



Updated January 2019

Using **TRICARE**® and Medicare

An Overview of TRICARE and Medicare for Dual-Eligible Beneficiaries

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Using TRICARE and Medicare

Today's **AGENDA**

What Is TRICARE?

TRICARE and Medicare Eligibility

TRICARE For Life

TRICARE Program Options

Other Important Information

For Information and Assistance



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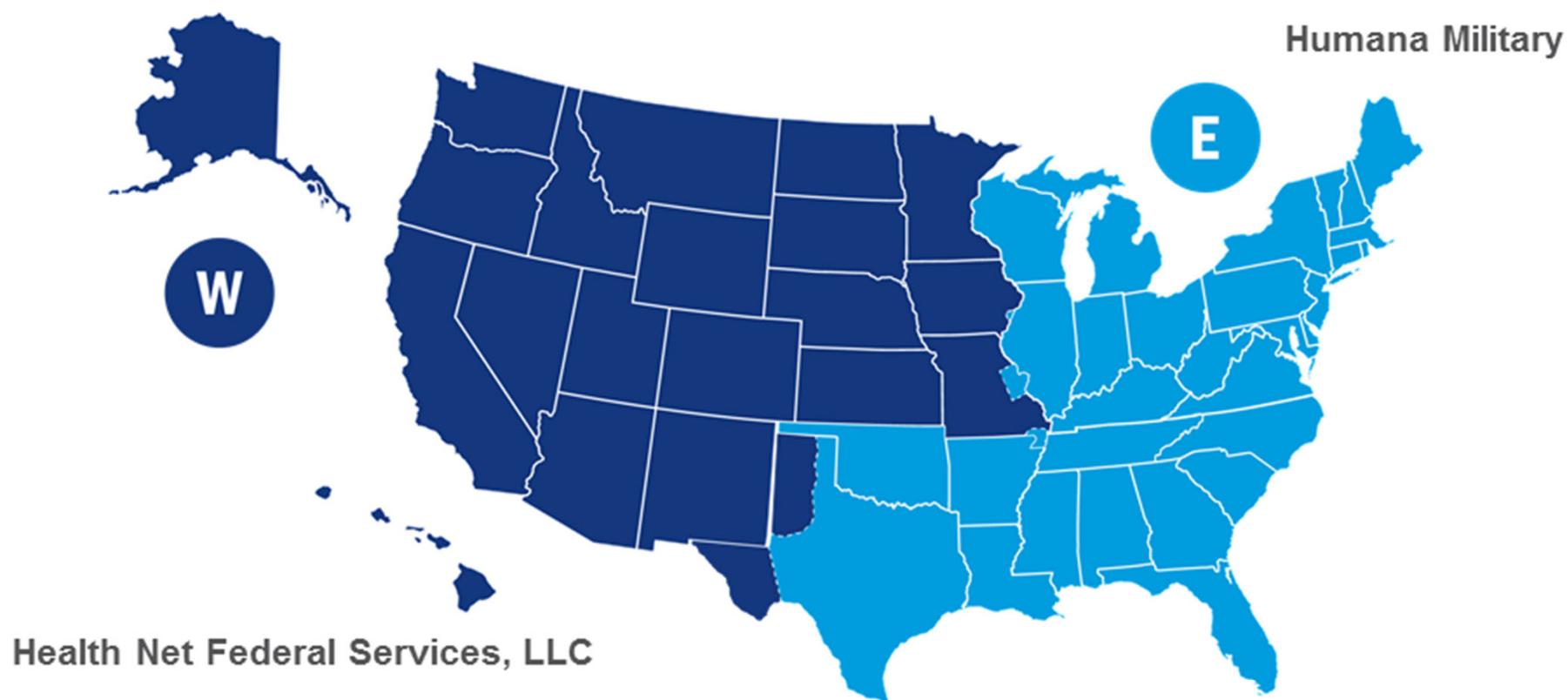
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TRICARE Stateside Regions





TRICARE Overseas Program



Latin America and Canada

Canada, the Caribbean Basin, Central and South America, Puerto Rico and the U.S. Virgin Islands

Eurasia-Africa

Africa, Europe and the Middle East

Pacific

American Samoa, Asia, Australia, Guam, India, Japan, New Zealand, Northern Mariana Islands, South Korea and Western Pacific remote countries

Wisconsin Physicians Service— Military and Veterans Health

- Wisconsin Physicians Service—Military and Veterans Health (WPS) administers the TRICARE For Life (TFL) benefit.
- WPS provides customer service and claims processing for beneficiaries who have Medicare Part A and/or Medicare Part B.

