

## Soldier for Life – Transition Assistance Program (SFL-TAP) Service Provider Referral Information

This form will help you locate services and agencies where you can receive assistance.

BENEFITS/TRANSITION SERVICES	SERVICE PROVIDER/ ORGANIZATION	CONTACT INFORMATION: LOCATION/TELEPHONE #
<b>EFFECTS OF A CAREER CHANGE</b>	1) Chaplain; 2) Behavioral Health Clinic at Cape Fear Valley Health System; 3) Veterans Affairs - Vet Center; 4) Military OneSource	1) 910-396-4357 2) 910-615-3700 3) <a href="http://www.va.gov">www.va.gov</a> or <a href="http://www.vetcenter.va.gov">www.vetcenter.va.gov</a> 1-800-905-4675; 4) <a href="http://www.militaryonesource.com">www.militaryonesource.com</a> 1 -800-342-9647 or from overseas 00-800-3429-3477
<b>EMPLOYMENT ASSISTANCE</b>		
Department of Labor Employment Workshop attendance is required for all transitioning Service Members, unless an exemption is granted based upon the criteria found on page 2 of this document.	Department of Labor (DoL)  <b>SFL-TAP Center</b>    <b>SFAC SFL-TAP Center</b>	<a href="http://www.dol.gov/dol/location.htm">www.dol.gov/dol/location.htm</a> 1-866-4-USA-DOL  <b>Soldier Support Center, 1st Floor, Wing C, 910-396-2227/7188</b>  <b>SFAC, WTB Complex, Bldg. 4-2133, 910-643-6667/6669</b>
Verification of Military Experience and Training (VMET) (DD Form 2586). Do you want a copy of your VMET document? If yes, go to <a href="https://www.dmdc.osd.mil/tgps/">https://www.dmdc.osd.mil/tgps/</a> to print your VMET document and cover letter. Transition GPS does not contain VMET documents for Coast Guard personnel.	The Transition GPS (Goals, Plans, Success) web site	LOGIN OPTIONS - Service members or Veterans can use their CAC or a DS Logon Account to access this web site.
Counselor will provide information on civilian occupations corresponding to Military occupations (see Occupational Information Network [O*NET website] at <a href="http://www.onetcenter.org/">http://www.onetcenter.org/</a> and related assistance programs) and civilian occupations related to assistance programs.	O*NET	<a href="http://www.onetcodeconnector.org/">www.onetcodeconnector.org/</a>
Licensing, Certification and Apprenticeship Information	HelmetstoHardhats	<a href="http://www.helmetstohardhats.org">www.helmetstohardhats.org</a>
Department of Labor <a href="http://www.careeronestop.org/CREDENTIALING/CredentialingHome.asp">www.careeronestop.org/CREDENTIALING/CredentialingHome.asp</a>	CareerOneStop	For help using CareerOneStop, email: <a href="mailto:info@careeronestop.org">info@careeronestop.org</a> or call: 1-877-348-0502 or TTY 1-877-348-0501
U.S. Army Credentialing On-line <a href="http://www.cool.army.mil">www.cool.army.mil</a>	Credentialing Opportunities On-Line (COOL)	

