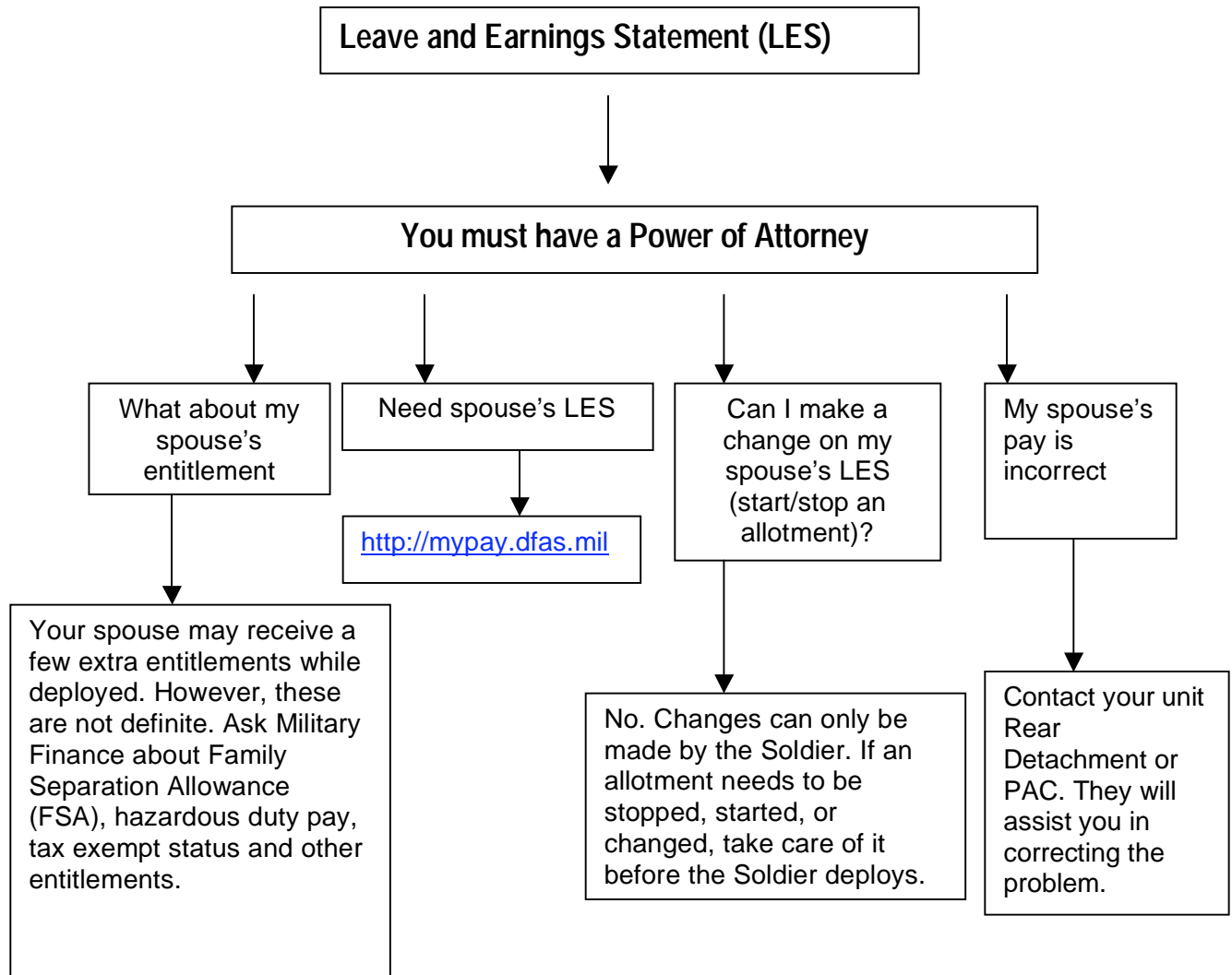




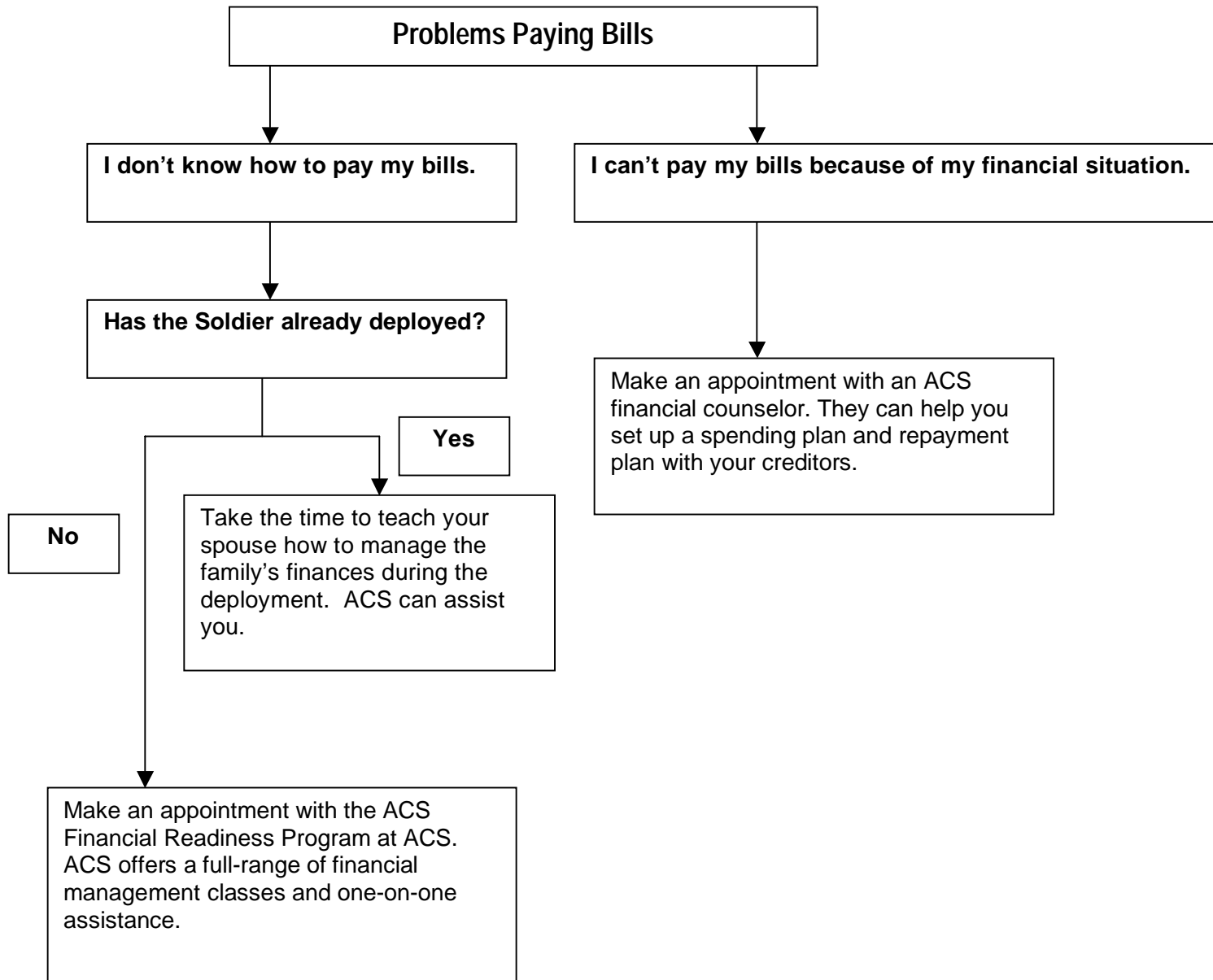
Soldier and Family **Problem** **Solving** **Guide**