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Keep DEERS Information Up To Date



Go to an **ID card office**. Find an office at www.dmdc.osd.mil/rsi.

Note: You must use this option to add family members in DEERS.



Log on to <https://milconnect.dmdc.osd.mil>.



Call **1-800-538-9552**.



Fax **1-831-655-8317**.

Dual Eligibility

- TRICARE beneficiaries who are entitled to Medicare Part A (inpatient services), regardless of the reason, **must** have Medicare Part B coverage (outpatient services) to remain eligible for TRICARE.
- Exceptions:
 - Active duty service members (ADSMs) and active duty family members (ADFMs)
 - Beneficiaries who have purchased TRICARE Young Adult, TRICARE Reserve Select, or TRICARE Retired Reserve, and those enrolled in the US Family Health Plan or TRICARE Plus

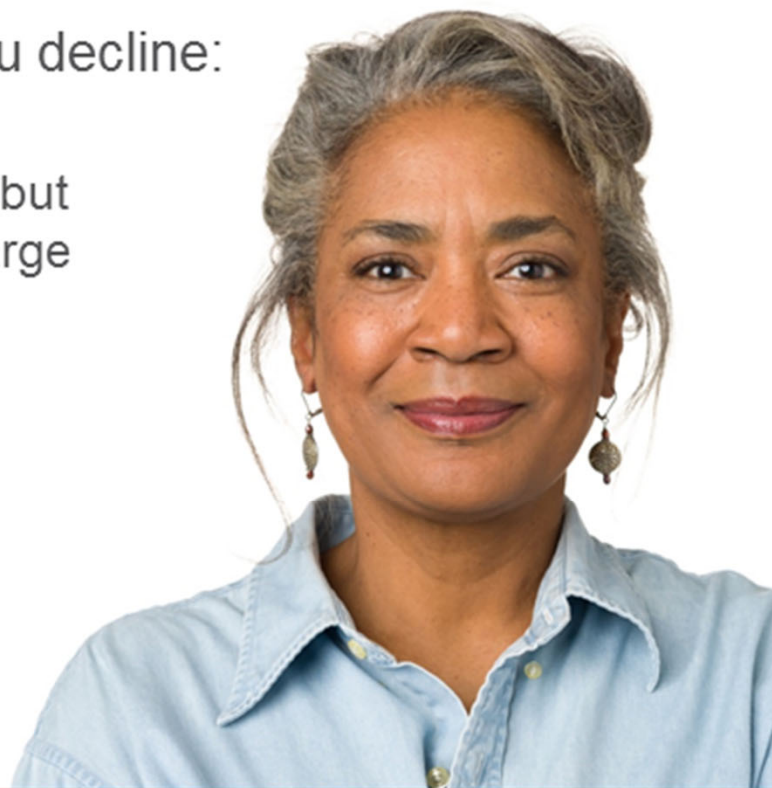
**Contact the Social Security Administration (SSA)
or Medicare for more information:
1-800-772-1213 ♦ www.ssa.gov
1-800-MEDICARE ♦ www.medicare.gov**

Eligible for Medicare Part B under Age 65

- If your Medicare entitlement is based on a disability:
 - Your Medicare entitlement begins after 24 months of Social Security disability insurance. The 24-month waiting period does not apply to beneficiaries with amyotrophic lateral sclerosis (also called Lou Gehrig's disease).
- If you have end-stage renal disease:
 - You must sign up for Medicare to remain TRICARE-eligible. Medicare begins the first day of the fourth month of dialysis treatments.
 - Medicare may begin as early as the first month of dialysis if you participate in a home dialysis training program and you do home dialysis treatments.
 - If you have a kidney transplant, your entitlement begins the month the transplant is performed, or earlier.

Eligible for Medicare Part B at Age 65

- Five months before your 65th birthday, you will receive a notification from the Defense Manpower Data Center (DMDC) informing you of the requirement to sign up for Medicare.
- DO NOT decline Medicare Part B. If you decline:
 - You may not be eligible for TRICARE.
 - You can enroll in Medicare Part B later, but you may have to pay a premium surcharge for late enrollment.



Not Eligible for Premium-Free Medicare Part A

- If you are **not eligible** for premium-free Medicare Part A under your own earnings record, you will receive a “Notice of Award” and/or “Notice of Disapproved Claim.”
- If you are married, you must also file for Medicare Part A under the earnings record of your spouse (including divorced or deceased spouses) age 62 or older.



