# The Sabalauski Air Assault School Packing List

## Day Zero

**Worn Items**
- ACU cap with ACU-pattern rank and name tape (no cat eyes)
- ACU top with all ACU-pattern rank, patches, and name / US Army tape
- ACU trousers (no spandex worn underneath)
- Tan 499 T-shirt (no logos or name)
- Tan 499 rigger belt
- Coyote boots, military issued / authorized (serviceable, no ripple sole)
- Socks, no logos must be matching (black or green military issue)
- Underwear (optional)
- Sports bra (females)
- ID tags with long and short chain (around neck with medical alert tag)
- ID card (in left or right chest pocket)

**Carried Items**
- 1 qt canteen, full w/ white masking tape (topped off-filled to the brim)
- Small notebook
- Pen or pencil (not in sleeve)
- 1 pair running shoes (no basketball or casual shoes)
- Reflective belt, yellow
- MRE, complete (not field stripped)
- Signed copy of FC Form 4137, dated June 2018
- Copy of DD Form 1610 (TDY Soldiers only)

**Additional Items (Winter Classes)**
- Socks, no logos must be matching, extra pair (black or green military issue)
- Tan 499 T-shirt, 1 extra (no logos or name)
- Field jacket / Gore-Tex jacket / Gen 3 Jacket, Extreme Cold/Wet Weather with rank, all patches and tapes (applies to all jackets, no leadership tabs will be worn)
- Gloves, black / green leather shell, military issue
- Glove inserts, military issue, black, green, or brown (no synthetic or polypro)
- PT cap, Black fleece
- Waterproof bag, military issue (marked with shoe tag with name, sponsor phone # and unit)

## Day 1-10 (with Day Zero Packing List)

**Worn Items**
- Assault pack w/ Name tape IAW unit SOP
- IBA / IOTV with name, rank, plates and Kevlar inserts (no side plates, yoke, groin protector, throat protector, or DAPS)
- ACH / Kevlar helmet (no cover)
- Waterproof bag, military issue
- Wet weather top with rank (summer) / field jacket or gore-tex/Gen 3 Jacket, Extreme Cold/Wet Weather with rank, all patches and tapes (winter)
- ACU top complete w/ Name Tape, US Army Tape, Rank, Unit Patch and Colored US Flag
- ACU trousers
- 1 Tan 499 T-shirt (no logos or name)
- 1 pair of socks no logos must be matching (black or green military issue)
- Neck gaiter, military issue, black or brown (no hood)
- Ear plugs with case, military issue

**Carried Items**
- 2 chemlights, Red (No IR)
- Highlighter
- 1, 1 Gallon Ziploc bag
- 3 x 5 index card (no lines)
- Poncho
- Goggles (clear or dark lenses with retaining strap, form fitting to face)
- Air Assault Handbook (when issued)
- Advance sheets (when issued)
- 1 qt canteen carrier with canteen cup on IBA (guide hand side)
- Flashlight, right angle with red lens (with D-cell batteries only, Must Be Operational)
- Gloves, black / green leather shell, military issue
- Glove inserts, military issue, black, green, or brown (no synthetic or polypro)
- PT cap, Black fleece

**Additional Equipment Required**
- APFU pants
- APFU jacket
- APFU shorts
- APFU shirt (long sleeve and short sleeve)

**Notes:**
- **All Day Zero items listed under Additional Items (Winter Classes) must go in the Waterproof bag with shoe tag attached (marked with name, sponsor phone # and unit)**
- Service Members not in the U.S. Army should wear authorized uniforms by specific branch of service; duty & physical fitness uniforms.
- Winter classes are classes with Day Zero beginning between 1 October thru 31 March.
- All equipment must be serviceable.

Dietary supplements are not authorized for use by any student.

Wear out dates are verified on the Army G1 Website: [http://www.armyg1.army.mil/HR/uniform/](http://www.armyg1.army.mil/HR/uniform/)

As of 1 AUGUST 2018
IBA AND ASSAULT PACK PACKING LIST AND LAYOUT

1) ASSAULT PACK ON BACK W/ PT BELT PLACED VERTICALLY AROUND ASSAULT PACK (ALL STRAPS FASTNED AND EXCESS SECURED)
2) IBA WITH CANTEEN CARRIER, CANTEEN CUP, NAME TAPE, RANK, PLATES AND KEVLAR INSERTS (WORN, NO ADDITIONAL POUCHES)
3) PONCHO (FOLDED IN ½ AND THEN ½ AGAIN, OPENING WILL BE FACING THE STUDENT AND TO THE RIGHT)
4) WET WEATHER TOP (SUMMER) GORETEX / FIELD JACKET (WINTER)
5) ACU BOTTOM (DISPLAYED WITH OPENING FACING STUDENT)
6) ACU TOP COMPLETE (SEW ON MUST HAVE ALL PATCHES AS WORN)
7) 1 TAN T-SHIRT (NO LOGOS/UNIT T-SHIRTS)
8) PATROL CAP (W/ NAME TAPE AND RANK; EITHER SWEN ON OR PIN ON AND VELCRO)
9) GOGGLES (CLEAR OR DARK LENSES WITH RETAINING STRAP, LAYING FLAT WITH LENS FACING SKYWARD)
10) ZIP-LOCK BAG (MUST BE 1 GALLON AND DISPLAYED W/ OPENING TOWARDS STUDENT)
11) ID CARD (FACE UP)
12) NOTEPAD
13) PEN/PENCIL AND HIGHLIGHTER (WILL BE LEFT TO RIGHT IE. NOTEBOOK, PEN, AND HIGHLIGHTER. PENS CAP WILL FACE STUDENT)
14) HELMET W/ 2IN MASKING TAPE AND STENCIL (AS WORN, CHIN STRAP SECURED)
15) WET WEATHER BAG (FOLDED IN ½ THEN ½ AGAIN)
16) BLACK LEATHER WORK GLOVES (THUMBS TOWARDS INST.)
17) MILITARY ISSUED INSERTS (THUMBS TOWARDS INST.)
18) 1 PAIR OF SOCKS (BLACK OF GREEN MILITARY ISSUE)
19) LAYOUT DIAGRAM SHEET (FACING INST)
20) AASLT HANDBOOK & ADVANCE SHEETS (12M FM LAYOUT)
21) PT CAP (BLACK FLEECE CAP) (FOLDED IN ½, POINT FACING CENTER; OPEN END FACING STUDENT)
22) NECK GAITER (FOLDED IN ½; OPEN END FACING STUDENT)
23) EAR PLUGS IN CASE (CASE OPEN, FACING INSTRUCTOR LAYING FLAT ON PONCHO)
24) RED CHEMLIGHT X2 (NO BATTERY OPERATED OR IR CHEMLIGHTS)
25) 3X5 CASUALTY FEEDER CARD

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