

CARLISLE BARRACKS RETIREE BULLETIN

MPSD, CARLISLE BARRACKS
CARLISLE, PA 17013-5062



46th ANNUAL Carlisle Barracks Retiree Appreciation Day

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DEPARTMENT OF THE ARMY
Soldier for Life Retirement Services Office
MPSD, Carlisle Barracks
46 Ashburn Drive
Carlisle, Pennsylvania 17013-5062

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NLT 30 September 2020



DEPARTMENT OF THE ARMY
US ARMY GARRISON CARLISLE BARRACKS
22 ASHBURN DRIVE
CARLISLE, PENNSYLVANIA 17013-5062

IMCL-ZA

21 July 2020

MEMORANDUM FOR MILITARY RETIREES, FAMILY MEMBERS, SURVIVORS AND
PRE-RETIREE PERSONNEL

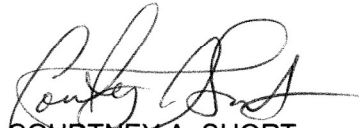
SUBJECT: Carlisle Barracks Retiree Appreciation Day Invitation, Keeping Our Veterans Safe

1. On behalf of Major General Stephen J. Maranian, Commandant, United States Army War College, I cordially invite you to participate in the 46th Annual Carlisle Barrack's Retiree Appreciation Day on **Saturday, 17 October 2020**. This day is a small gesture of appreciation for your service to our country. This year's event will be a major change from past historical activities. Due to the current COVID-19 pandemic, our goal is to keep our Veterans safe. This year's event will be conducted virtually using Facebook Live, to provide you with the latest benefits and entitlements information available. We will provide you a Facebook website link and instructions that will allow you to hear the briefings and also provide you the opportunity to send questions to be answered by the presenters and our Garrison team. The virtual presentations will begin at 0900 hours. The following are some of the key events for the day:

- a. Opening ceremonies
- b. Welcome address by Major General Maranian and myself
- c. Briefing on such topics as legal affairs, Tricare, medical care, and the Retiree Dental and Vision Programs. The briefing schedule will be published in the Retiree Bulletin and on our Carlisle Barracks Garrison page.

2. There will be no in-person installation activities conducted during the Retiree Appreciation Day. Routine items such as health and dental screenings, flu shots, ID cards and Legal services can still be accomplished during scheduled visits to the various installation service providers throughout the year.

3. Thank you for all that you have done and continue to do for this great Nation. We look forward to your participation in the virtual event. If you have any questions please contact the Retirement Services Office at 717-245-4501 or 717-245-3894.


COURTNEY A. SHORT
LTC, AD
Commanding

Carlisle Barracks Retiree Bulletin

Military Personnel Services Division, Carlisle Barracks, Carlisle, PA 17013

July 2020

A Message from your Retirement Council

The Carlisle Barracks 2020 Retiree Appreciation Day is Saturday October 17, 2020. The global coronavirus (COVID19) pandemic and the restrictions on the size of gatherings impacted the format for the 2020 Retiree Appreciation Day. Consequently, our event will be a virtual one instead of an in-person event. This was not an easy decision on the part of the Carlisle Barracks Garrison Command Group and the Retiree Council. As late as mid-June, the plan was to conduct an in-person RAD. However, by the end of June as many States moved into their final reopening phases and the size of various gatherings increased there was a noticeable rise in the number of COVID19 cases in many parts of the United States. This coupled with the fact that the overwhelming majority of the RAD attendees are over the age of 60 it was apparent that we needed to alter our approach to the Retiree Appreciation Day.

You are most definitely thinking how Carlisle Barracks will conduct this event, how will I be able to participate, and what will I gain from participating in this virtual RAD. Well, to be honest we are in the process of working out all of these details. We will be using FACEBOOK Live and providing the typical briefings with a question and answer period for each briefing. The topics being considered include updates from the Medical and Legal departments, the two Tricare Briefings (over 65 and under 65), a presentation of FEDVIP/FLTCIP, and possibly an opening forum with the Garrison Command group.

There is an entirely different set of tasks required for conducting a virtual RAD. We are busy identifying and completing these tasks. As the Chairperson of your Retired Soldier Council, I encourage you to participate in Carlisle Barracks Virtual Retiree Appreciation Day.

Carlisle Barracks Retiree Bulletin

Military Personnel Services Division, Carlisle Barracks, Carlisle, PA 17013

July 2020

Legal Services...

Legal services are offered by appointment only. To schedule a legal assistance appointment please contact our office at (717) 245-4940. Please have your UNSIGNED documents available at your appointment. A virtual legal brief will be given on Facebook live during the Retirement Appreciation Day (RAD). The Legal Assistance Office will be providing estate planning appointments, including executing pre-drafted wills by appointment. You do not have to wait until the RAD to schedule your estate planning appointment, you can do this now by contacting our office.

ID Card Office...

