Please Note: The information contained in this handout is intended:

# "FOR INFORMATION PURPOSES ONLY".

Any reference to private organizations and/or their respective activities does not imply endorsement by the United States Government, Department of the Army, or Fort Campbell, Kentucky.

> INFORMATION EXCHANGE 01 December 2021 - **"Talking Points"**

PAIO Calendar Jovita Titman (270) 798-9710 jovita.r.titman.civ@army.mil

- 06-10 Dec 21 Installation Clean Eagle
- 08-09 Dec 21 Installation Amnesty Day
- 20-30 Dec 21 FT Campbell 1/2 Day Schedule
- 20 Dec 21 School Winter Break Begins (DoDEA/CMCSS/CCPS)
- 23-26 Dec 21 Christmas DONSA (Thurs-Sun)
- 24 Dec 21 Christmas Day (observed)
- 25 Dec 21 Christmas Day
- 30 Dec 21-02 Jan 22 New Year's DONSA (Thurs-Sun)
- 31 Dec 21 New Year's Day (observed)
- 01 Jan 22 New Year's Day

Holiday Gate Hours of Operation/Safety TipsDESRandy Durian(270) 956-3137randy.d.durian.civ@army.mil

#### Home Safety for the Holiday Season:

- Whether home or away, always lock your residence, to include garages and storage areas.
- Report suspicious activities you observe in your neighborhood or other areas on post.

If you travel:

- Use timers for lights in your home
- Make arrangements for mail
- On-post residents can request MP security checks of their home by calling (270) 798-7111/2/3.

# Parking Lot Safety:



- Always <u>lock your vehicle</u>! Most larcenies occur with no forced entry because the car was left unlocked by the owner/operator.
- <u>**Park in well lit areas**</u> when shopping at night.
- Do not leave packages or valuables in plain view; <u>secure them in the trunk</u>.
- <u>Carry a whistle or other audible</u> <u>device</u>. If you feel threatened, use it.
- <u>Visually check</u> underneath, in front and in back of vehicle as you approach it.

### Shopping Safety for the Holiday Season:

- Shop with a friend or family member.
- Make sure you can carry the load easily or use a cart.
- Keep money and credit cards in front pocket.
- Limit the # of credit cards and cash you carry while shopping.
- Be vigilant by maintaining awareness of your surroundings.

### Online Shopping Safety for the Holiday Season:

- Over 50% of holiday shopping is done online.
- 11 million packages are stolen annually from homeowners.

#### Avoid being a "porch pirate" victim:

- Install security cameras or motion lights.
- Track packages and network with neighbors.
- Leave specific drop-off instructions.
- UPS and FedEx offer secure location pick-up.

### Celebrating the Holiday Season Safely:

- **NEVER** drink and drive!!
- Drink carefully and in moderation.
- If hosting, always provide non-alcoholic beverages.
- Do not leave beverages unattended.
- Be aware of those around you on the road.

- Most DUI accidents occur between midnight and 3am
- **NEVER** drink and drive!!

# Holiday Fire Safety Tips:



• Water live trees daily.

• Ensure Christmas light sets are marked with a UL label tag and have no broken or cracked sockets, free of frayed or bare wires, or loose connections.

- Make sure you have working smoke detectors and carbon monoxide alarms.
- Review fire escape routes with your family.
- Closed doors can slow fire spread.
- Use extension cords wisely and sparingly.

# Space Heaters:

- Keep 3 feet away from anything that can burn.
- Buy a unit with a tip-over safety switch.
- Use battery-operated flameless candles, which can look and smell like real candles.
- Remain in the kitchen when cooking to avoid becoming a victim of an unattended cooking fire.

# Holiday/Half-Day Schedule ACP Hours:

# 20 December 2021 - 2 January 2022

- ACP 1, 3 & Mabry: Open Mon-Fri, 7 a.m. 7 p.m.; CLOSED Weekends/DONSA & Holidays
- ACP 2, 5 & 6: CLOSED
- ACPs 4, 7, 10, SAAF ACP 1 (101st Abn Div Rd): Open 24/7
- Angels: CLOSED
- SAAF ACP 2: Open 5 a.m. 9 p.m.; CLOSED 23 26 Dec 21 and 30 Dec 21 02 Jan 22

# Normal ACP operations will resume on 3 January 2022.

Integrated Religious Support Office CH (LTC) Gregory "Scott" Jackson (270) 412-5794 gregory.s.jackson.mil@army.mil

# <u>Resources:</u>

- FORT CARE 16 Dec 21 at Liberty Chapel parking lot 08:30 a.m. UTC
- FOOD PANTRY at Liberty Chapel Mon-Fri 09:30 a.m.-4:30 p.m.

