



Agenda



- Welcome/Opening
- Opening Remarks
- BACH Updates COL Preston
- Summer Kick-off
 - CYS Summer Camps
 - DoDEA Food Program
 - Motorcycle/Boating Safety
- Questions
- Closing Comments
- Community Information Fair

FORT CAMPBELL, KENTUCKY





Opening Comments













Col. Preston





My Military Health Update:

More Virtual Care Options & Focus on Women's Health





Great News! Scheduled Virtual Visits (SVV) are expanding:

- Now Available at all Family Medicine, Internal Medicine, and Pediatric Clinics (YEMH, SEMH, GAMH, AAFMH)
- 3 BCT: Phased implementation underway, with full SVV access for all by May 1st
- Behavioral Health continues to offer convenient SVV appointments
- Armed Forces Wellness Center now offering SVV appointments

Your Health is a Priority! We're focusing on preventive screenings for women:

- Mammograms: To schedule your mammogram, please call the Mammography Department at 270-956-0033. They can be reached Mon-Wed, Fri 0700 – 1500 and Thu 0830-1530.
- Pap Smears: Easily book an appointment through the call center or by messaging your PCM team.



Stay tuned for more updates on My Military Health initiatives!









Public Health Updates

Your sexual health is important. We're here to provide confidential, judgement-free STI testing and treatment.

We offer:

- Testing and Treatment for STIs
- Confidential Counseling and Support
- Located on 23rd Street, BLDG 2576

New Walk-In Hours:

Monday, Wednesday, Friday

from 0800-1100

*Remember: Many STIs have no symptoms. Regular testing is the best way to protect yourself and your partners.

Measles Update - What You Need to Know:

Signs and Symptoms:

Classic Symptoms: start 3-7 days after fever

- Rash (starts on the face and moves downward)
- May have small white spots inside the mouth (koplik spots)

Prodrome: the first symptoms show 7–14 days after exposure to measles

- High fever (more than 101°F)
- Cough
- Runny nose (coryza)
- Red, watery eyes (conjunctivitis)

How to protect yourself and your family:

- Complete all recommended doses of the Measles/Mumps/Rubella (MMR or MMR-V) vaccine.
- Contact your medical provider if you have concern for exposure to measles or have symptoms.
- Because Measles is spread through the air, <u>before entering</u>
 <u>the facility</u> contact the healthcare facility and inform them
 that you have concerns for Measles so they can guide you on
 how to enter.

Make an appointment with your provider by calling 270-798-4677 or via MHS

GENESIS Patient Portal





Reminder - Byrd Pharmacy Closure

Since March 31, 2025, Soldiers assigned to Byrd Soldier Medical Home receive their URGENT medication needs at either:

- Hospital's Main Pharmacy or
- LaPointe Soldier Medical Home Pharmacy.



NON-URGENT Pharmacy needs:

To avoid waiting in the lobby you can activate your RX's from the comfort of your home!

Scan the QR code or text "Get in Line" to 855-803-4165 to get started!

Request refills 3 business days in advance by phone at 270-545-5523.

Please plan accordingly around Federal Holidays.

Refills must be picked up at Town Center Pharmacy.





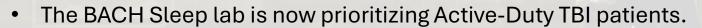


Important Updates Regarding Your Healthcare

Nuclear Medicine Update:

- BACH is no longer offering on-site Nuclear Medicine services; however, we are confident in the care provided by our community partners who specialize in Nuclear Medicine.
- Your PCM can provide a referral to a trusted provider within our network.

Sleep Lab Update:





 Any other patients needing sleep studies can receive a referral to a trusted provider within our network.



We are grateful for your continued support as we adapt to the current healthcare landscape. These changes allow us to focus resources effectively and ensure sustainable, high-quality care for our community into the future.





