



USAMEDDAC Fort George G. Meade

ARMY MEDICINE...ARMY STRONG! READY NOW!



Carlisle Barracks Retiree Appreciation Day

Dunham US Army Health Clinic

Lieutenant Colonel Shannon Merkle

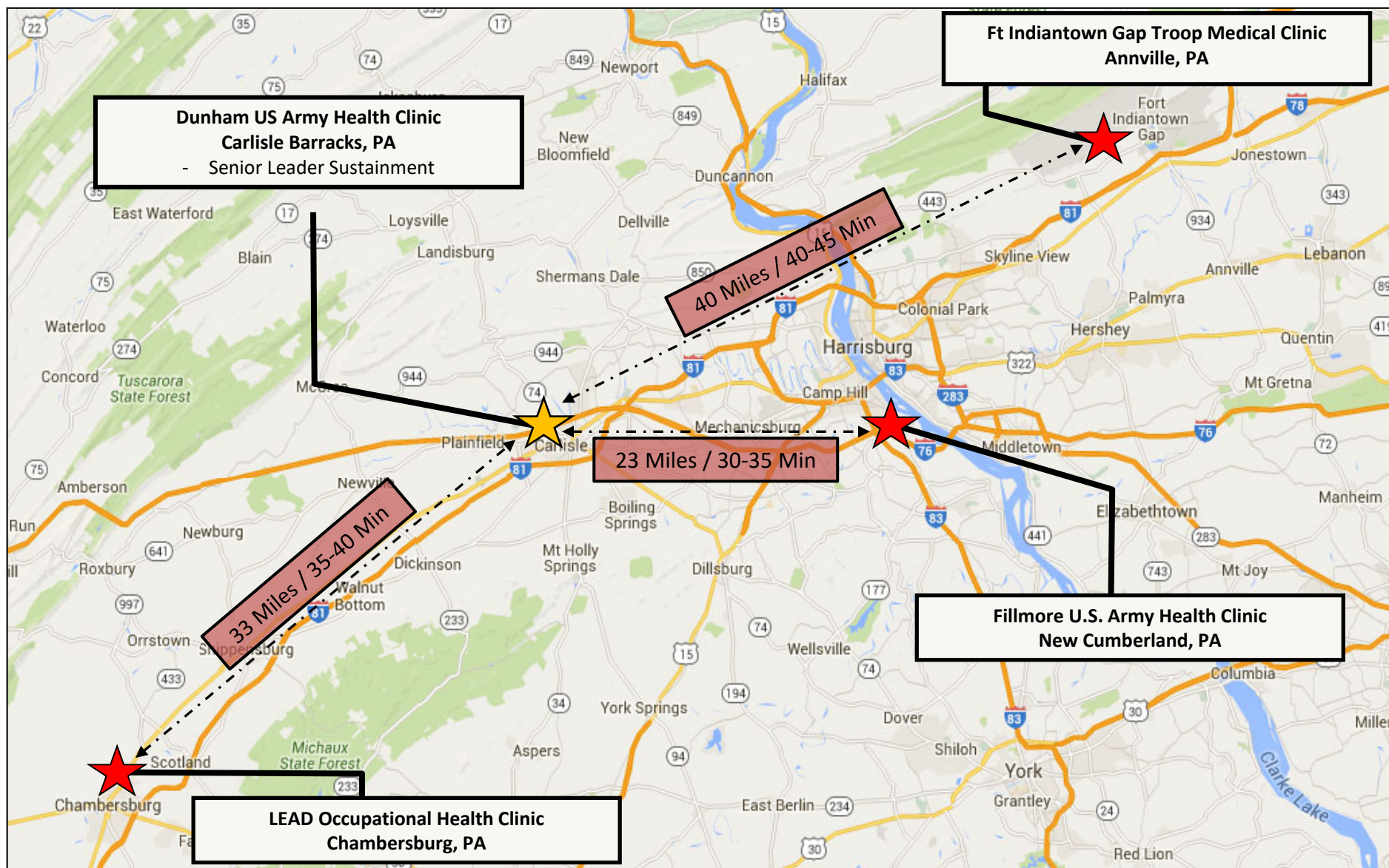
Commander

16 October 2021



- **Clinic Overview**
- **Clinic Operations**
- **Services Offered**
- **Helpful Hints**
- **Websites**
- **Questions**







Daily Operations:

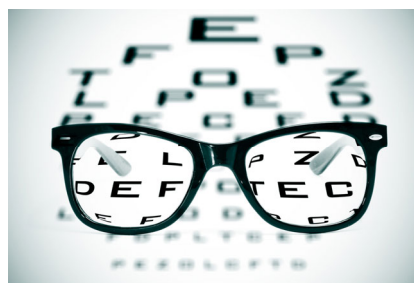
- Main Clinic Open **Monday – Friday 0730 – 1630; No Evening Clinic**
- Pharmacy **Open Monday – Friday 0730 – 1530**
- Closed the **Third Thursday** of each month for **training** (with the exception of June and July)
- Closed all **Federal Holidays** and Closed ½ day for select **Training Holidays** – we will advertise those holidays well in advance through Facebook, the Dunham website, Secure Messaging, and the Retiree Council.