How Do I Solve Pay Problems?



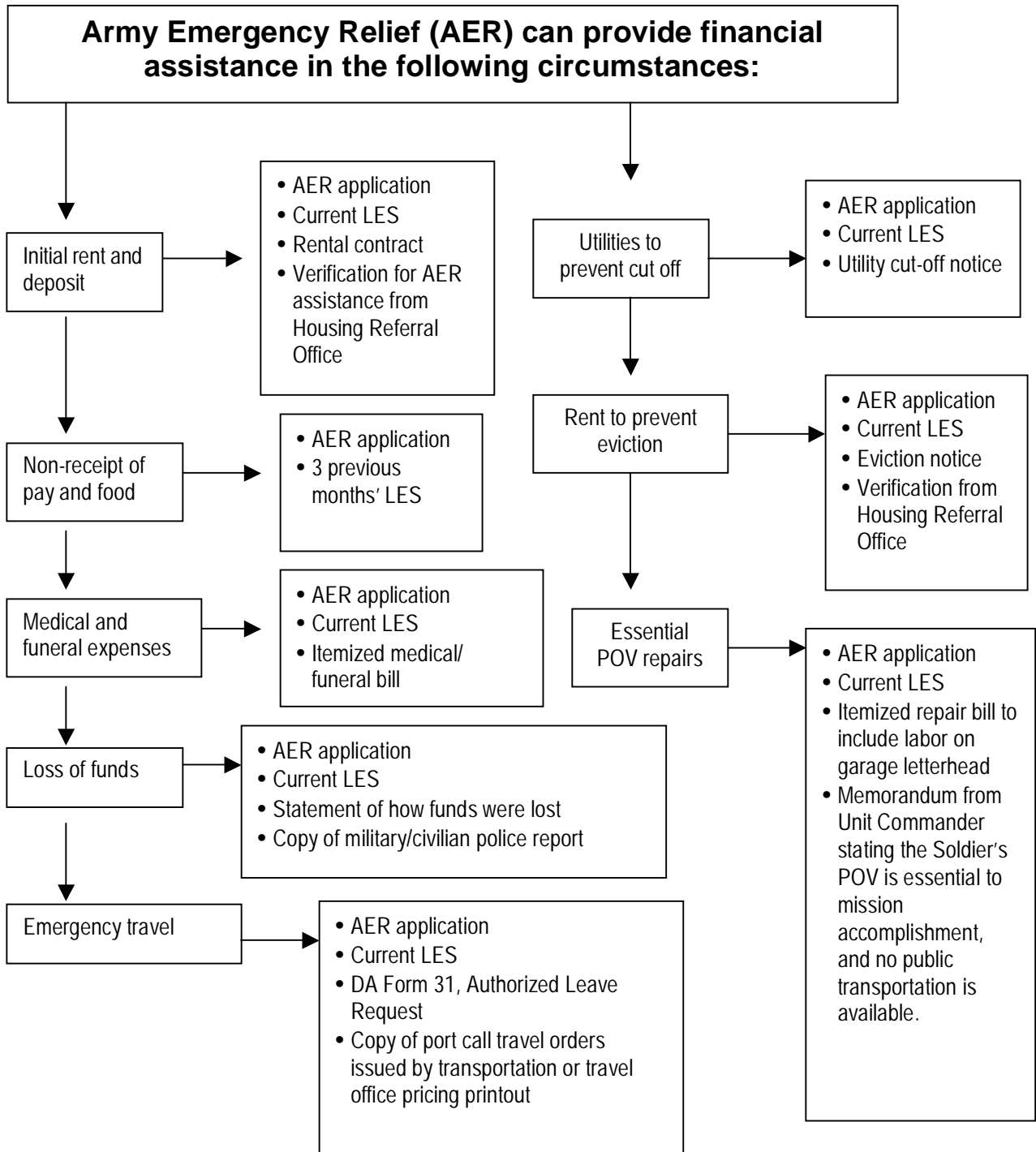
For more information, contact the Finance Battalion:

