	For use	of thi	PERSONNEL ACTION					
		D	s form, see PAM 600-8; the proponent agend	y is l	ocs, e	S-1.		
AUTHORITY:	Title 10, USC, Secti	on 30	ATA REQUIRED BY THE PRIVACY ACT OF 13, E.O. 9397 (SSN), as amended	197	4			
PRINCIPAL PURPOSE:	To request or record	pers	onnel actions for or by Soldiers in a second					
PRINCIPAL PURPOSE: To request or record personnel actions for or by Soldiers in accordance with DA PAM 600-8.  ROUTINE USES: The DoD Blanket Routing Uses that several actions for or by Soldiers in accordance with DA PAM 600-8.								
	apply to this system	outine Uses that appear at the beginning of the Army's compilation of systems of records may						
DISCLOSURE:	Voluntary; however	failure	ailure to provide Social Security Number may result in a delay or error in processing the					
I. THRU (Include ZIP C	request for personne				delay	or error in processing the		
Commanding General			2. TO (Include ZIP Code) Military Personnel Division 3. FROM (Include ZIP Code)					
3ESC 2420 Quartermaster Street Bldg 1433 Fort Bragg, NC 28310		Pet	Retirement Services Office (Active Duty Retirements)			MAJ Russell Burnett HQ, 3ESC 2400 Quartermaster Street Bldg 1436		
		CAC						
		For						
		- 01	SECTION I - PERSONAL IDENTIFICATION		rt Bra	gg, NC 28310		
. NAME (Last, First, MI	)		5. GRADE OR RANK/PMOS/AOC					
	0					6. SOCIAL SECURITY NUME		
		SECT	ION II - DUTY STATUS CHANGE (AR 600	-8-6)				
. The above Soldier's du	ity status is changed t	rom		W.C.				
				-		to		
			effective ho	urs,				
I request the following a	action: (Chack as ass	CTIC	ON III - REQUEST FOR PERSONNEL ACTIO	N	7			
Service School (Enl on	- Table to as able	ropria	le)					
ROTC or Reserve Com		Н	Special Forces Training/Assignment		lde	entification Card		
Volunteering For Overse	ea Service	+	On-the-Job Training (Enl only)			entification Tags		
Ranger Training		+	Retesting in Army Personnel Tests Reassignment Married Army Couples			parate Rations		
Reassignment Extreme	Family Problems		Reclassification	#	Lea	ave - Excess/Advance/Outside CONUS		
Exchange Reassignmen	nt (Enl only)		Officer Candidate School	-	Ch.	ange of Name/SSN/DOB ner (Specify)		
Airbome Training			Asgmt of Pers with Exceptional Family Members	-  [2	RE	ETIREMENT DATE EXTENSION		
SIGNATURE OF SOLD	IER (When required)							
	1-1-2		× 50	10	. DAT	E (YYYYMMDD)		
	SECTION IV - RE	MARI	(S (Applies to Sections II, III, and V) (Contin		Sana			
		0-000			separ	ate sheet)		
Request for extension extension to 23 Marc	LOT LOTH CHICH III		. Soldier's approved da	ite is	19 F	ebruary 2017. Soldier is request		
extension to 23 Marc	ch 2017.	Soldie	. Soldier's approved da	ate is	19 F	ebruary 2017. Soldier is requestion transition his family for life after		
extension to 23 Marc	ch 2017.	Soldie		ate is	19 F	lije.		
extension to 23 Marc	ch 2017.	Soldie		ate is	19 F	lije.		
extension to 23 Marc	ch 2017.	Soldie		ate is	19 F	lija.		
extension to 23 Marc	ch 2017.	Soldie		ate is	19 F	lija.		
extension to 23 Marc	ch 2017.	Soldie		ate is	19 F	lija.		
Request for extension extension to 23 Marc Extension of retireme the Military.	ch 2017.	Soldie		ate is	19 F	lija.		
extension to 23 Marc	ch 2017.	Coldie		ate is	19 F	lija.		
extension to 23 Marc	ch 2017.	doldie		ate is	19 F	lija.		
extension to 23 Marc	ch 2017.	TION	To take all accrued leave and enable h	im to	19 Fe	r transition his family for life aft		
extension to 23 Marc Extension of retireme the Military.  I certify that the duty sta	sh 2017.  Int date will allow Section	TION	v - CERTIFICATION/APPROVAL/DISAPPE	im to	19 Fe	r transition his family for life aft		
Extension to 23 Marc Extension of retireme the Military.  I certify that the duty sta HAS BEEN VERIFIED	SECOMMEN	TION	V - CERTIFICATION/APPROVAL/DISAPPER that the request for personnel action (Sector)	ROVA	bette	r transition his family for life aft		
extension to 23 Marc Extension of retireme the Military.  I certify that the duty sta	SECOMMEN	TION	V - CERTIFICATION/APPROVAL/DISAPPER that the request for personnel action (Sector)	ROVA	bette	r transition his family for life aft		

## PLEASE TYPE THIS AS YOUR JUSTIFICATION FOR MEDICAL EXTENSION IN REMARKS SECTION OF 4187

- Request for extension of retirement for (RANK, LAST, FIRST). Soldier's approved date is <u>FILL IN BLANK WITH APPROVED DATE</u>. Soldier is requesting an extension to <u>LAST DAY OF ALL ACCRUED LEAVE</u> 2014.
- 2. Extension of retirement date will allow Solider to take all accrued leave.