## FY 21 Holiday Schedule Religious Services:

#### Jewish Holiday Schedule

- 03 Dec 21 4 p.m. Menorah lighting at Memorial Chapel
- 03 Dec 21 Hanukkah Dinner at Memorial Chapel

### Catholic Mass Holiday Schedule

- 08 Dec 21 11:45 a.m. and 6 p.m. Mass
- 24 Dec 21 6 p.m. and Midnight Mass
- 25 Dec 21 10 a.m. Mass
- 31 Dec 21 6 p.m. Mass
- 01 Jan 22 10 a.m. Mass

#### Protestant Holiday Service Schedule

- 24 Dec 21 5 p.m. Christmas Eve Candlelight Service at Liberty Chapel
- 26 Dec 21 11 a.m. Family Christmas Communion Service at Liberty Chapel (No Childcare available)

## FY 21-22 Auxiliary Programs

#### Protestant Women of the Chapel (PWOC)

- 14 Dec 21 Christmas Program (Ends Fall Semester)
- 11 Jan 22 Spring Semester Begins

#### Catholic Women of the Chapel (CWOC)

- **10 Dec 21** Morning group ends Fall Semester
- 10 Jan 22 Morning group begins Spring Semester
- 15 Dec 21 Evening group ends fall semester
- 12 Jan 22 Evening group begins Spring Semester

DFMWR Update	Regina Maloney	(270) 798-7535	regina.l.maloney.naf@army.mil
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### MWR Holiday Happenings:

### Don't miss these great events this week!





Scan this QR code with your smart phone camera:

## Child Care Questions – Answered

#### Q: Is hourly care coming back?

**A:** Hourly care is provided by our Family Child Care (FCC) providers. We have 5 providers who are supporting this program on a first come first served basis. Call Parent Central Services (PCS) at **(270) 798-0674** for info to schedule hourly care.

Children must be registered with PCS and have an FCC Parent Orientation prior to booking hourly care.

### Q: Will a Holiday Parent's Night Out (PNO) be offered so we can shop for gifts for our children?

**A**: Due to COVID, we are required to keep stricter safety measures in place, keeping children in the same groups every day while in care. Our apologies as PNO does not support this effort and therefore we are not able to offer it at this time.

Please call Parent Central Services at (270) 798-0674 for our babysitter list!

Military & Government Affairs Relations Clarksville Area Chamber of Commerce Phil Harpel (931) 245-4340 phil@Clarksville.tn.us



• Now thru 09 Jan 22 - *Winter Ice at Downtown Commons* 215 Legion Street <u>https://www.visitclarksvilletn.com/event/winter-ice-at-downtown-commons/1323/</u>

• Now thru 01 Jan 22 - Drive Thru Christmas Lights at Clarksville Speedway 1600 Needmore Road - Check website for daily hours https://www.clarksvillespeedway.com/other-events/christmas-lights/

• **11 Dec 21** - *German Christmas Market* **11 a.m.-6 p.m**. 2425 Kirkwood Road <u>http://www.christlutheranclarksville.org/german-christmas-market.html</u>

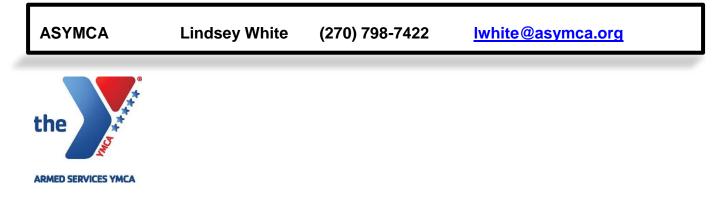
Director of Military Affairs Christian County Chamber of Commerce Kristi Murtha (931) 245-4340 <u>kmurtha@christiancountychamber.com</u>



• **10 Dec 21** - *Community Christmas Tree Lighting Service* **6 p.m.** Downtown Founders Square <u>Info-parks-and-rec@hopkinsvilleky.us</u>

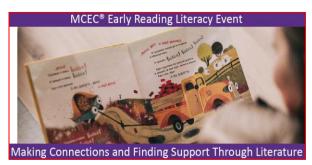
• **11 Dec 21** - *Christmas in the Grove-Parade, Tree Lighting and Santa's Workshop* **5-7:30 p.m**. – Oak Grove War Memorial Walking Trail 101 Walter Garrett Lane <u>festivals@visitoakgroveky.com</u>