How Do I Solve Problems in Paying My Bills?



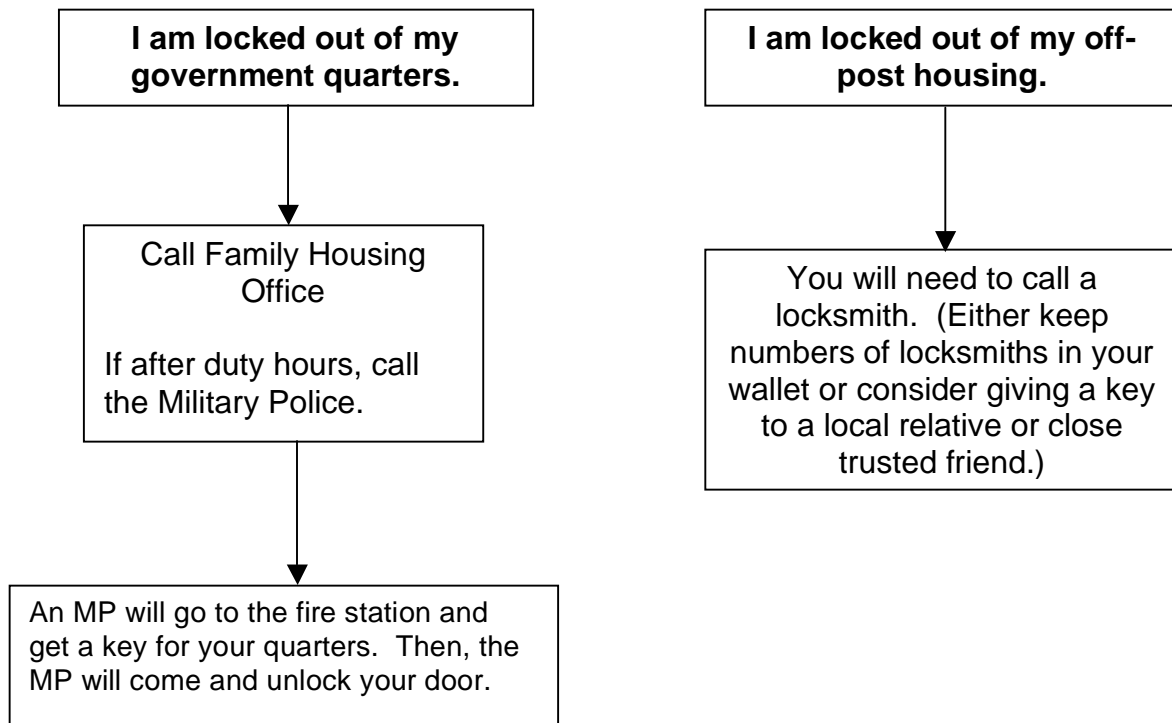
To learn more about the services provided by ACS Financial Readiness Program, call _____.

How Can I Get Emergency Financial Help?

