

Basic Leader Course Course Map

Seq	Lesson	Title	Hours	Module
1	B100	Basic Leader Course Overview/Blackboard Review	3	Module 1
2	B101	Group Dynamics	3	
3	B128	SHARP	3	
4	B111	Introduction to Physical Readiness Training (PRT)	19	
5	B114	Drill and Ceremonies	6	
6	B129	Equal Opportunity	2	
7	B108	Cultural Competencies	4	
8	B103	Written Communication	13	
9	B106	The Army's Leadership Requirements Model	4	
10	B105	Critical Thinking and Problem Solving	4	
11	B102	Effective Listening	3	
12	B104	Public Speaking	12	
13	B115	Mission Orders and Troop Leading Procedures	5	
14	B116	Training Management/CIT	18	
15	B109	Army Values, Ethics and Integration of Soldier 2020	5	
16	B110	Legal Responsibilities and Limits of NCO Authority	4	
17	B112	Followership and Servant Leadership Fundamentals	6	
18	B113	Team Building and Conflict Management	7	Module 3
19	B107	Counseling	7	
20	B127	Financial Readiness	2	
21	B120	Talent Management	1	
22	B117	Soldier for Life / Transition Assistance Program	4	
23	B119	Soldier Readiness	6	
24	B118	Command Supply Discipline Program	5	Module 4
25	B126	Holistic Health Fitness (FM 7-22)	2	
26	B121	Resiliency	6	
27	B125	Nutrition	3	
28	B123	Army Body Composition Program	2	
29	B124	Army Combat Fitness Test Grader Certification	8	
30	B122	Contemporary Issues	2	
Total			169	

Assignments Issued and Due/Assessed Date

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| 1. SHARP Essay Issued during B100 | Due/Assessed: Day 5 |
| 2. PRT issued during B111 | Due/Assessed: Day 5 |
| 3. D&C Issued during B114 | Due/Assessed: Day 5 |
| 4. Informative Essay Issued during B103 | Due/Assessed: Day 10 |
| 5. Public Speeking Issued during B104 | Due/Assessed: Day 15 Module 2 |
| 6. Conduct Individual Training (CIT) issued during B116 | Due/Assessed: Day 16 Module 4 |
| 7. Compare and Contrast Essay issued during B112 | In Class |