• **11 Dec 21** – HES/EnergyNet Hopkinsville Night Christmas Parade "Home for the Holidays" **5:15 p.m.** Downtown Hopkinsville <u>www.hoptownrec.com</u> or <u>Info-parks-and-rec@hopkinsvilleky.us</u>



#### **Upcoming Events**

- 01 Dec 21 Open House/Board Search Meeting
- 02 Dec 21 AVKARE Event
- 03 Dec 21 MCEC Early Reading Literacy Event



• 03 Dec 21 - Final day to sign up for "OPERATION RIDE HOME"

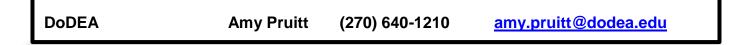
• 04 Dec 21 - *"Holiday Bazaar"* 10 a.m.-4 p.m. at Smith Trahern Mansion Vendors Needed - contact Hillary at (270) 798-7422 or email @ <u>hbrewer@asymca.org</u>



11 Dec 21 - "Breakfast with the Grinch" Fundraiser 9-10 a.m. & 11 a.m.-12 p.m.
 \$10 per ticket - For information contact <u>hbrewer@asymca.org</u>



ASYMCA Toy Drive to be determined Follow us on social media @ https://www.facebook.com/ASYMCAFortCampbell



#### Key Dates:

- 07 Dec 21 = Early Release
- 17 Dec 21 = End of 2nd Quarter
- 20-31 Dec 21 = No School (Winter Break)
- 03 Jan 22 = No School (Report Card Prep)
- 04 Jan 22 = Early Release
- 10 Jan 22 = Report Cards Go Home
- **14 Jan 22** = Parent/Teacher Conference
- 17 Jan 22 No School (Dr. Martin Luther King Jr's. Birthday)
- 01 Feb 22 Early Release
- 18 Feb 22 No School (CCR Q3 Professional Learning)
- 21 Feb 22 No School (President's Day)

DODEA is always looking for substitutes to work in our schools! If you are interested, please apply through USAjobs.gov. Search for "dodea" and then scroll until you come across "Teacher (Substitute)/Training Instructor (Substitute)" and apply!

Winter Sports have begun. Please come out and support your local school!

### COVID Team Effort:

We need the support of all families to pre-screen students every single day. This is the #1 way we can reduce quarantines and school closures of any kind. Keep your students' home if:

- 1. They have symptoms of any kind, to include "allergies" or "sinus" symptoms.
- 2. They are awaiting a test for COVID

3. They are a close contact with anyone with COVID or someone who has notable COVID symptoms and is awaiting a test

Please help our schools by following these guidelines every day! If you have any questions or concerns, please contact your school, and speak to the nurse before sending your child to school. We can do this together!

Blanchfield Army Community Hospital Public Affairs

(270) 956-0459

<u>http://blanchfield.tricare.mil</u> <u>www.facebook.com/BACH.Fort.Campbell</u> <u>usarmy.campbell.medcom-bach.list.pao-users@mail.mil</u>

### Upcoming Events

## BACH Talk Coming Soon!

Blanchfield Army Community Hospital's SHARP is launching a new bi-weekly "**BACH Talk**" program discussing Sexual Assault and Harassment Prevention and Response. The SHARP team has outlined 13- episodes with topics believed valuable to the community. Experts will address topics involving roles and support services from Victim Advocates, Sexual Assault Medical Response team members, Post Assault Follow up care, behavioral health support, Special Victims counsel, military criminal investigations, and our military justice system. These topics are some of our most frequently asked questions. The BACH Talk episodes will be available on the Fort Campbell cable channel 9, BACH Facebook and YouTube Channel.

### TRICARE Open Season:

TRICARE Open Season continues through **13 Dec 21**. This is the annual period when TRICARE beneficiaries can enroll in or change health care coverage for the next year. Any enrollment changes made will go into effect on 01 Jan 22. Open season applies to anyone enrolled in or eligible for a TRICARE Prime option or TRICARE Select.

If you're eligible to participate in TRICARE Open Season, you have three options:

• Stay in your plan. If you want to stay in your current TRICARE health plan, you don't have to re-enroll. You'll continue in your current health plan through 2022 or as long as you're eligible.

• Enroll in a plan. If you're eligible for a TRICARE Prime option or TRICARE Select but not enrolled, you can enroll in a plan now.