Summer Kick-Off



- CYS Summer Camps
- DoDEA Food Program
- Motorcycle/Boating Safety

























SCHOOL AGE CENTERS (SAC) SUMMER CAMP INFO

- Hours of Operation: Monday-Friday 5:30am-6pm.
- Meals/Snack: Breakfast 8:30am-9:30am
 Lunch 11:30am-12:30pm
 Snack 2:30pm-3:00pm
- Enrollment: one week or several weeks.
 Use www.miitarychildcare.com OR
 Parent Central Services 2702 Michigan Avenue.
- Required: update CYS files and accounts (to include work, home, and emergency phone numbers and contacts). Health Assessments, registration, SNAP forms (when applicable), and USDA forms must be up-to-date and active.
- Fees: Due in advance, the Wednesday prior to the requested camp week OR
 Pay in full for all weeks selected.

 Pay at Parent Central Services or at any CYS facility





SAC CAMP WEEKLY THEMES

26-30 May Week 1: Ready, Set, Summer!

2-6 June Week 2: All Around the World

9-13 June Week 3:The Great Outdoors

16-20 June Week 4: Space Explorers

23-27 June Week 5: Jurassic Park

30 June-4 July Week 6: Party in the USA

7-11 July Week 7: Healthy Habits

14-18 July Week 8: Blowing Off STEAM

21-25 July Week 9: Superheroes Academy

28 July-1 Aug Week 10: Futuristic Fun





Need more info?

Give us a call!

Airborne SAC

270.461.1042/1047

Gardner Hills SAC

270.461.0642/0641

Parent Central Services

270.798.0674





dodea

DEPARTMENT OF DEFENSE EDUCATION ACTIVITY

School Meal Program



DoDEA School Meal Program



Universal Pre-Kindergarten Family Style Dining (FSD)

- FSD Lunch Service is a requirement of the prekindergarten program, as it is part of the curriculum
- Free and Reduced Meal Application is part of enrollment
- Sponsors who are not eligible for free lunch are obligated to cover the cost of the meal
 - \$3.25- paid status
 - \$0.40- reduced status
- Breakfast is available but is served in the cafeteria in the morning with other aged students
 - \$2.25- paid status
 - \$0.30- reduced status
- Meals and snacks sent from home are not permitted

How can you to apply for free and reduced meals

- Online: https://linqconnect.com/public/meal-application/new
- Paper Application: paper application link
 - · A copy will go out in opening packets
- Request an application from your school or school nutrition office

Information needed to apply

- · Student ID number, which is provided after enrollment via email
- Service Member's leave and earnings statement (LES) and spouse pay voucher if working or dual military
- · Student name as written on your enrollment/registration for
- School district: Enter the name of the military installation at which you are assigned for duty
- For more information go to the School Meal Program portion of your school webpage

Other Important information

- · July 1st Applications can begin being processed
- Eligibility is only for one year
- Families must reapply every year
- Ensure Income information is accurate and aligns with your income documents as they be requested as part of the USDA verification procedure



DoDEA School Meal Program



Managing Student Accounts and Student Debt

Ways to Pay

- 1. Pay online with the TITAN Family portal. You pay with a credit card at lingconnect.com.
 - There is a \$2.60 service charge per transaction
 - Set up recurring payments
 - Get low balance alerts
 - View your student's purchases
 - Split payments across several student accounts.
 - Learn more about LINQ Connect accounts
- 2. Drop off payment at your school's cafeteria. There is no service fee for this option
- 3. Send payment to school with your child. Place it in a sealed envelope with the child's name and amount of money enclosed clearly written on the outside of the envelope. There is no service fee for this option.

Student Debt

- When account balances reach certain thresholds, DoDEA will notify families in a variety of ways to ensure they are aware of the debt with options for eliminating it
- As negative balances increase, DoDEA will notify others in the military community to request assistance and determine if the debt could be symptomatic of other issues impacting the family unit
- For more information on the <u>Unpaid Meal</u>
 <u>Charge Procedures</u> on the School Meal

 Program portion of your school webpage

Preventing Unpaid Meal Charges

- 1. Apply for Free or Reduced Price Meals
- 2. Pre-Fund Student Meal Accounts
- 3. Submit a Parental Request to Restrict Cafeteria Purchases
- 4. Keep the Lines of Communication Open

There's a life riding on it.