The ID Card office at Carlisle Barracks is normally available for issuance of ID cards Monday thru Friday from 0730 until 1500. Appointments are not required for the Carlisle Barracks Office. It is recommended that you call before traveling a long distance to ensure there are no system issues. The office telephone numbers are 717 245 4321 or 717 2245 3533.

To locate additional ID Card sites visit the followings website: www.dmdc.osd.mil/rs/

Medical Services...

The Dunham Health Care Network covers an extensive portion of Pennsylvania, including the Dunham U.S. Army Health Clinic located at Carlisle Barracks, the Fillmore U.S. Army Health Clinic located at the Defense Distribution Center in New Cumberland, and a Troop Medical Clinic located at the National Guard Training Center at Fort Indiantown Gap.

Dunham Clinic Hours

- **Standard Hours.**
 - o Monday - Wednesday: 0730-1630
 - o **Thursday:** 0730-1630
 - ***The first Thursday of the month Dunham main clinic and the PX Pharmacy is closed for training unless otherwise posted.***
 - o Friday: 0730-1630
- **Regular Exceptions:**
 - o Observes all Federal holidays.
- Check for **non-regular changes.**
 - o Phone: (717) 245-3400
 - o Facebook: <https://www.facebook.com/DUSAHC/>

For additional information contact the Retirement Services Office at 717 245 4501 or email us at: wilbert.j.lentz.civ@mail.mil or michael.r.staton.civ@mail.mil

RETIREE APPRECIATION DAY VIRTUAL AGENDA

DATE AND TIME: Saturday, 17 October 2020, 9:00 am-3:00 pm

LOCATION: <https://www.facebook.com/USAGCarlisleBarracksGC/live/>

<u>Time</u>	<u>Event</u>
0900-0915	Opening Activities: Welcome, National Anthem, Invocation, Pledge of Allegiance, Armed Forces Medley, Agenda Overview and Army RSO Presentation
0915-1000	Garrison Commander & Commandant's Welcome & Remarks
1000-1010	Break
1010-1030	Dunham Clinic Update (LTC Saenz)
1030-1040	Break
1040-1120	Legal Update (CPT Pendelton)
1120-1130	Break
1130-1230	TRICARE (Under 65) (Terry Goodyear)
1230-1240	Break
1240-1340	TRICARE for Life (65 and Over) (Brian Bauer)
1340-1350	Break
1350-1450	<u>Federal Employees Dental and Vision Insurance Program (FEDVIP)</u> (Judy Lewis)
1450-1455	<u>Closing Remarks and Farewells</u>

HANDY MILITARY TOLL-FREE NUMBERS

ARMY Reserve HR Retirement Benefits, St. Louis, MO	1-888-276-9472
Bureau of Veterans Affairs, Ft Indiantown Gap	1-800-547-2838
DEERS Update/Information	1-800-538-9552
Retirement & Annuity Pay Center, Cleveland, OH	1-800-321-1080

TRICARE PHONE NUMBERS

TRICARE Information (Under age 65)	1-800-444-5445
TRICARE Retiree Dental Program	1-888-838-8737
TRICARE For LIFE! (Over age 65)	1-866-773-0404
TRICARE Mail-Order Pharmacy Program	1-877-363-1303
TRICARE Retail Pharmacy Program	1-877-363-1303

VA PHONE NUMBERS

VA Insurance Information (NSLI -Old GI Insurance)	1-800-669-8477
VA Insurance Information (VGLI & SGLI)	1-800-419-1473
VA Education Customer Service Office (GI Bill/Post 911)	1-888-442-4551
VA Regional Office (General Questions)	1-800-827-1000

CARLISLE BARRACKS PHONE NUMBERS

On-Post information - 717-245-3131 during normal duty hours only Mon-Fri 0700 – 2300

Or Call the Office you want at 717-24x-xxxx

DUNHAM HEALTH CLINIC – CLOSED on THURS AFTERNOONS

Clinic Information	5-3400 or Toll-free 1-877-787-2569
Health Benefits Advisors	5-4112/5-3918
Patient Affairs	5-3911
Patient Appointments	5-3400/1-877-787-2569
Pharmacy	5-3400
Pharmacy (Dunham Clinic Phone-in Refill)	1-800-248-6337, Press 2, then 4, then 4
Pharmacy (PX Refill Station)	1-800-248-6337, Press 2, then 4, then 1

OTHER POST PHONE NUMBERS**PHONE**

Army Community Services	5-4357
Army Emergency Relief, Financial Counsel Aid	5-4720
Barber Shop (PX)	249-4958
Barracks Crossing (Engraving, Frame, Auto)	5-3319
Bowling Center	5-4109/5-3027
Chapel (Post)	5-3318
Commissary	5-3105
Golf Course 1757 Club Lounge & Snack Bar	5-3267
Legal Assistance/Appointments (JAG)	5-4940
Letort View Community Center & Catering	5-3991
Post Exchange	243-2065
Post Closures Due to Bad Weather	5-3700
Retirement, Survivor, Transition Office (Military)	5-4501/3894