Subject	: Extension Request for Medical Retirees	
Please I	bring the following items:	
ORIGIN	AL RETIREMENT DATE	
0	Counseling signed by Company Commander	
0	DA Form 31 (leave form working copy) from	to
		DATES
EXTENS	SION RETIREMENT DATE	
0	Counseling signed by Company Commander	
0	Current LES	
0	DA Form 4187 signed by 06. In the remarks section annotate	
0	Current retirement date	
0.	Requested retirement date	
0	Justification	
0	DA Form 31 (leave form) signed by 06 from	to
		DATES

\*\*\*THE LEAVE FORMS WILL HAVE THE SAME START DATE \*\*\*

## COUNSELING STATEMENT

1.	l ( ) have been counseled in a dated August 28 <sup>th</sup> 2007 pertaining to my election of from the Army. () Soldier's initials.	cordance with ALARACT Message 188-207 separation date to medically separate				
2.	I understand that should I elect to be separated price could result in overpayment by the Army which wor repay. () Soldier's in initials.	or to the 20 <sup>th</sup> of the month that this decision all decision all decisions are also all decisions. It is a second to the second that I will be responsible to				
3.	I understand that DVA service connection for disabil service may be established from the day following nentitlement to payment is not authorized until the f which service connection is established. DVA composed because of these rules I understand that electing a service in a corresponding delay in receipt of DVA pay () Soldier's initials.	irst of the month following the month in ensation is pay, like military pay, in arrears.				
4.	I understand that I should elect to be separated on the last day of the month this decision will result in the loss of one month of veterans' disability benefits and payments. ()  Soldier's initials.					
5.	I request to be separated on:	(DATE)				
	COMMANDER PRINTED NAME	SOLDIER PRINTED NAME				
	COMMANDER SIGNATURE	SOLDIER SIGNATURE				
		DATE SIGNED				

R 281622Z AUG 07

M PTC WASHINGTON DC//ALARACT//

) ALARACT

ZEN/RMY/OU=ORGANIZATIONS/OU=ADDRESS LISTS/CN=AL ALARACT(UC)

BT

**UNCLAS** 

QQQQ

SUBJ: ALARACT 188/2007

UNCLASSIFIED//

THIS MESSAGE HAS BEEN SENT BY THE PENTAGON TELECOMMUNICATIONS CENTER ON BEHALF OF DA WASHINGTON DC//DAPE-MPE//.

SUBJ: SEPARATION/RETIREMENT DUE TO PHYSICAL DISABILITY

SGD LTG MICHAEL D. ROCHELLE, DEPUTY CHIEF OF STAFF, G-1, HQDA

1. REFERENCE:

A. AR 635-40 PHYSICAL EVALUATION FOR RETENTION, RETIREMENT, OR SEPARATION

- B. TITLE 38 CFR- PENSIONS, BONUSES, AND VETERANS? RELIEF SECTION 3.400 B(2) DISABILITY COMPENSATION
- C. TITLE 38 CFR- PENSIONS, BONUSES, AND VETERANS? RELIEF SECTION 3.31 COMMENCEMENT OF THE PERIOD OF PAYMENT
- D. TITLE 38 USC 5111 COMMENCEMENT OF PERIOD OF PAYMENT
- E. ALARACT 172/2207, SUBJECT, TRANSITION LEAVE PROCESSING FOR ACTIVE COMPONENT (AC) (MEDICAL HOLD) AND MOBILIZED AND RESERVE COMPONENT (RC) MEDICAL HOLDOVER
- F. ALARACT 185/2007, SUBJECT, TRANSITION LEAVE PROCESSING FOR ACTIVE COMPONENT (AC) (MEDICAL HOLD) AND MOBILIZED AND RESERVE COMPONENT (RC) (MEDICAL HOLDOVER)
- 2. PURPOSE: TO PROVIDE POLICY GUIDANCE FOR SETTING THE DISABILITY SEPARATION/RETIREMENT EFFECTIVE DATE IN ORDER TO PROVIDE A SEAMLESS TRANSITION FOR WARRIORS IN TRANSITION AND TO PROTECT THE SOLDIER FROM ADVERSE FINANCIAL IMPACT DURING THE TRANSITION PROCESS.
- 3. BACKGROUND: CURRENT LAW AND POLICY PROVIDES THAT A DISABILITY SEPARATION/RETIREMENT DATE MAY BE ANY DAY OF THE MONTH. THIS MEANS A SOLDIER IS ABLE TO SEPARATE FROM THE ARMY ANY DAY OF THE MONTH.
- 4. THE LAWS GOVERNING THE EFFECTIVE PAYMENT DATE FOR COMPENSATION FROM THE DEPARTMENT OF VETERANS AFFAIRS (DVA) MAY CAUSE A SOLDIER TO FORFEIT UP TO ONE MONTH OF COMPENSATION FROM THE DVA DEPENDING ON THE SEPARATION DATE. SERVICE CONNECTION FOR DISABILITIES INCURRED IN OR AGGRAVATED BY MILITARY SERVICE MAY BE ESTABLISHED FROM THE DAY FOLLOWING DATE OF DISCHARGE FROM THE ARMY IF THE SOLDIER APPLIES TO THE DVA WITHIN ONE YEAR OF SEPARATION. ENTITLEMENT TO PAYMENT, HOWEVER, IS NOT AUTHORIZED UNTIL THE FIRST OF THE MONTH FOLLOWING THE MONTH IN WHICH SERVICE CONNECTION IS ESTABLISHED.