## Soldier for Life – Transition Assistance Program (SFL-TAP) Service Provider Referral Information

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U.S. Military Apprenticeship Information <a href="https://usmap.cnet.navy.mil/usmapss/static/banner.jsp">https://usmap.cnet.navy.mil/usmapss/static/banner.jsp</a>	1) <b>Bragg Training &amp; Education Center (BTEC)</b>  2) VA	1) 1- Bldg. 1-3571, Wing J, Knox & Randolph 1-888-442-4551 910-396-6721 <a href="http://www.military.com/education/content/gi-bill/veteran-gi-bill-apprenticeship-and-ojt-program.html">www.military.com/education/content/gi-bill/veteran-gi-bill-apprenticeship-and-ojt-program.html</a> 2) <a href="http://www.va.gov">www.va.gov</a>
Defense Activity for Non-Traditional Education Support (DANTES) <a href="http://www.dantes.doded.mil/index.html">www.dantes.doded.mil/index.html</a>	1) DANTES;  2) <b>Bragg Training &amp; Education Center (BTEC)</b>  3) ARMY/ AMERICAN COUNCIL ON EDUCATION REGISTRY TRANSCRIPT SYSTEM (AARTS) has been transitioned to the Joint Services Transcript (JST).	1) DANTES: DSN: 459-1111 (plus extension) CML: 1-850-452-1111 (plus extension) 2) 1- Bldg. 1-3571, Wing J, Knox & Randolph 1-888-442-4551 910-396-6721 3) <a href="https://jst.doded.mil/smart/dodMandatoryBanner.do">https://jst.doded.mil/smart/dodMandatoryBanner.do</a> - If you are prior Army, Coast Guard, Marine Corps, or Navy or do not have access to a Common Access Card (CAC) reader, then REGISTER for a JST account.
Navy Cool Website This web-based hub catalogs and defines comprehensive information on occupational credentials — including certifications, licenses, apprenticeships, and growth opportunities — correlating with every Navy rating, job, designator, and collateral duty/out of rate assignment.		Credentials Program Office at Comm.: 1-850-452-6683  <a href="https://www.cool.navy.mil">https://www.cool.navy.mil</a>
TurboTap is now DoD TAP Other programs, tools, and resources on how to start preparing for civilian life.	1) TurboTap is now DoD TAP 2) Department of Defense	1) <a href="http://www.dodtap.mil">www.dodtap.mil</a> 2) <a href="http://www.defense.gov">www.defense.gov</a>
Employment Hub	Veterans Employment Center (VEC)	<a href="https://www.ebenefits.va.gov/ebenefits/jobs">https://www.ebenefits.va.gov/ebenefits/jobs</a>
The Hire Vets First program and website have been suspended.		
State Job Boards <a href="http://www.careeronestop.org/jobsearch/cos_jobsites.aspx">www.careeronestop.org/jobsearch/cos_jobsites.aspx</a>	CareerOneStop	
The DOL REALifelines program and website are no longer available.		
Public and Community Service Opportunities	Corporation for National & Community Service	<a href="http://www.nationalservice.gov">www.nationalservice.gov</a> or <a href="http://www.serve.gov">www.serve.gov</a>

## Soldier for Life – Transition Assistance Program (SFL-TAP) Service Provider Referral Information

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Teacher and Teacher's Aide Opportunities /Troops to Teachers <a href="http://proudtoserveagain.com">http://proudtoserveagain.com</a>	Defense Activity for Non-Traditional Education Support (DANTES)	<a href="http://www.dantes.doded.mil/Programs/TTT.html">www.dantes.doded.mil/Programs/TTT.html</a> 1-800-231-6242, DSN: 459-1320, E-mail: <a href="mailto:ttt@navy.mil">ttt@navy.mil</a> <b>NC Liaison 1-888-878-1600 or 1-919-807-3346</b>
Federal Employment Opportunities	1) Civilian Personnel Office on Base; 2) Federal Employment Portal; 3) America's Veterans	1) <a href="http://www.cpol.army.mil">www.cpol.army.mil</a> 2) <a href="http://www.usajobsopm.gov">www.usajobsopm.gov</a> or <a href="http://www.armycivilianservice.com">www.armycivilianservice.com</a> 3) <a href="http://www.fedshirevets.gov/">www.fedshirevets.gov/</a>
USAJOBS <a href="http://www.usajobs.gov/">http://www.usajobs.gov/</a>	1) USA Jobs; 2) Department of Defense Civilian Careers	1) <a href="http://www.usajobs.gov">www.usajobs.gov</a> 2) <a href="http://godefense.cpms.osd.mil/">http://godefense.cpms.osd.mil/</a>
Go-Defense <a href="http://godefense.cpms.osd.mil/veterans/">http://godefense.cpms.osd.mil/veterans/</a>		
Veterans may receive federal employment hiring preference based upon specific periods of active duty service. Purple Heart and service connected disability determinations coupled with active duty service are qualifiers for ten point preference. You must provide acceptable documentation of your preference or appointment eligibility. A DD Form 214 or a written certification for those currently on active duty are considered acceptable documentation. Military retirees at or above the grade of O4 are not eligible for veterans' preference unless they are a disabled veteran. Reservists who are retired but are not receiving retired pay are not considered for veterans' preference.	Office of Personnel Management Veterans Services Vet Guide	<a href="http://www.opm.gov/">www.opm.gov/</a>  <a href="http://www.fedshirevets.gov/hire/hrp/vetguide/">http://www.fedshirevets.gov/hire/hrp/vetguide/</a>  <a href="http://www.dol.gov/elaws/vets/vetpref/agency.htm">www.dol.gov/elaws/vets/vetpref/agency.htm</a>  <a href="http://www.fedshirevets.gov/job/vetpref/index.aspx">www.fedshirevets.gov/job/vetpref/index.aspx</a>
Information on Veterans Federal Procurement Opportunities	1) FedBizOpps.gov - federal business opportunities; 2) SBA; 3) Subcontracting Opportunities Directory (General Services Administration (GSA) prime contractors)	1) <a href="https://www.fbo.gov/">https://www.fbo.gov/</a> 2) <a href="http://www.sba.gov/">www.sba.gov/</a> 3) <a href="http://www.gsa.gov/portal/content/101195">www.gsa.gov/portal/content/101195</a> Office of Small Business Utilization 1275 First St. NE, Washington, DC 20417. Phone: 1-855-OSBUGSA (672-8472)
BENEFITS/TRANSITION SERVICES	SERVICE PROVIDER/ ORGANIZATION	CONTACT INFORMATION: LOCATION/TELEPHONE #