Reflecting Medicare Eligibility in DEERS

- DMDC receives weekly updates from the Centers for Medicare & Medicaid Services that identify TRICARE beneficiaries who are entitled to Medicare.
- To confirm that your DEERS record has been updated, contact the DMDC Support Office at **1-800-538-9552**.
- If you are not eligible for premium-free Medicare Part A under your own SSN or your current, divorced, or deceased spouse's SSN, take your "Notices of Award" and/or "Notices of Disapproved Claim" to the nearest ID card-issuing facility to update your DEERS record.
 - You may be issued a new uniformed services ID card when you update DEERS with your Medicare information.

TRICARE Program Options

- TRICARE Prime/US Family Health Plan (USFHP)
- TRICARE For Life
- TRICARE Plus
- TRICARE Pharmacy Program
- TRICARE Dental Options



TRICARE Prime® and Medicare Entitlement

- TRICARE Prime enrollment fees are waived for beneficiaries with Medicare Part B.
- With TRICARE Prime, you will not need to file claims in most cases. However, when you need to file a claim, file with Medicare first. Medicare pays its portion and electronically forwards the claim to WPS.
- Overseas, claims should be filed with the TRICARE Overseas Program claims processor for the area where care was received.
- The TRICARE Prime benefit is administered by regional contractors.

TRICARE For Life

- TRICARE For Life (TFL) is available to TRICARE beneficiaries who have Medicare Part A and Medicare Part B, regardless of age or place of residence.
- Care is received from any Medicare provider, and beneficiaries may seek military hospital or clinic care if space is available.
- TRICARE is the last payer after Medicare (and other health insurance [OHI], if applicable).
 - If you have OHI, you are responsible for filing a claim with WPS after Medicare and OHI have processed and paid their portion of the claim.
- The TFL benefit is administered by WPS.

WPS Contact Information
1-866-773-0404 ♦ www.tricare4u.com

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Provider Types

Provider Type	Definition
Medicare Participating	Accepts the Medicare-approved amount as payment in full.
Medicare Non-participating	Does not accept the Medicare-approved amount as payment in full and may charge up to 15% above the Medicare-approved amount, a cost that is covered by TFL.
Opt-Out	Medicare does not pay for health care services you receive from opt-out providers. TFL pays the amount it would have paid (normally 20% of the allowable charge) if Medicare had processed the claim, and you are responsible for paying the remainder of the billed charges.
U.S. Department of Veterans Affairs (VA)	VA providers cannot bill Medicare and Medicare cannot pay for services received from the VA. If you are eligible for both TFL and VA benefits, you will incur significant out-of-pocket expenses when seeing a VA provider for health care not related to a service-connected injury or illness.

Medicare Card

MEDICARE HEALTH INSURANCE

1-800-MEDICARE (1-800-633-4227)

NAME OF BENEFICIARY
JANE DOE

MEDICARE CLAIM NUMBER
000-00-0000-A

SEX
FEMALE

IS ENTITLED TO
HOSPITAL (PART A)
MEDICAL (PART B)

EFFECTIVE DATE
07-01-1986
07-01-1986

SIGN
HERE

DO NOT SEND CLAIMS FOR PAYMENT OF
MEDICARE BENEFITS TO THIS (↓) ADDRESS

- TRICARE does not issue a health insurance card for TFL.
- When receiving care, show your Medicare card along with your uniformed services ID card.
- Medicare is mailing new cards between April 2018 and April 2019. These cards will no longer contain your SSN.

Shows your entitlement to Medicare Part A and Part B and the effective dates of coverage.

Call 1-800-772-1213 or visit www.socialsecurity.gov if you misplace your Medicare card.

How TFL Works

- Visit your Medicare participating provider for care.
- Your provider files a claim with Medicare.
- Medicare pays its portion and sends the claim to WPS.
- WPS pays the remaining amount to your provider for services covered by Medicare and TRICARE.
- You get a *Medicare Summary Notice* (MSN) from Medicare and an explanation of benefits (EOB) from TRICARE.

Note: TRICARE is the primary payer for TRICARE-covered services received in areas where Medicare is not available (e.g., overseas). Expect to pay up front and file a claim with the TOP claims processor for reimbursement.

