson Public Affairs Office at (719) 526-7525. After hours, please contact the 24-hour Fort Carson Operations Center at 526-5500 and ask for the On-Call Public Affairs Officer.