http://blanchfield.tricare.mil www.facebook.com/BACH.Fort.Campbell

- ◆ 16 Jul 21 American Red Cross blood mobiles will be at the Fort Campbell Main Exchange & Commissary
- ◆ 23 Jul 21 Blood Mobile will be at Blanchfield and on 20 Aug 21 will be at Byrd Medical Home Schedule an appointment at <a href="https://www.redcrossblood.org/give.html/drive-results?zipSponsor=42223">https://www.redcrossblood.org/give.html/drive-results?zipSponsor=42223</a>

## ♦ Ongoing COVID-19 Updates

The current visitor's policy remains in effect. Guests accompanying patients continues to be limited to required medical support individuals only. The outpatient visitor's policy allows a guest to accompany a patient who requires supervision during outpatient visits. The current inpatient visitor's policy also remains in effect with only one visitor authorized in an inpatient room and during the patient's entire hospital stay. Facemasks are required when entering the hospital. Some exceptions may apply, including very young children and certain medical conditions

## ♦ BACH expands COVID Vaccine to 12 and older

Blanchfield Army Community Hospital expanded COVID-19 vaccination to all TRICARE eligible beneficiaries age 12 and older. COVID-19 vaccinations are available by appointment only at the Fort Campbell Passenger Processing Center located at 7162 Hedgerow Rd.

Schedule using the link on the hospital's webpage at <a href="http://blanchfield.tricare.mil">http://blanchfield.tricare.mil</a>. COVID-19 vaccine appointments are not scheduled through the hospital's telephone appointment line, so beneficiaries must use the link on the hospital's website to schedule a COVID-19 vaccine. Walk-in appointments are not authorized.

Patients may call the hospital's COVID-Triage line at 270-798-4677 (HOSP) or 931-431-4677, option 2. After hours, beneficiaries may utilize TOL or call the MHS Nurse Advice Line at 1-800-TRICARE (874-2273). Nursing staff who support the NAL phone lines can assist beneficiaries with non-life threatening medical concerns and provide further guidance. Beneficiaries experiencing a medical emergency, such a severe shortness of breath or difficulty breathing should call 911.

#### Summer safety

Ticks – If you are bitten by a tick, be wary of circular rashes and flu-like symptoms that include fever, headache, and fatigue, as those may be indications of tick-borne illnesses that may require medical attention. For more information, contact BACH's Environmental Health Team at 270-412-3979.



## **BACH** continued

#### ♦ Mosquitoes - Avoid Getting Bitten

Keep mosquitoes away from exposed skin by wearing long-sleeved shirts, long pants, and socks. Tuck shirts into pants & pants into socks to cover gaps in your clothing. Use EPA-registered mosquito repellents when necessary. Follow label directions/precautions closely.

## **♦** Sunscreen

Put on broad spectrum sunscreen with at least SPF 15 before you go outside, even on slightly cloudy or cool days. Repeat after being in the sun for 2 hours, or swimming or sweating.

- ◆ Properly dispose of your expired, unused or unwanted medicine by dropping them in the Drug Drop Boxes placed inside the hospital's Main Pharmacy or Town Center Pharmacy during business hours.
- ◆ If you need to make or cancel an appointment at any of the Soldier or Patient-Centered Medical Homes, you may go online at <a href="www.tricareonline.com">www.tricareonline.com</a> or you may call 270-798-4677 931-431-4677 or if outside the calling area 1-866-524-4677

Appointments can be made from **0600am-1630pm Mon-Fri** Appointments can be cancelled 24 hours a day, seven days a week by leaving a voicemail message. Advice nurses may be reached by calling the appointment line.

♦ TRICARE® Online Patient Portal Secure Messaging Services allow patients to schedule web visits with their primary care manager, book appointments, request and review lab and test results, email your care team a question, request medication refills, or request a referral at <a href="https://www.TOLSecureMessaging.com">www.TOLSecureMessaging.com</a> To register for online services, visit your care team administrator.

# INFORMATION EXCHANGE

07 July 2021



**Observances** 

National Ice Cream Month

Vehicle Theft Prevention Month





Next Info Exchange 04 August 2021





# DoDEA (2700 640-1210

- 09 Aug 21 First day of school
- ◆ 23 Aug 21 First day of PreK
- ◆ 06 Sep 21 No School
- ◆ 07 Sep 21 Early Release
- ◆ 27 Sep 21 No School
- ◆ 05 Oct 21 Early Release
- ◆ 07 Oct 21 End of 1st Quarter
- ◆ 08 Oct 21 No School

Please visit <a href="www.dodea.edu/DORS">www.dodea.edu/DORS</a> to register your students If students are registered on-line, registration documents must be brought to the school office to complete the registration process. Please contact the school to arrange a time

For Fall 2021, FCHS students will be able to participate and compete in the following sports:

- ♦ Cross Country
- ♦ Cheerleading
- ♦ Football
- ♦ Golf

# USO (270) 697-4392

- ♦ We are in the middle of USO Experience 2021
- USO Experience offers complimentary recreational and social activities to service members and their families
- Program includes activities such as; scuba diving, climbing, Nashville Sounds baseball, Ziplining, Canoeing and more You don't want to miss out!
- ◆ Be sure to check out our Facebook page or online at: <a href="https://bit.ly/USOEXPERIENCE">https://bit.ly/USOEXPERIENCE</a> for the most up to date information and how to register for the activities

# Clarksville Parks & Rec (931) 654-7476

- ◆ 07 Jul 21 Preschool Prom @ Crow Recreation Center Come party with us for our first annual Preschool Prom! This special dance, just for the little ones, will consist of snacks, prom-themed crafts, music and tons of fun. Ages 5 and under and parent/caregiver attendance is required. Register @ ClarksvilleParksRec.com
- ◆ 24 Jul 21 Movies in the Park "Frozen 2" Movies begin at sunset with pre-show activities and performances beginning about one hour before showtime
- ◆ Clarksville Downtown Market every Saturday through 02 Oct 21 0800am -1200pm @ Public Square

# MWR (270) 798-6837

◆ 10 Jul 21 - Paintball Open Play 0900am-1400pm Age 12+ \$15 with own equipment \$35 equipment rental & paint

#### Summer Reading Events @ R.F. Sink Memorial Library:

- ◆ Decorate the Sidewalk 1000am-1200pm 12 Jul 21
- ♦ Book Sale 1000am-1600pm 12-16 Jul 21 & 19-23 Jul 21
- ◆ Story Time (held @ CPC) 1000am 13, 20, 27 Jul 21
- ◆ Baby Lapsit (held @ SKIESUnlimited) 1000am 07,14, 21, 28 Jul 21
- ◆ 12 Jul 21 Registration opens for Summer Swimming Lessons Session D 19-21 Jul 21 Classes include:
- ◆ Parent & Child
- Preschool
- ♦ Children
- ♦ Adults

Registration online via WebTrac only www.campbell.armymwr.com/programs/aquatics

#### CYS CAMP at School Age Center:

- ◆ 12-16 Jul 21 Chef's Hat Camp
- ◆ 19-23 Jul 21 Picasso's Corner
- ◆ 26-30 Jul 21 Summer Salute

Choose any or all weeks - 10% nonrefundable deposit must be paid by Thursday before care is needed. Register @ PCS (270) 798-0674

## Youth Sports & Instructional Camps:

- ◆ Tackle Football beginning 12 Jul 21 Grades 5-6 \$70 per child
- ◆ Hollywood Stars Movie Making Camp 0930am-1200pm 12-15 Jul 21 Ages 8+
- ◆ Dance Camp 1000-1100am 12-15 Jul 21 Age 3-4
- Basketball Camp 13-15 Jul 21 3rd-6th Grade 1400pm 7th-12th Grade 1500pm
- ◆ Dance Discovery Camp 1000am-1200pm 19-21 Jul 21 Ages 5-9

# **MWR** continued

- ◆ 17 Jul 21 Movies Under the Stars with Old Abe 2000pm Seating 1hr before movie begins - showtime varies based on sundown. Visit <a href="www.campbell.armymwr.com">www.campbell.armymwr.com</a> for additional information
- ◆ 17 Jul 21 Cash & Carry MWR Equipment Sale 0800am
- ◆ 20 Jul 21 Summer Golf Instruction Summer Session 2 on Tuesdays 1630-1730pm
- ◆ 24 Jul 21 Discover Fort Campbell Family Day @ Lake Kyle 0900am-1430pm \$25 per person \$40 per Family Registration deadline 22 Jul 21 Call (270) 412-7854
- ◆ 29 Jul 21 Basic Football Training; Flag Football & Cheerleading begin. Basic Football = Ages 8-13 \$125 per child Flag Football & Cheerleading = Ages 5-10 \$45 per child Youth Sports Registration on webtrac.mwr.army.mil or call (270) 412-5811
- ◆ 07 Aug 21 Celebrating 50 years of Outdoor Recreation! 0800am-1400pm Community wide FREE! Event with some paid activities. Multiple Locations
- 11 Aug 21 Fall Running Club; Pre-K Fall Soccer; Fall Soccer & Fall Volleyball begin. Fall Running Club = Ages 8-18 \$45 per child; Pre-K Fall Soccer = Ages 4-5 \$25 per child; Fall Soccer = Grades K-8 \$45 per child & Fall Volleyball = Grades 4-8 \$45 per child
- ◆ Opening in August = Part Day Preschool & Part Day Toddler Programs. Registration is open @ www.militarychildcare.com

Indoor Climbing Wall Open Climb - 3 Sessions every Thursday

- ♦ 1630-1730pm
- ♦ 1745-1845pm
- ♦ 1900-2000pm

Open to all experience levels, age 5+ \$10 unlimited climbing for one hour. Walk-ins welcome, reservations available call: (270) 798-7855