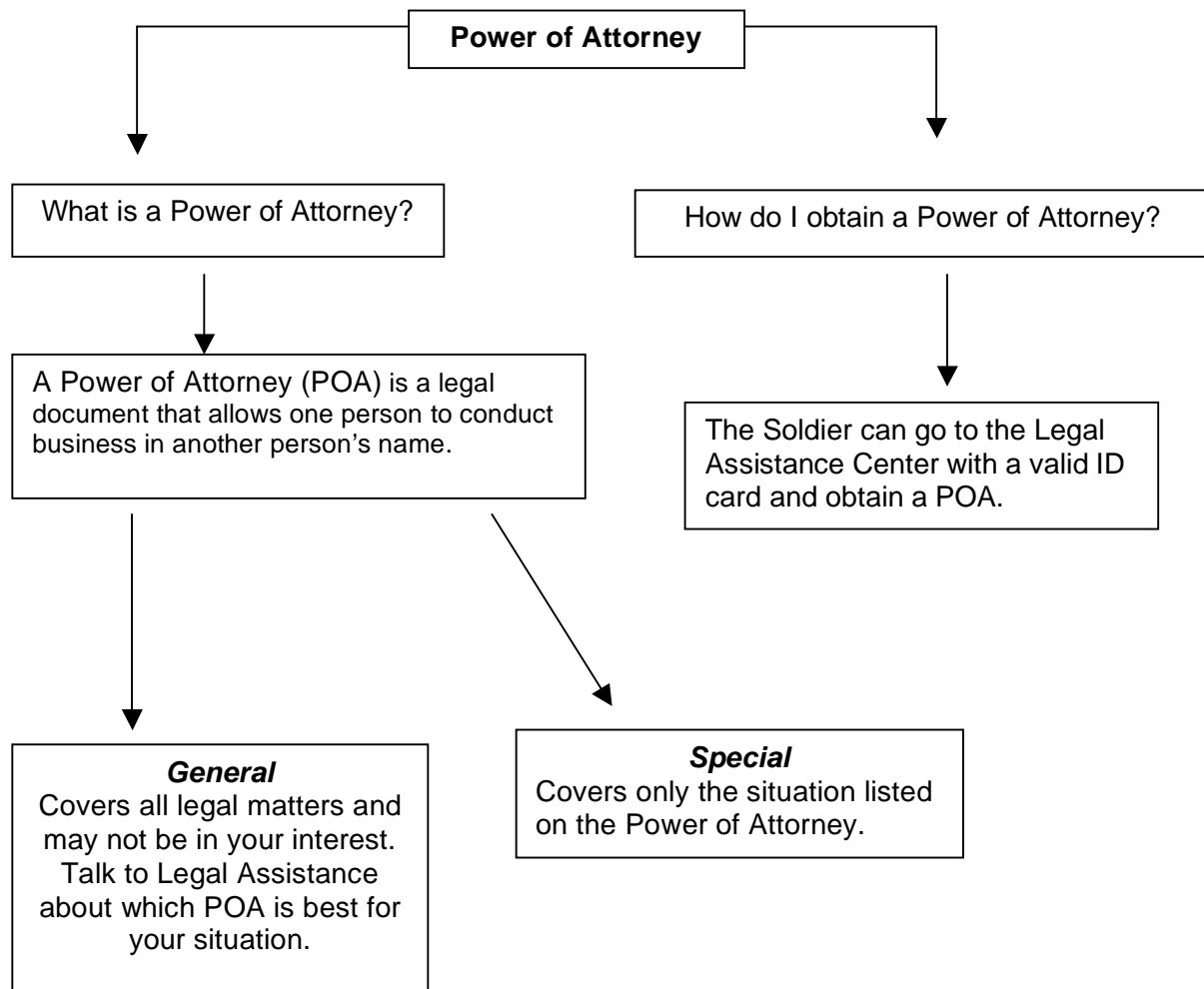


For more information, call Army Emergency Relief at

Help! I Am Locked Out of My House

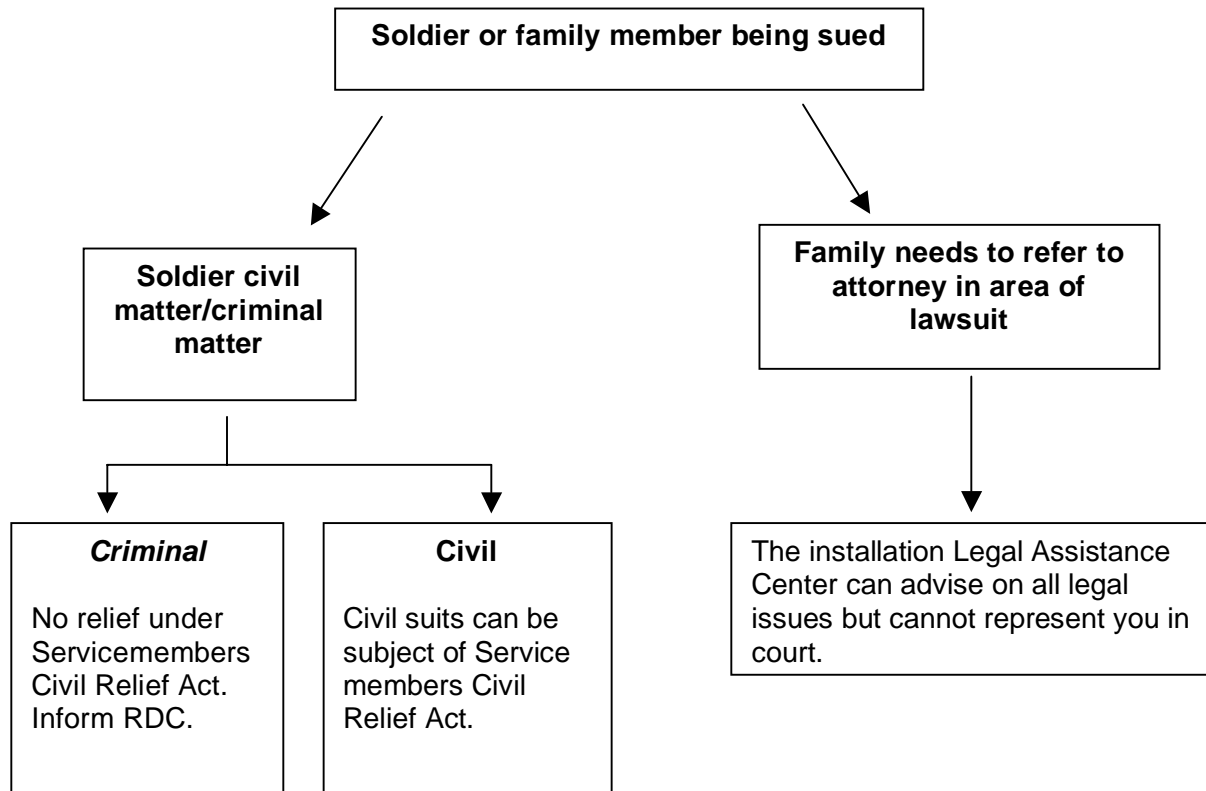