WPS Contact Information
1-866-773-0404 ♦ www.tricare4u.com

\$ What You Pay

Type of Service	Medicare Pays	TRICARE Pays	You Pay
Covered by TRICARE and Medicare	Medicare-authorized amount	TRICARE-allowable amount	Nothing
Covered by Medicare only (e.g., chiropractic care)	Medicare-authorized amount	Nothing	Medicare annual deductible and cost-share
Covered by TRICARE only (e.g., TRICARE-covered services received overseas)	Nothing	TRICARE-allowable amount	TRICARE annual deductible and cost-share
Not covered by TRICARE or Medicare	Nothing	Nothing	Billed charges (which may exceed the Medicare- or TRICARE-allowable amount)

Using TFL Overseas

- For overseas locations outside the United States and U.S. territories:
 - TFL beneficiaries:
 - Visit any network or TRICARE-authorized provider for care
 - Are subject to applicable catastrophic cap, deductibles and cost-shares
 - Visit www.tricare.mil/tflcosts for deductibles and cost-shares
 - Deductible: **\$150** per individual or **\$300** per family
- Claims are filed with the TOP claims processor:
 - For more information, visit www.tricare-overseas.com

Coordinating TFL with OHI

	1 ST Payer	2 ND Payer	Last Payer
OHI Not Based on Current Employment	Medicare	OHI or Medicare Supplement	TRICARE
OHI Based on Current Employment	Employer-Sponsored Plan	Medicare	TRICARE

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TRICARE Plus

- TRICARE Plus is a primary care enrollment option available to beneficiaries who normally are only able to get military hospital and clinic care if space is available.
- It is offered at some military hospitals and clinics and is:
 - Limited by military hospital or clinic capacity
 - Not transferable from one military hospital or clinic to another
- Check with your local military hospital or clinic for program availability and details.

Pharmacy Options

Military Pharmacy



- Usually inside military hospitals and clinics
- Get up to a 90-day supply

TRICARE Pharmacy Home Delivery



- Must use this option for some drugs
- Get up to a 90-day supply

TRICARE Retail Network Pharmacy



- Fill prescriptions without submitting a claim
- Get up to a 30-day supply

Non-Network Pharmacy



- Pay full price up front and file a claim to get a portion of your money back
- Get up to a 30-day supply



Dental Options

TRICARE Dental Program	Federal Employees Dental and Vision Insurance Program
<ul style="list-style-type: none">• Eligible ADFMs• National Guard and Reserve members and their eligible family members• Survivors• Individual Ready Reserve members and their eligible family members	<ul style="list-style-type: none">• Retired service members and their eligible family members• Retired National Guard and Reserve members and their eligible family members• Certain survivors• Medal of Honor recipients and their immediate family members and survivors
United Concordia Companies Inc. (United Concordia)	U.S. Office of Personnel Management
1-844-653-4061 (CONUS) 1-844-653-4060 or 1-717-888-7400 (OCONUS) 711 (TDD/TTY) www.uccitdp.com	www.benefeds.com



Vision Options

Federal Employees Dental and Vision Insurance Program (FEDVIP)

- Retirees, their eligible family members, and active duty family members enrolled in a TRICARE health plan may qualify to purchase vision coverage through FEDVIP.
- Eligible beneficiaries include those enrolled in or using:
 - TRICARE Prime, including USFHP
 - TRICARE Select
 - TRS
 - TRR
 - TFL

Visit www.benefeds.com for eligibility, carrier, and enrollment information.

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The Affordable Care Act

TRICARE meets the minimum essential coverage requirement under the Affordable Care Act (ACA).



Each tax year, you will get an Internal Revenue Service (IRS) Form 1095 from your pay center. It will list your TRICARE coverage for each month.



Your Social Security number (SSN) and the SSNs of each of your covered family members should be included in DEERS for your TRICARE coverage to be reflected accurately.

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TRICARE For Life

**Wisconsin Physicians Service—
Military and Veterans Health**
1-866-773-0404
www.TRICARE4u.com



Stateside Regional Contractors

E

TRICARE East Region

Humana Military
1-800-444-5445
HumanaMilitary.com
www.tricare-east.com

W

TRICARE West Region

Health Net Federal Services, LLC
1-844-866-WEST (1-844-866-9378)
www.tricare-west.com



Overseas Regional Contractor

O

TRICARE Overseas Program (TOP)

International SOS
Government Services, Inc.
www.tricare-overseas.com

TOP Regional Call Centers

Eurasia-Africa
+44-20-8762-8384 (overseas)
1-877-678-1207 (stateside)
Medical Assistance: +44-20-8762-8133

Latin America and Canada
+1-215-942-8393 (overseas)
1-877-451-8659 (stateside)
Medical Assistance: +1-215-942-8320

Pacific
Singapore: +65-6339-2676 (overseas)
1-877-678-1208 (stateside)
Sydney: +61-2-9273-2710 (overseas)
1-877-678-1209 (stateside)

Medical Assistance:
Singapore: +65-6338-9277
Sydney: +61-2-9273-2760

Additional Contacts

More Resources

TRICARE Website
www.tricare.mil

Publications
www.tricare.mil/publications

Connect with TRICARE



www.tricare.mil/media