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Office of Personnel Management (OPM) Special Hiring Authorities	1) Civilian Personnel Office on Base; 2) Federal Employment Portal; 3) America's Veterans	1) <a href="http://www.cpol.army.mil">www.cpol.army.mil</a> 2) <a href="http://www.armycivilianservice.com">www.armycivilianservice.com</a> 3) <a href="http://www.fedshirevets.gov">www.fedshirevets.gov</a>
Hiring Preference in Non-Appropriated Fund (NAF) jobs (Eligible Involuntary Separatees)	1) Civilian Personnel; 2) Transition Services Online (TAO); 3) DOD NAF Employment	1) <a href="http://www.cpol.army.mil">www.cpol.army.mil</a> 2) <a href="http://www.taonline.com/ticpages/ticresource.asp">www.taonline.com/ticpages/ticresource.asp</a> 3) <a href="http://www.nafjobs.org/benefits.aspx">www.nafjobs.org/benefits.aspx</a>
State Employment Agencies		
Career One Stop Centers <a href="http://www.careeronestop.org/jobsearch/cos_jobsites.aspx">www.careeronestop.org/jobsearch/cos_jobsites.aspx</a>	1) CareerOneStop; 2) Local Veterans Employment Rep (LVER) or Disabled Veterans Outreach Program Specialist (DVOP)	1) <a href="http://www.servicelocator.org">www.servicelocator.org</a> 2) <a href="https://www.disability.gov/resource/disabled-veterans-outreach-program-dvoplocal-veterans-employment-representative-lver-locator/">https://www.disability.gov/resource/disabled-veterans-outreach-program-dvoplocal-veterans-employment-representative-lver-locator/</a>
Workforce Investment Act (WIA) is now Workforce Innovation and Opportunity Act (WIOA). WIOA provides training and education opportunities, assists job seekers and offers career services.	Department of Labor	<a href="http://www.doleta.gov/">www.doleta.gov/</a>
Information concerning veterans small business ownership and entrepreneurship programs		
The Small Business Administration Patriot Express Loan is no longer available.		<a href="http://www.sba.gov">www.sba.gov</a>
National Veteran's Business Development Corporation	National Veteran's Business Development Corporation	<a href="http://www.veteranscorp.org">www.veteranscorp.org</a>
Information on employment and reemployment rights and obligations (USERRA) for Active Duty Service Members (chapter 43, Title 38 U.S. Code)	1) DOL/USERRA; 2) Employer Support of the Guard and Reserve	1) <a href="http://www.dol.gov/vets/programs/userrra/">www.dol.gov/vets/programs/userrra/</a> 2) <a href="http://www.esgr.mil">www.esgr.mil</a> 1-For a workplace issue, conflict or question call the Customer Service Center to speak with a representative: 1-800-336-4590 - Option 1
<b>BENEFITS/TRANSITION SERVICES</b>	<b>SERVICE PROVIDER/ ORGANIZATION</b>	<b>CONTACT INFORMATION: LOCATION/TELEPHONE #</b>
Information on "Priority of Service" for veterans provided under job training programs of the Dept. of Labor.	CareerOneStop	<a href="http://www.servicelocator.org/">www.servicelocator.org/</a>