Do I Need a Power of Attorney?



For more information, call the Legal Assistance Center at _____.

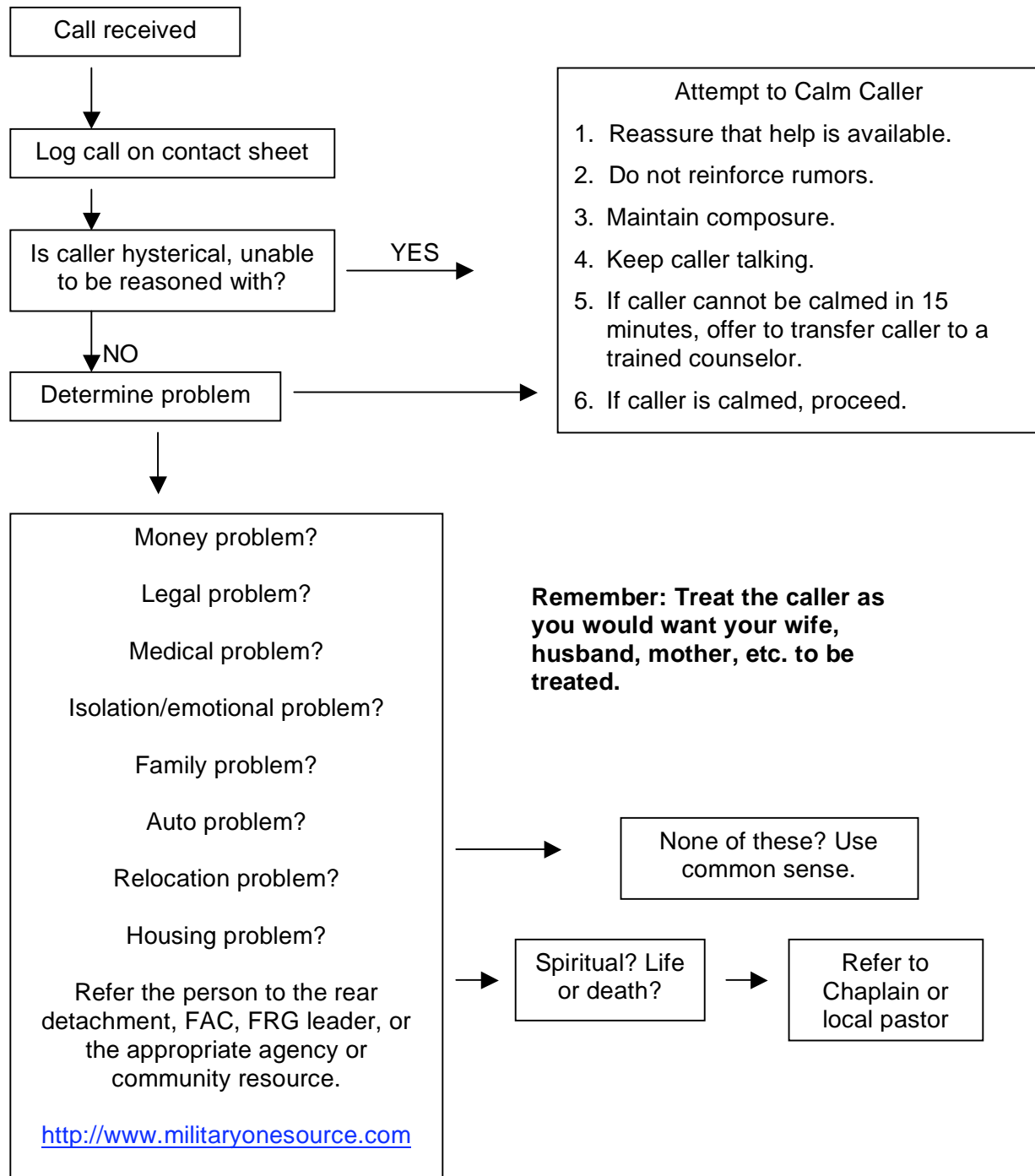
How Can I Get Legal Help?