• Change plans. If you're already enrolled in a TRICARE Prime option or TRICARE Select, you can switch plans and switch between individual and family enrollment.

If you are happy with your current TRICARE health plan, you don't have to take any action to stay enrolled. Learn more at <u>https://www.tricare.mil/plans/enroll/openseason.</u>

### TRICARE pharmacy copayment increase:

As **of 01 Jan 22**, off post TRICARE pharmacy copayments will change for all beneficiaries, except active duty service members (ADSMs), dependent survivors of ADSMs, and medically retired service members and their dependents. Copays for Tier 1 generic formulary drugs, Tier 2 brand-name formulary drugs, and Tier 3 non-formulary drugs are increasing at home delivery and retail points of service. The copayment increases for retail pharmacies and home

delivery range from **\$1 to \$8** more depending on formulary status. There is no copay for prescriptions filled at military pharmacies like, Town Center, Screaming Eagle, Main, Byrd and LaPointe. More information is available at www.tricare.mil/pharmacy or in the TRICARE Pharmacy Program Overview, which can be downloaded at <a href="http://www.tricare.mil/publications">www.tricare.mil/pharmacy or in the TRICARE Pharmacy Program</a>

# Health Themes

## Holiday Stress:

The holiday season is a joyful time for many people — but it can also be a harbinger of stress. Buying gifts, making food, traveling, and managing other holiday responsibilities can strain people's emotional and financial reserves. Disruptions to your diet, exercise habits, and sleep schedule can affect your physical and mental health too. Even seasonal reductions in sunlight can take a toll. It is important to acknowledge these disruptions that may accompany the season. Planning ahead and practicing self-care, may help you cope. Try to get enough sleep, get some exercise, talk about your feelings and moderate your intake of holiday treats. During the holiday season, we will share tips to help our beneficiaries remain healthy and safe during the holiday season.

# **Ongoing COVID-19 Updates**

# COVID Triage and Testing:

Blanchfield Army Community Hospital's COVID-19 testing site has moved to Bldg. 5641, located adjacent to the parking lot of Fryar Stadium between Tennessee Ave, and Wickham Ave. Directions are available on BACH's Facebook page at <u>https://www.facebook.com/BACH.Fort.Campbell.</u>

COVID triage is available weekdays 8 a.m. to 3:45 p.m. and weekends 8 a.m. to 11:45 a.m. via the hospital's appointment line at (270) 798-4677, option 2. COVID testing is available weekdays and DONSAs 8 a.m. to 3:30 p.m. and weekends 8 to 11:30 a.m. Services are available for Soldiers, Retirees and Family members assigned to a BACH or Fort Campbell medical home.

### COVID Vaccine available to 5 and older:

The COVID vaccine clinic has new hours. COVID vaccines are now available to beneficiaries age 5 and up at the Passenger Processing Center, next to Campbell Army Airfield. It is now open weekdays from **7:30 a.m. to 4:30 p.m.** The COVID vaccine clinic will be closed federal holidays and DONSAs. Vaccines are provided on a walk-in basis or you can save time by scheduling an appointment online at https://blanchfield.tricare.mil and follow the steps outlined on the hospital's website.

BACH is using the Pfizer and Moderna vaccines, which is administered in two doses 21 or 28 days apart, so beneficiaries will need to return for the second dose. Second dose appointments may be scheduled through the Dose 2 link on the hospital's website. To schedule an additional dose or booster COVID vaccine, use the directions outlined on the Defense Health Agency Appointing Portal. This link is on the main page of hospital website at <a href="https://blanchfield.tricare.mil">https://blanchfield.tricare.mil</a>.

# **BACH General Information**

# Mask Policy:

Wearing a mask remains a requirement within all Department of Defense medical facilities other than the following exceptions: children under two years old, while eating or drinking, or when alone in a room with the door closed. Visitors should frequently sanitize their hands before and after patient contact, restroom use, and touching high-contact surfaces.

### How do I schedule/cancel appointments?

If you need to make or cancel an appointment at any of the Soldier or Patient-Centered Medical Homes, you may go online at www.tricareonline.com or you may call **(270) 798-4677/ (931) 431-4677** or if outside the calling area **1-866-524-4677**. See the complete listing of Soldier and Patient-Centered Medical Homes below.

• Appointments can be made from 6 a.m.- 4:30 p.m., Mon-Fri.

• Appointments can be cancelled 24 hours a day, seven days a week by leaving a voicemail message.