## Soldier for Life – Transition Assistance Program (SFL-TAP) Service Provider Referral Information

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<b>RELOCATION ASSISTANCE *NOTE: Status of Forces Agreement limitations apply to overseas Service members.</b>		
Permissive (TDY/TAD) & Excess Leave may be authorized to eligible personnel. You can request excess leave or PTDY but not both. Excess Leave and PTDY is subject to mission requirements and approval of the unit commander. No more than 30 days of Excess Leave can be granted.	1) U.S. Army Human Resources Command (HRC)  2) <b>Fort Bragg Transition Center</b>	1) <a href="https://www.hrc.army.mil/TAGD/Leaves%20and%20Passes">https://www.hrc.army.mil/TAGD/Leaves%20and%20Passes</a>  2) <b>Soldier Support Center, 2nd Floor, 910-396-7472</b>
Travel and transportation allowances	Defense Travel Management Office / Department of Defense  1) <b>Fort Bragg Transportation Office</b>	<a href="http://www.defensetravel.dod.mil">www.defensetravel.dod.mil</a> 1-888-332-7366  1) <b>Soldier Support Center, 1st Floor, Wing 1-N-22, 910-396-2163/5212</b>
<b>CONTACT INFORMATION FOR HOUSING COUNSELING ASSISTANCE</b>	1) US Department of Housing and Urban Development (HUD);  2) Homeless Veterans Care Line; 3) HUDVet National Resources  4) <b>Fort Bragg Housing Office</b>	1) <a href="http://portal.hud.gov/hudportal/HUD">http://portal.hud.gov/hudportal/HUD</a> Telephone: 1-202-708-1112, TTY: 1-202-708-1455; 2) Homeless Veterans Care Line 1-877-4AID VET (1-877-424-3838) 2) <a href="http://www.va.gov/homeless/">http://www.va.gov/homeless/</a>  3) <a href="https://www.hudexchange.info/onecpd/assets/File/HUDVet-National-Resources.pdf">https://www.hudexchange.info/onecpd/assets/File/HUDVet-National-Resources.pdf</a>  4) <b>Soldier Support Center, 6th Floor, 910-396-2626/9526</b>
<b>EDUCATION/TRAINING</b>		
Education benefits (Post 9-11 GI Bill Chapter 33), (Montgomery GI Bill Chapter 30), (Veterans Educational Assistance Program), (Vietnam-era, etc.)	1) <b>Fort Bragg Main Education Center;</b>  2) <b>Fort Bragg VA Office</b>	1) <b>Bldg. 1-3571, Wing J, Knox &amp; Randolph Street, 910-396-6721</b> <a href="http://www.gibill.va.gov">www.gibill.va.gov</a> 1-888-GIBILL-1 (1-888-442-4551)  2) <b>Soldier Support Center, 1st Floor, Wing A, 910-396-8472</b> <a href="https://www.ebenefits.va.gov">https://www.ebenefits.va.gov</a>
<b>BENEFITS/TRANSITION SERVICES</b>	<b>SERVICE PROVIDER/ ORGANIZATION</b>	<b>CONTACT INFORMATION: LOCATION/TELEPHONE #</b>

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U.S. Department of Education Federal Aid Program	1) U.S. Department of Education Federal Aid Program; 2) Application for Federal Student Aid	1) <a href="http://www.federalstudentaid.ed.gov">www.federalstudentaid.ed.gov</a> 2) <a href="http://www.fafsa.ed.gov">www.fafsa.ed.gov</a>
Other Federal, State, or Local education/training programs and options	Student Veterans of America	<a href="http://www.studentveterans.org">www.studentveterans.org</a> 1-202-223-4710
Loan Relief for Military Personnel Called to Active Duty		1-800-4FEDAID (1-800-433-3243) (TTY 800-730-8913) <a href="http://ifap.ed.gov/dpcletters/attachments/GEN1323AttachMilitaryDeferForm.pdf">http://ifap.ed.gov/dpcletters/attachments/GEN1323AttachMilitaryDeferForm.pdf</a>
<b>PHYSICAL AND MENTAL HEALTH WELL-BEING</b>		
Information on availability of health care and Mental Health Services (Post-traumatic stress disorder, anxiety disorders, depression, suicidal ideations, combat operational /stress, or other mental health conditions associated with service in the Armed Forces). For mental health care, active duty Service members can self-refer for mental health appointments if seen at a Military Treatment Facility. Active duty Family members seeking mental health appointments within the network do not require preauthorization for the first eight visits.	Veterans Affairs	<a href="http://www.vetcenter.va.gov/">www.vetcenter.va.gov/</a> 1-877-927-8387 <a href="https://www.myhealth.va.gov">https://www.myhealth.va.gov</a>
Transitional Healthcare Benefit (for additional information go to: <a href="http://www.tricare.mil/faqs/">http://www.tricare.mil/faqs/</a> ) (click on Transitional Assistance Management Program)	DEERS (for eligibility) TRICARE Service Center	<a href="http://www.tricare.mil/welcome.aspx">www.tricare.mil/welcome.aspx</a> 1-877-874-2273
TRICARE Reserve Select is a premium-based plan available worldwide for qualified Selected Reserve members and their families. Members of the Selected Reserve who are not on active duty orders, not covered by TAMP, and are not eligible for Federal Employees Health Benefits may participate in TRICARE Reserve Select.	TRICARE Reserve Select	<a href="http://www.tricare.mil">www.tricare.mil</a>  If you have questions regarding your eligibility, please contact your National Guard or Reserve Point of Contact.
<b>BENEFITS/TRANSITION SERVICES</b>	<b>SERVICE PROVIDER/ ORGANIZATION</b>	<b>CONTACT INFORMATION: LOCATION/TELEPHONE #</b>