COVID 19:

- All staff and visitors are screened at the front entrance prior to coming in the clinic so allow extra time if coming in for an appointment
- Mask is required at all times while in the clinic
- All patients/visitors must have a scheduled appointment, be utilizing ancillary services or have official business
- By Appointment – Optometry, Immunizations, Audiology, Dermatology, Behavioral Health, Health Benefits/TRICARE Assistance
- Walk in: Laboratory



- Primary Care
- Pediatrics
- Physical Therapy
- Allergy/Immunizations
- Optometry
- Behavioral Health
- Pharmacy
- Laboratory
- Radiology
- Dermatology





- Phone Number: 717-245-3400
- Main Clinic Hours of Operation are 0730 – 1630
- You can also go online to TOL Secure Messaging and send your provider a message
- Due to COVID 19, we do not currently have Tuesday evening appointments
- Busiest Times to Make an Appointment
- **Mondays and Fridays are highest volume**
- Best Times to Make an Appointment are 0900-1100 and 1400-1630



- **COVID 19 Operations:**

- All pharmacy services at Dunham are conducted curbside
- Due to PX construction, all refills will be picked up at Dunham Clinic until further notice
- Refills can take up to 4 days with current operations – please plan accordingly
- There are designated parking spots with signs providing contact information for Pharmacy
- **Fort Indiantown Gap** and **Fillmore U.S. Army Health Clinic** continue to provide refills

***Shortest wait times:** Monday all day is the best time to come in; early morning or afternoon with the exception of Friday.

***Longest wait times:** Friday all day is the worst time to come in; Lunch time (1100-1300) is also very busy.

- **To decrease your wait times:**

1. Drop off your scripts or call the day before
2. If you currently receive hard copy scripts from your outside provider, consider switching to e-scripts. The pharmacy staff have information on how to do that.
3. Schedule your pharmacy visits outside of our busiest hours



- Hours – Same as clinic
- No appointment needed for routine tests
- Patients are seen on a walk-in basis
- Require a medical provider's order





COVID-19 Vaccinations by Appointment

COVID Appointment Website: <https://informatics-stage.health.mil/DunhamCOVIDApp/>

- The **Moderna** COVID-19 vaccine is authorized for emergency use and offered for those who are **18 and over**.
- The **Pfizer-BioNTech** (Comirnaty) COVID-19 vaccine is fully FDA authorized for those who are **16 and over**, and emergency use authorized for those **12 – 15 years old**.
- At Carlisle Barracks, the *Pfizer vaccine* is being provided initially via vaccination clinics held at the LVCC on *October 21st and 22nd from 0800-1145 & 1300 – 1445*. Pfizer will also be offered (in place of Moderna) on Tuesday mornings from 0800 – 1300 by appointment starting October 26.
 - The Pfizer vaccine requires two shots 3 weeks apart; if you get a Pfizer shot for the 1st shot, you will receive Pfizer for the 2nd shot.
- The vaccines have been demonstrated to be safe and effective in large phase three clinical trials. Experts continue to study the effect of the vaccination on the severity of illness as well as its ability to keep people from spreading it. Studies suggest that the vaccines are effective at preventing COVID-19, and if you do get COVID-19 after being vaccinated, symptoms are generally less severe and risk of hospitalization is significantly decreased.
- It's very important to continue to wear appropriate masks, practice physical distancing, wash hands / use hand sanitizer.



Additional COVID-19 Vaccination Opportunities

- The VA Hospital in Lebanon, PA
 - Call either of these two phone numbers 717-272-6621 wait for option 2 to make, change or cancel an appointment. An alternate number is 1-800-409-8771 and once again wait to choose option 2.
 - Other VA Hospitals may be an option as well.

- The Commonwealth of Pennsylvania
 - Pennsylvania has a website that includes a map of the state with current and future vaccination sites. If you visit this website you can locate a provider and the information to schedule an appointment. The page has a pink Band-Aid background.
- <https://www.pa.gov/guides/get-vaccinated/>
 - Once on the page, click on step 2 - Find a provider, if necessary scroll down to the map. Then, enlarge the map, find your county or a county near you, and locate a provider marked with a green dot. Once you locate a provider, click on the green circle and its contact information will appear, then contact the provider to secure an appointment.
 - Note: Only the providers with green circles currently have the vaccine.

- www.vaccinefinder.org



- Flu Shots are pending
- TRICARE beneficiaries of any TRICARE program may visit any TRICARE network participating pharmacy location and receive a flu shot at no cost. Presenting a DOD ID Card is necessary to prove coverage.



- Dunham information
 - Web Page: <http://dunham.narmc.amedd.army.mil>
 - Facebook: <http://www.facebook.com/dusahc>
 - E-Mail: army.dunhamclinic@mail.mil
- TRICARE information, including the many pharmacy benefits
 - www.tricare.mil
 - www.express-scripts.com
- Online appointing (Prime only), script refills, and general health information
 - www.tricareonline.com
- MEDICARE
 - www.medicare.gov
- COVID-19 Vaccinations by Appointment
 - COVID Appointment Website: <https://informatics-stage.health.mil/DunhamCOVIDApp/>



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Questions?