

CARLISLE BARRACKS RETIREE BULLETIN

**MPSD, CARLISLE BARRACKS
CARLISLE, PA 17013-5062**



47th ANNUAL Carlisle Barracks Retiree Appreciation Day

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DEPARTMENT OF THE ARMY
Soldier for Life Retirement Services Office
MPSD, Carlisle Barracks
46 Ashburn Drive
Carlisle, Pennsylvania 17013-5062

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OFFICIAL BUSINESS

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NLT 20 September 2021



DEPARTMENT OF THE ARMY
US ARMY GARRISON CARLISLE BARRACKS
22 ASHBURN DRIVE
CARLISLE, PENNSYLVANIA 17013-5000

AMIM-CLG-ZA

5 August 2021

MEMORANDUM FOR MILITARY RETIREES, FAMILY MEMBERS, SURVIVORS
AND PRE-RETIREE PERSONNEL

SUBJECT: Carlisle Barracks Retiree Appreciation Day Invitation, Keeping Our Veterans Safe

1. On behalf of Major General David C. Hill, 53d Commandant, United States Army War College, I cordially invite you to view the 47th Annual Retiree Appreciation Day at Carlisle Barracks on **Saturday, 16 October 2021**. This day is a small gesture of appreciation for your service to our country. This year's event will differ from the historical activities we have provided in the past due to COVID. Our priority remains to keep our Veterans safe. We will provide a Facebook live link for the virtual event and present you with the latest information on benefits and entitlements. The link will allow you to view the presentation and submit questions to the briefers.

The day will begin at 0900. The key events are as follows:

- a. Opening ceremonies
 - b. Address by Major General Hill and myself.
 - c. A series of briefings on topics such as medical updates, legal affairs, Tricare, and the Retiree Dental and Vision Program. The briefing schedule will be published in the Retiree Bulletin.
2. There will be no installation support activities conducted during the Retiree Appreciation Day. Items such as health and dental screenings, flu shots, ID cards and legal support services can be accomplished during routine visits to the installation throughout the year.
3. Thank you for all that you have done and continue to do for this great Nation. We look forward to your participation in the event! If you have any questions regarding these events, please contact the Retirement Services Office at **717-245-4501 or 717-245-3894**.

MOLINA JEANNETTE
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JEANNETTE M. MOLINA
LTC, AG
Commanding

Carlisle Barracks Retiree Bulletin

Military Personnel Services Division, Carlisle Barracks, Carlisle, PA 17013

August 2021

A Message from your Retirement Council

The Carlisle Barracks 2021 Retiree Appreciation Day is Saturday October 16, 2021. In 2020 the global coronavirus (COVID19) pandemic impacted the format for the Retiree Appreciation Day. Although, multiple vaccines are readily available for everyone and the restrictions on the size of gatherings are relaxing social distancing practices are still being recommended. Consequently, the 2021 Retiree Appreciation Day will again be a virtual event instead of an in-person event. This was not an easy decision on the part of the Carlisle Barracks Garrison Command Group and the Retiree Council. However, we believe it to be the proper decision to remain vigilant as we begin to see the light at the end of the pandemic tunnel.

The 2021 RAD will follow a very similar format as last year's event. However, over the past year our familiarity with the available technologies greatly improved. This enables us to bring you a better product with hopefully no hic-cups. The presentations will include updates from the Dunham Health Clinic, the Legal Services Division, and TRICARE Over and Under 65. I expect the U.S. Army War College Commandant and the Carlisle Barracks Garrison Commander to provide opening remarks prior to the keynote address.

I encourage you to participate in our 2021 Virtual Retiree Appreciation Day from the comfort of your home. Yes, your in-person presence will be missed as will the opportunity to renew old acquaintances and possibly make a few new ones. The ability to interact with the many vendors who provide a variety of services to Retirees will also be lost. This does not preclude you from taking advantage of the Commissary, Legal Services, the Pharmacy, the Retirement Services Office, and the ID card section on other days of the year. These services are always open to you. Some of these are on a drop in basis and others on an appointment only basis (Legal, ID, and Retirement Services).

As the Chairperson of your Retired Soldier Council, I again encourage you to participate in Carlisle Barracks Virtual Retiree Appreciation Day.

Carlisle Barracks Retiree Bulletin

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ID Card Office...

The ID Card office at Carlisle Barracks is normally available for issuance of ID cards Monday thru Friday from 0730 until 1500. Appointments are required for the Carlisle Barracks Office. It is recommended that you call before traveling a long distance to ensure there are no system issues. The office telephone numbers are 717 245 4321 or 717 245 3533. **To schedule an appointment or locate additional ID Card sites visit the followings website:**

<https://idco.dmdc.osd.mil/idco/>

Medical Services...

The Dunham Health Care Network covers an extensive portion of Pennsylvania, including the Dunham U.S. Army Health Clinic located at Carlisle Barracks, the Fillmore U.S. Army Health Clinic located at the Defense Distribution Center in New Cumberland, and Troop Medical Clinic located at the National Guard Training Center at Fort Indiantown Gap.