MAY
is
MOTORCYCLE
Awareness Month

LOOK TWICE
SAVE A LIFE.

TAKE A MOTORCYCLE SAFETY COURSE.
KEEP THE HELMET ON.
RIDE FOR LIFE.



Motorcycle Safety Tips 2025





Motorcycle Safety Awareness Month May 2025

Take formal training and get licensed.

Properly trained riders are safer riders

Don't ride under the effects of alcohol or drugs.

46% of fatalities involved alcohol in riders over 25 years of age

The Motorcycle Safety Foundation website has a list of approved motorcycle safety courses. https://msf-usa.org/



Motorcycle Safety Tips 2025







Riders should wear a:

- DOT-approved helmet,
- Eye protection,
- Long-sleeved shirt,
- Full-fingered gloves,
- Sturdy over-the-ankle footwear.

Outer garments should be brightly colored, fluorescent, or reflective.

> Remember ATGATT — All The Gear All The Time.

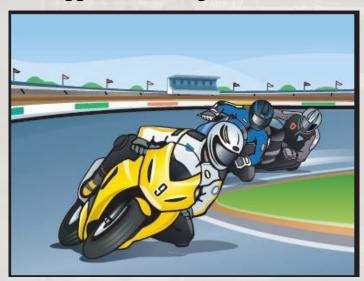
* Remember, you are completely exposed to the environment, so wearing the right gear can prevent injuries, scratches and bumps in case of a fall.



Motorcycle Safety Tips 2025



Save aggressive riding for the racetrack.



Watch out for intersections, where about 70% of motorcycle collisions occur.

Stay out of cars' blind spots to stay visible.

Assume you are invisible!

Focus on defensive driving; recognize that cars may not see you.

Common Causes of Motorcycle Crash Fatalities

- Head Injuries. Severe head injuries are one of the most common causes of motorcycle crash deaths. ...
 No Helmet 41%
- Internal Injuries. ...
- Intersections: Drivers turning in front of Riders. ...
- Driving While Intoxicated. ...
- Unqualified and Inexperienced Drivers. ...
- Driving Too Fast. ...
- Head-On Collisions. ...



Boating Safety Tips 2025



Top 10 Safety Tips

1. Always Wear a Life Jacket:

This is arguably the most crucial tip. Even if you're a good swimmer, a life jacket can save your life in an emergency.

2. Never Drink and Drive:

Impairment from alcohol significantly increases the risk of accidents on the water. Designate a sober operator if you're serving alcohol.

3. Check the Weather:

Weather conditions can change rapidly on the water. Monitor forecasts and be prepared to alter your plans or return to shore if conditions worsen.

4. Take a Boating Safety Course:

Learning the rules of the road, proper boat handling, and emergency procedures can make a significant difference.

5. Develop a Float Plan:

Inform someone of your boating plans, including your route, expected return time, and any passengers.

6. Know the Navigation Rules:

Understanding the rules of the road for boats will help you avoid collisions and navigate safely.

7. Maintain Your Boat:

Regularly check and maintain your boat's equipment, including the engine, lights, and safety gear.

8. Don't Overload Your Boat:

Overloading can make your boat unstable and increase the risk of capsizing.

9. Stay Alert and Avoid Distractions:

Pay attention to your surroundings and avoid distractions like cell phones or loud music.

10. Practice Good Fire Safety:

Be aware of fire hazards on your boat and have a fire extinguisher readily available.





Questions







Closing Comments



CSM Ryan JeffersGarrison Command Sergeant Major







Join us at the next Community Town Hall:

30 July 2025

1000 - 1130

Cole Park Commons





https://home.army.mil/campbell/index.php/community-town-hall