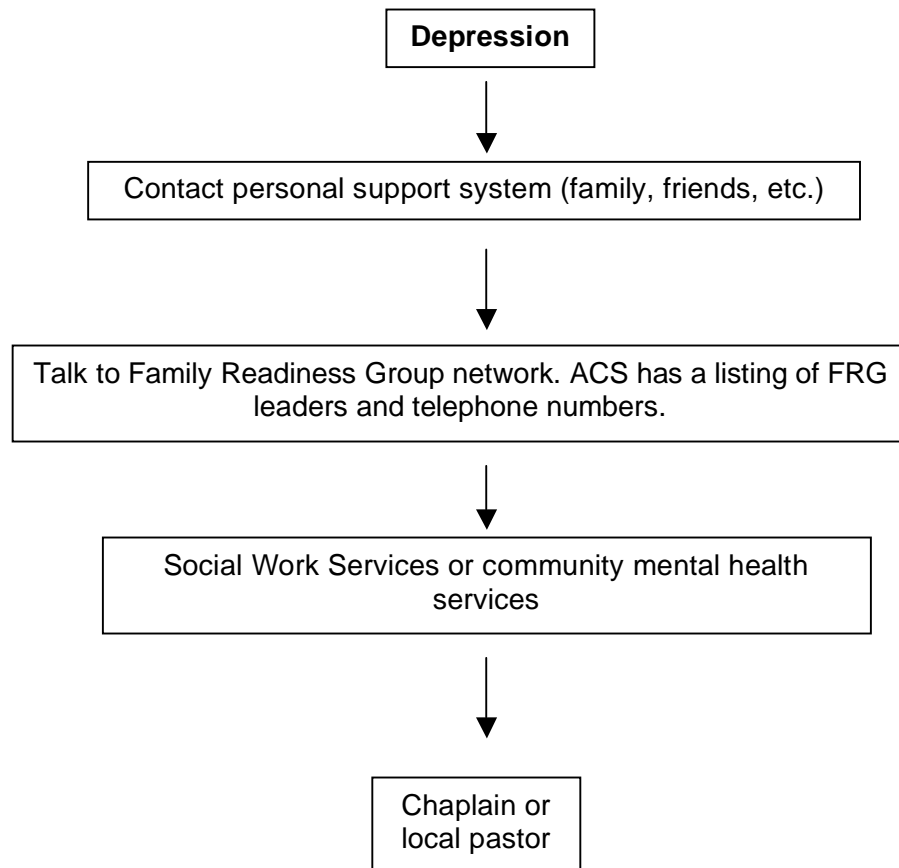
For hours of assistance, call the Legal Assistance Center at _____.

How Can I Help A Distressed Person?

Flow Chart for Helping Distressed



How Can I Help Someone Who is Depressed?