Dunham Clinic Hours

- **Standard Hours.**
 - o Monday - Friday: 0730-1630 hours.
 - o The Dunham Pharmacy (Walk-in and Curbside) Services closes at 1600 hours.
- **Regular Exceptions:**
 - o Closed all Federal holidays.
 - o ***The third Thursday of the month Dunham Main Clinic, PX Pharmacy, and Outlying Clinics are closed for Mandatory Training (unless otherwise posted).***
- **Check for unscheduled changes during severe weather using the following resources:**
 - o Patient Appointment Phone: (717) 245-3400
 - o Web Page: <https://dunham.tricare.mil/>
 - o Facebook: <https://www.facebook.com/DUSAHC/>
- **Dunham has instituted an new phone line for our customers to leave messages directly for their Providers.**
 - o Provider Message Line : (717) 961-2369

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Legal Services...

Legal services are offered by appointment only. To schedule a legal assistance appointment please contact our office at (717) 245-4940. Please have your UNSIGNED documents available at your appointment. A virtual legal brief will be given on Facebook live during the Retirement Appreciation Day (RAD). The Legal Assistance Office will be providing estate planning appointments, including executing pre-drafted wills by appointment. You do not have to wait until the RAD to schedule your estate planning appointment, you can do this now by contacting our office.

Medical/Dental/Vision...

Medical coverage is available for Retirees and dependents. You can enroll in Tricare Select or Prime up to age 65. Tricare for Life is available for those over 65. If you are a Gray Area Retiree you can enroll in the Tricare Retired Reserve. Contact numbers are located on the next page. More Tricare information can be located at: <https://www.tricare.mil/>

Dental and vision coverage is also available for Retirees and dependents. This plan is called FEDVIP. You must validate eligibility and can enroll using the BENEFEDS website at: <https://www.benefeds.com/>.

- Vision – There are currently five National/International plans available
- Dental – There are currently seven National/International and five regional plan available

BENEFEDS also has a Federal Long Term Care Insurance (FLTCIP) and Federal Flexible Spending Account Program (FSAFEDS) available. More information is at the BENEFEDS website.

For additional information contact the Retirement Services Office at 717 245 4501 or email us at: wilbert.j.lentz.civ@mail.mil or michael.r.staton.civ@mail.mil

HANDY MILITARY TOLL-FREE NUMBERS

ARMY Reserve HR Retirement Benefits, St. Louis, MO	1-888-276-9472
Bureau of Veterans Affairs, Ft Indiantown Gap	1-800-547-2838
DEERS Update/Information	1-800-538-9552
Retirement & Annuity Pay Center, Cleveland, OH	1-800-321-1080

TRICARE PHONE NUMBERS

TRICARE Information (Under age 65)	1-800-444-5445
TRICARE Retiree Dental Program	1-888-838-8737
TRICARE For LIFE! (Over age 65)	1-866-773-0404
TRICARE Mail-Order Pharmacy Program	1-877-363-1303
TRICARE Retail Pharmacy Program	1-877-363-1303

VA PHONE NUMBERS

VA Insurance Information (NSLI -Old GI Insurance)	1-800-669-8477
VA Insurance Information (VGLI & SGLI)	1-800-419-1473
VA Education Customer Service Office (GI Bill/Post 911)	1-888-442-4551
VA Regional Office (General Questions)	1-800-827-1000

CARLISLE BARRACKS PHONE NUMBERS

On-Post information - 717-245-3131 during normal duty hours only Mon-Fri 0700 – 2300

Or Call the Office you want at 717-24x-xxxx

DUNHAM HEALTH CLINIC – CLOSED on THURS AFTERNOONS

Clinic Information	5-3400 or Toll-free 1-877-787-2569
Health Benefits Advisors	5-4112/5-3918
Patient Affairs	5-3911
Patient Appointments	5-3400/1-877-787-2569
Pharmacy	5-3400
Pharmacy (Dunham Clinic Phone-in Refill)	1-800-248-6337, Press 2, then 4, then 4

OTHER POST PHONE NUMBERS**PHONE**

Army Community Services	5-4357
Army Emergency Relief, Financial Counsel Aid	5-4720
Barber Shop (PX)	249-4958
Barracks Crossing (Engraving, Frame, Auto)	5-3319
Bowling Center	5-4109/5-3027
Chapel (Post)	5-3318
Commissary	5-3105
Golf Course 1757 Club Lounge & Snack Bar	5-3267
Legal Assistance/Appointments (JAG)	5-4940
Letort View Community Center & Catering	5-3991
Post Exchange	243-2065
Post Closures Due to Bad Weather	5-3700
Retirement, Survivor, Transition Office (Military)	5-4501/3894

RETIREE APPRECIATION DAY VIRTUAL AGENDA

DATE AND TIME: Saturday, 16 October 2021, 9:00 am-3:00 pm

LOCATION: <https://www.facebook.com/USAGCarlisleBarracksGC/live/>

<u>Time</u>	<u>Event</u>
0900-0915	Opening Activities: Welcome, National Anthem, Invocation, Pledge of Allegiance, Armed Forces Medley, Agenda Overview
0915-0925	Garrison Commander & Commandant's Welcome & Remarks
0925-0930	Break
0930-1010	Defense Health Agency Presentation
1010-1030	Dunham Clinic Update (LTC Merkle)
1030-1040	Break
1040-1120	Legal Update (CPT Byelich)
1120-1130	Break
1130-1230	TRICARE (Under 65) (Terry Goodyear)
1230-1240	Break
1240-1340	TRICARE for Life (65 and Over) (Brian Bauer)
1340-1350	Break
1350-1450	<u>Federal Employees Dental and Vision Insurance Program (FEDVIP)</u>
1450-1455	<u>Closing Remarks and Farewells</u>