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VA Health Administration and Affordable Care Act (ACA). Under ACA, you are required to have health care coverage that meets the definition of minimum essential coverage. Most people who do not meet the minimum coverage will pay a fee for each month coverage is not met. This fee will be collected with your tax return beginning with 2014 tax returns.	1) Veterans Affairs  2) Affordable Care Act	1) <a href="http://www.va.gov/health/default.asp">www.va.gov/health/default.asp</a> or <a href="http://www.vba.va.gov/bln/21/">www.vba.va.gov/bln/21/</a>  2) <a href="http://www.healthcare.gov">www.healthcare.gov</a>
VA Vet Center	Veterans Affairs Vet Center  <b>Fayetteville VA Center</b>	<a href="http://www.vetcenter.va.gov">www.vetcenter.va.gov</a> 1-877-927-8387  <b>4140 Ramsey Street, 910-488-2120</b>
State and local healthcare and mental health services	State Government Offices, Local US Government, City Government and Federal Government	<a href="http://www.statelocalgov.net">www.statelocalgov.net</a>
Describe healthcare and other benefits to which the member may be entitled under the laws administered but the Secretary of Veterans Affairs	1) TRICARE;  2) Humana	1) <a href="https://www.healthnetfederalservices.com/">https://www.healthnetfederalservices.com/</a> 1-877-TRICARE (874-2273) 2) <a href="http://www.humana-military.com/">www.humana-military.com/</a> 1-800-444-5445
VA Health Care	GulfLink; Veterans Affairs	<a href="http://www.gulflink.osd.mil/">www.gulflink.osd.mil/</a> 1-800-749-8387 <a href="http://www.va.gov/">www.va.gov/</a>
VA Dental Care	Veterans Affairs	<a href="http://www.va.gov/health/default.asp">www.va.gov/health/default.asp</a> 1-877-222-8387
<b>HEALTH AND LIFE INSURANCE</b>		
Continued Health Care Benefits Program- Option to purchase 18-month conversion health insurance. Concurrent pre-existing condition coverage with purchase of conversion health insurance	1) TRICARE;  2) Humana	1) <a href="http://www.tricare.mil/chcbp">www.tricare.mil/chcbp</a> 1-877-874-2273  2) <a href="http://www.humana-military.com/">www.humana-military.com/</a> 1-800-444-5445
Veterans Group Life Insurance (VGLI) <a href="http://benefits.va.gov/INSURANCE/apply-for-VGLI.asp">http://benefits.va.gov/INSURANCE/apply-for-VGLI.asp</a>	1) Veterans Affairs  2) <b>Fort Bragg VA Office</b>	1) 1-800-419-1473  2) <b>Soldier Support Center, 1st Floor, Wing A, 910-396-8472</b>
Service members' Group Life insurance (SGLI) <a href="http://benefits.va.gov/insurance/sgli.asp">http://benefits.va.gov/insurance/sgli.asp</a>	1) Veterans Affairs  2) <b>Fort Bragg VA Office</b>	1) 1-800- 669-8477  2) <b>Soldier Support Center, 1st Floor, Wing A, 910-396-8472</b>
Traumatic injury Protection Program (TSGLI) <a href="http://benefits.va.gov/insurance/tsgli.asp">http://benefits.va.gov/insurance/tsgli.asp</a>	1) Veterans Affairs  2) <b>Fort Bragg VA Office</b>	1) 1-800-419-1473  2) <b>Soldier Support Center, 1st Floor, Wing A, 910-396-8472</b>
<b>BENEFITS/TRANSITION SERVICES</b>	<b>SERVICE PROVIDER/ ORGANIZATION</b>	<b>CONTACT INFORMATION: LOCATION/TELEPHONE #</b>