- Advice nurses may be reached by calling the appointment line.
- You can also schedule and cancel appointments online at <u>www.tricareonline.com.</u>
- TRICARE® Online Patient Portal Secure Messaging Services allow patients to schedule web visits with their primary care manager, book appointments, request and review lab and test results, email your care team a question, request medication refills, or request a referral at <u>www.TOLSecureMessaging.com.</u> To register for online services, visit your care team administrator.

# BACH 650 Joel Drive

Air Assault Family Medical Home (Team Apache, Team Blackhawk, Team Comanche, Team Huey) Gold Family Medical Home

Young Eagle Medical Home (Team Flight or Team Soar)

# Byrd 7973 Thunder Blvd.

Byrd Soldier or Family Medical Homes

## LaPointe 5979 Desert Storm Avenue

Bastogne Soldier Medical Home Rakkasan Soldier Medical Home Strike Soldier Medical Home

<u>Screaming Eagle Medical Home</u> Medical Office Building One, 647 Dunlop Lane, Suite 301 (Community Based Medical Home in Clarksville, Tenn.)

### Campbell Army Airfield Medical Home 7149 Black Sheep Run

MWR Regina Maloney (270) 798-7535 <u>regina.l.maloney.naf@army.mil</u>	MWR	Regina Maloney	(270) 798-7535	regina.l.maloney.naf@army.mil
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### Upcoming Events:

Christmas, New Year, and Half Days Hours of Operation - Available on campbell.armymwr.com

# Payday Golf Scramble:

- 03 Dec 21 Fri at 12 p.m. at Cole Park Golf Course
- Shotgun start
- 4 person teams (any mix of players)
- Open to the public
- **\$20** per member or **\$30** non-member (includes green fees and carts)
- <u>www.campbell.armymwr.com</u>

## Trees for Troops:

- 03 Dec 21 Fri at T-39 parking lot
- 12-2 p.m. Junior Enlisted
- 2 p.m. until trees are gone open to all AD Military & ID Cardholders
- Please bring blanket or padding to protect your vehicle
- <u>www.campbell.armymwr.com</u>

# Annual Tree Lighting & Holiday Wonderland:

O3 Dec 21 – Fri at T-39 Normandy (where Screaming Eagle Blvd splits) & R.F. Sink
Memorial Library

Events include:

- Holiday Market w/ Vendors & Food Trucks starts at **4 p.m.**
- Annual Tree Lighting at **5.p.m.**
- CYS children perform holiday songs
- Photos with Santa
- Santa's Workshop Crafts
- <u>www.campbell.armymwr.com</u>

# Ugly Sweater Fun Run:

- 04 Dec 21 Sat, 0830-1000 a.m. at R.F. Sink Memorial Library
- 2.5 / 1.5 Mile Routes
- Ugly Sweater Contest at 8 a.m.
- Family and stroller friendly
- Register onsite
- <u>www.campbell.armymwr.com</u>

# Candy Land:

- 03 Dec 21 Fri, 5:30- 8 p.m. and 04 Dec 21 Sat 10:00 a.m.-2 p.m.
- R.F. Sink Memorial Library
- Make your way around a life-sized game board until you reach King Candy
- Participants will also participate in a book reading and craft
- <u>www.campbell.armymwr.com</u>

# Movie: "The Polar Express":

- 07 Dec 21 Tues arrive by 5:15 p.m., movie begins at 5:30 p.m.
- CPC Community Activities Center
- Join R.F. Sink Library as they take you on a magical train ride to the North Pole
- Participants can come dressed in pajamas and are encouraged to bring blankets
- Light snacks will be served
- <u>www.campbell.armymwr.com</u>

### Super Splash Saturday:

- 18 Dec Sat, 12-5 p.m. at Gardner Indoor Pool
- <u>www.campbell.armymwr.com</u>

## Holiday Dinner at the Warrior Zone:

- 25 Dec Sat 11 a.m.- 3 p.m. at Warrior Zone
- Free! holiday meal for single soldiers
- <u>www.campbell.armymwr.com</u>

# Youth Sports & Instructional Classes Registration

Visit <u>webtrac.mwr.army.mil</u> or call (270) 412-5811 to for pricing, details and to register.

- Dance (Ballet & Tap) Age 3-7
- Guitar Lessons Age 6-18
- Piano Age 6-18
- Martial Arts Age 6-18
- Gymnastics Age 18m-18y
- Sewing Age 8-18
- Basketball Season Grade 4th-8th
- Playmaker Basketball Academy Grade 4th-8th