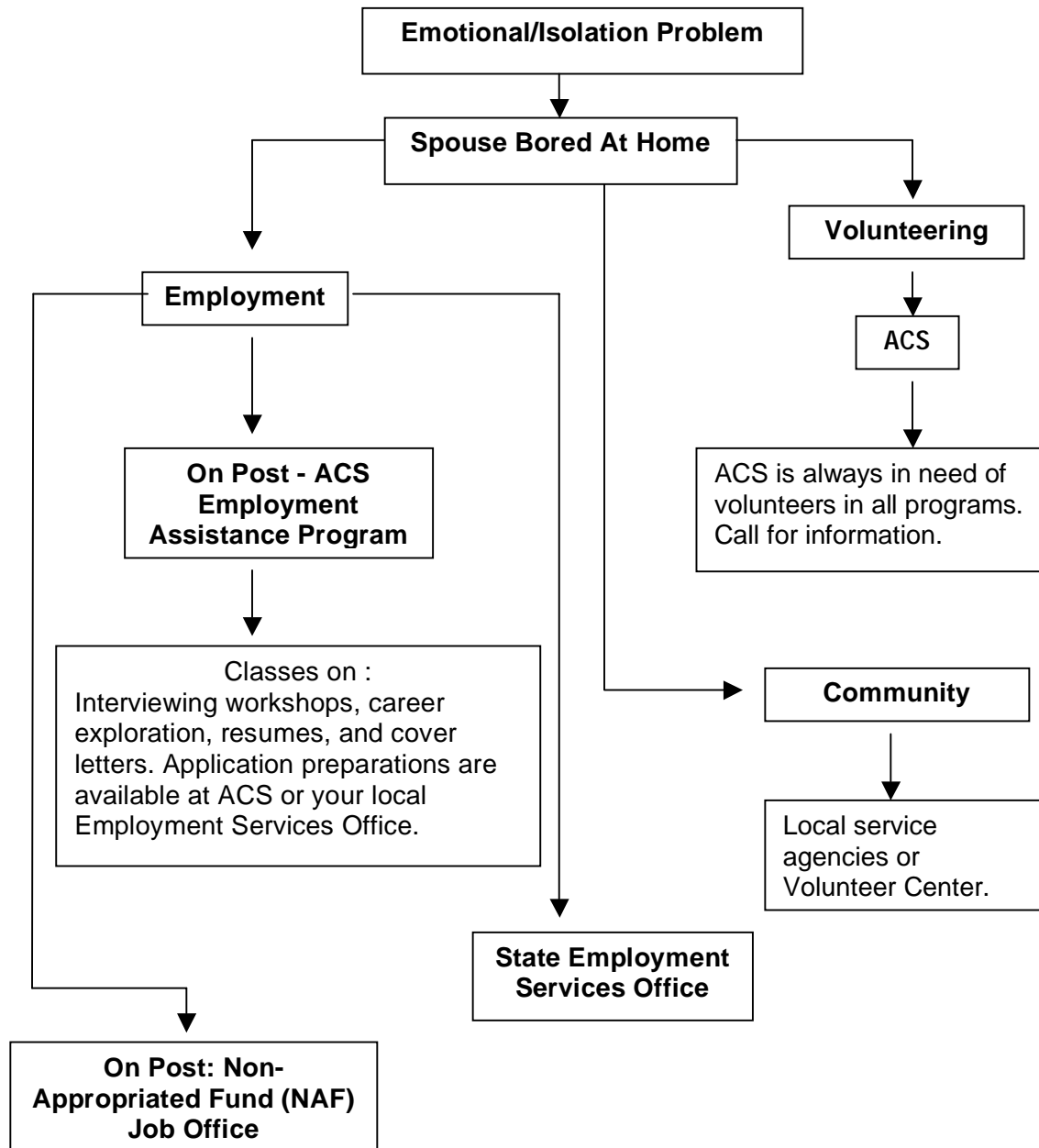
Phone Numbers

Social Work Service : _____

Community Mental Health: _____

Chaplain: _____

How Can I Help Someone Who is Bored and Lonely?



For volunteer positions, call ACS at _____.
Call the ACS Employment Readiness Program at _____.



How Can I Help Someone Who is Feeling Isolated?

Isolation/Emotional Problems



I have not heard from my spouse.



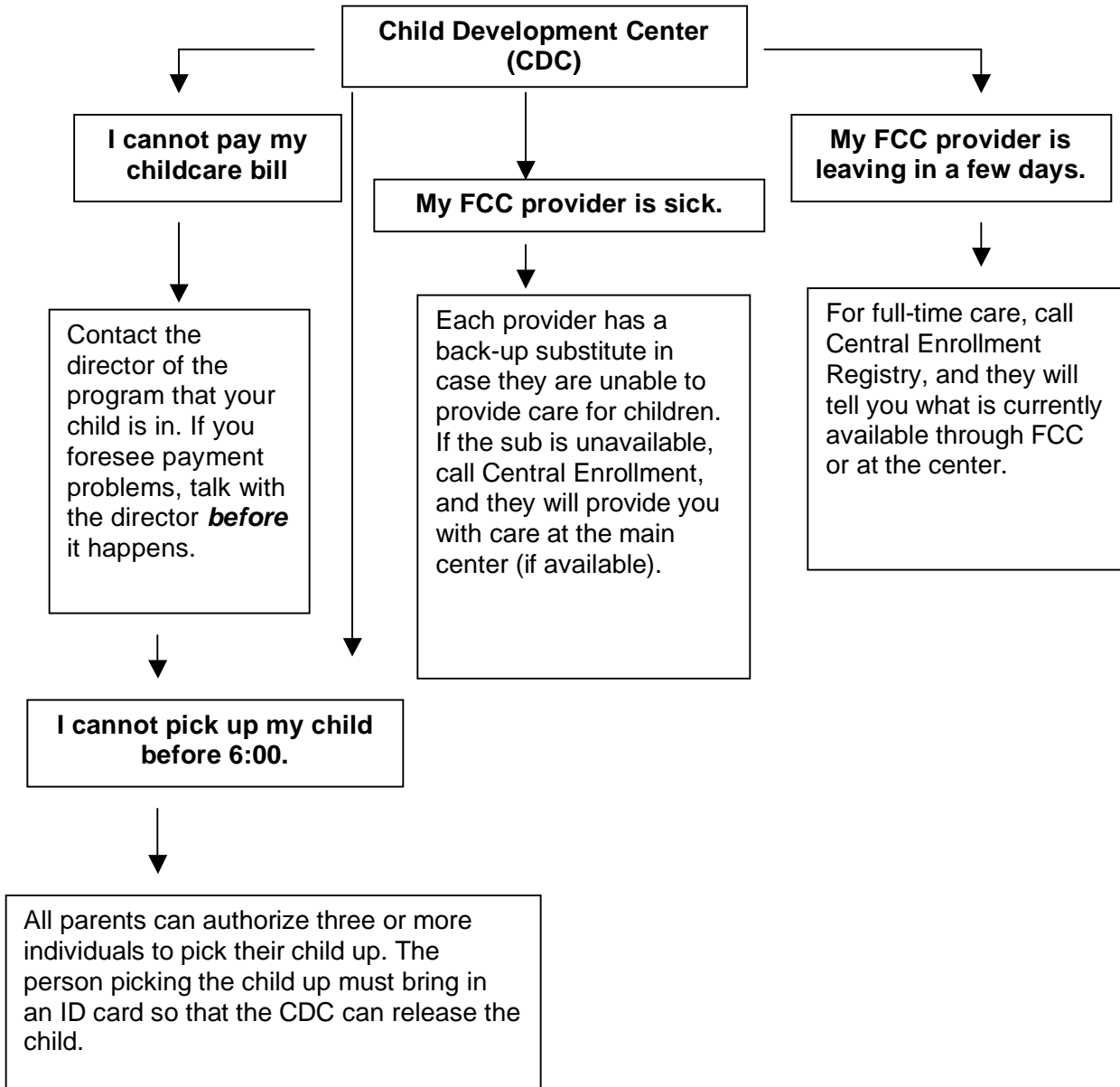
Contact your Rear Detachment Commander. The ACS Mobilization and Deployment Manager has a list of RDC phone numbers. The Rear Detachment Commander is the primary point of contact for family members who have any questions or need assistance.