  ADDITIONALLY, DVA COMPENSATION IS PAID, LIKE MILITARY PAY, IN ARREARS. BECAUSE OF THESE RULES, A SOLDIER SEPARATED ON THE LAST DAY OF THE MONTH WILL BE SIGNIFICANTLY DISADVANTAGED. SEE THE EXAMPLE AT PARA 6, BELOW.
- 5. ADDITIONALLY, A MEMBER WHO SEPARATES BEFORE DEFENSE FINANCE AND ACCOUNTING RECEIVES NOTIFICATION OF THE SOLDIER?S SEPARATION/RETIREMENT DATE MAY INCUR A DEBT FOR OVERPAYMENT OF BASIC PAY AND ALLOWANCES.
- 6. EFFECTIVE IMMEDIATELY, EVERY ATTEMPT SHOULD BE MADE TO SEPARATE ACTIVE AND RESERVE COMPONENT SOLDIERS AS CLOSE TO THE 27TH OF THE MONTH AS POSSIBLE FOR DISABILITY SEPARATION AND RETIREMENT. THIS RECOMMENDATION IS MADE TO MINIMIZE THE FINANCIAL IMPACT TO THE SOLDIER DURING TRANSITION FROM THE ARMY TO THE DVA SYSTEM. RECOGNIZING THAT A SOLDIER MAY SEPARATE ON ANY DAY OF THE MONTH, IT

IS IMPERATIVE THAT THE SOLDIER BE COUNSELED USING THE INFORMATION BELOW ON THE FINANCIAL RAMIFICATIONS OF SEPARATING FROM THE ARMY EARLIER THAN THE RECOMMENDED DATE OF THE 27TH OR ON THE LAST DAY OF THE MONTH.

- A. FINANCE NOTIFICATION MUST BE MADE PRIOR TO THE 20TH OF THE MONTH WITH THE EXACT DATE OF SOLDIER?S SEPARATION OR RETIREMENT DATE TO AVOID OVERPAYING THE SOLDIER AND CREATING A DEBT THAT MUST THEN BE REPAID BY THE SOLDIER.
- B. SEPARATION ON THE LAST DAY OF THE MONTH RESULTS IN LOSS OF ONE MONTH OF DVA COMPENSATION. FOR EXAMPLE: A SOLDIER IS SEPARATED ON JULY 31, 2007. SINCE THE SOLDIER IS A SOLDIER THROUGH THE END OF THE DAY, SERVICE CONNECTION CANNOT BE GRANTED UNTIL THE DAY AFTER SEPARATION? AUGUST 1, 2007. THE EFFECTIVE DATE OF COMPENSATION IS THE FIRST DAY OF THE MONTH FOLLOWING THE DATE OF SERVICE-CONNECTION? 1
  SEPTEMBER. SINCE PAYMENT IS IN THE ARREARS, THE SOLDIER RECEIVES HIS/HER FIRST CHECK OCTOBER 1, 2007.
  SEPARATION PRIOR TO THE 31ST WOULD HAVE RESULTED IN AN EFFECTIVE DATE OF PAYMENT OF 1 AUGUST WITH PAYMENT RECEIVED 1 SEPTEMBER.
- 7. SEPARATION ON THE 27TH OF THE MONTH WILL GENERALLY BE ACCOMPLISHED WITHIN THE NLT 90-DAY TIMEFRAME PER ALARACT MESSAGE REFERENCED AT PARA 1E, ABOVE. COMMAND DISCRETION IS AUTHORIZED FOR EXCEPTIONS TO THE NLT PERIOD.
- 8. THE NEXT PUBLICATION OF AR 635-40 WILL BE UPDATED WITH THIS CHANGE.
- 9. EXPIRATION DATE CANNOT BE DETERMINED.