Handy Phone Numbers

Rear Detachment Commander: _____

Rear Detachment Duty Office: _____

How Can I Solve Child Care Problems?



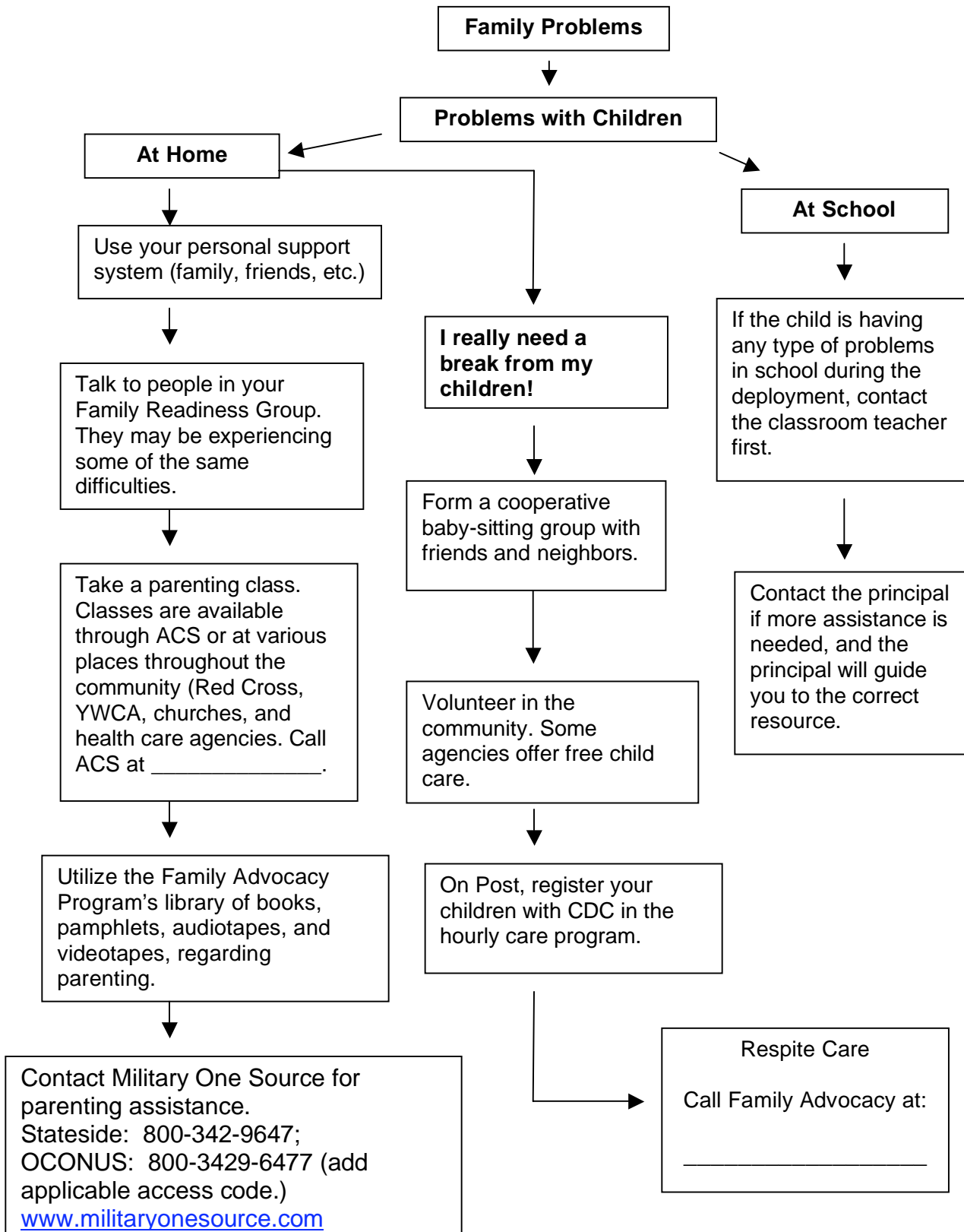
Child Care Important Phone Numbers

Child Development Center _____

Central Enrollment _____

FCC Coordinator _____

How Can I Solve Problems with My Children?





How Can I Reach My Family Readiness Group Leader?

I need to contact my Family Readiness Group.
Who do I call?



ACS has a current listing of all FRG leaders and their telephone numbers. This is confidential information only to be given to individuals within that FRG leader's unit.



How Can I Get in Touch with My Deployed Spouse?

Contact your Rear Detachment Commander. The Rear Detachment Commander is the primary point of contact for family members who have any questions or need assistance.



Rear Detachment Commander

Contact ACS, the local armory or the sponsor's unit for this information.

How Do I Contact My Spouse's Unit When He is Deployed?