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Family Service members' Group Life insurance (FSGLI) <a href="http://benefits.va.gov/insurance/fsgli.asp">http://benefits.va.gov/insurance/fsgli.asp</a>	Veterans Affairs	
Service-disabled Veterans Insurance (SDVI) <a href="http://benefits.va.gov/insurance/s-dvi.asp">http://benefits.va.gov/insurance/s-dvi.asp</a>	Veterans Affairs	
Veterans' Mortgage Life Insurance (VMLI) <a href="http://www.benefits.va.gov/insurance/vml_i.asp">http://www.benefits.va.gov/insurance/vml_i.asp</a>	Veterans Affairs	
For more information on Veterans Life Insurance <a href="http://www.benefits.va.gov/insurance/">http://www.benefits.va.gov/insurance/</a>	Veterans Affairs	
Transitional Health and Dental Care Benefit- for eligibility criteria and additional information go to: <a href="http://www.tricare.mil/tamp">http://www.tricare.mil/tamp</a>  Transitional Health Care Programs (TAMP) <a href="http://www.military.com/benefits/tricare/transitional-health-care-programs.html">http://www.military.com/benefits/tricare/transitional-health-care-programs.html</a>	1) TRICARE;  2) Coast Guard	1) TRICARE Dental Program <a href="http://www.tricare.mil/dental">www.tricare.mil/dental</a> CONUS Service Area 1-855-638-8371 OCONUS Service Area 1-855-638-8372 TDD/TTY 1-855-638-8373 Direct Line for Providers 1-855-638-3379 TRICARE Retiree Dental Program <a href="http://www.trdp.org/retirees">www.trdp.org/retirees</a> 1-888-838-8737 2) Coast Guard Contact 1-800-942-2422; 1-800-9HBA-HBA for information about your dental benefits.
<b>FINANCES</b>		
Financial Management (TSP, Retirement, SBP, military vs. civilian pay and benefits)	1) Thrift Savings Plan;  2) <b>Fort Bragg Retirement Services Office;</b>  3) MyArmy benefits;  4) DFAS	1) TSP <a href="https://www.tsp.gov/index.shtml">https://www.tsp.gov/index.shtml</a> 2) <b>Soldier Support Center, 1st Floor, Wing C, 910-396-5304</b> <a href="http://soldierforlife.army.mil/retirement/">http://soldierforlife.army.mil/retirement/</a> Phone: 1-703-571-7232 3) MY Army Benefits <a href="http://myarmybenefits.us.army.mil/Home/Benefit_Calculators/Retirement.html">http://myarmybenefits.us.army.mil/Home/Benefit_Calculators/Retirement.html</a> 4) DFAS <a href="https://mypay.dfas.mil/mypay.aspx">https://mypay.dfas.mil/mypay.aspx</a>
<b>BENEFITS/TRANSITION SERVICES</b>	<b>SERVICE PROVIDER/ ORGANIZATION</b>	<b>CONTACT INFORMATION: LOCATION/TELEPHONE #</b>



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Separation Pay (Eligible Involuntary Separatees.)	1) Finance / Military Pay  2) Defense Finance and Accounting Service  3) <b>Fort Bragg Finance Office</b>	1) <a href="https://mypay.dfas.mil/mypay.aspx">https://mypay.dfas.mil/mypay.aspx</a> 2) <a href="http://www.dfas.mil">www.dfas.mil</a>  3) <b>Soldier Support Center, 1st Floor, Wing J, 910-907-5692</b>
Unemployment compensation	1) CareerOneStop;  2) UCX state assistance information  3) <b>NC Division of Workforce Solutions</b>	1) <a href="http://www.careeronestop.org">www.careeronestop.org</a> to the tab on “people and places to help” 2) <a href="http://www.servicelocator.org/UI_Filing_Assistance.asp">www.servicelocator.org/UI_Filing_Assistance.asp</a>  3) <b>Soldier Support Center, 1st Floor, Wing C, 910-436-1304</b>
General money management (budgeting, debt reduction)	TurboTap is now DoD TAP  <b>Fort Bragg ACS Office</b>	<a href="http://www.dodtap.mil">www.dodtap.mil</a>  <b>Soldier Support Center, 3rd Floor, 910-396-2507</b>
Personal saving and investing	Military-Money  <b>SFL-TAP Financial Counselors</b>	<a href="http://www.militarymoney.com">www.militarymoney.com</a>  <b>Soldier Support Center, 1ST Floor, 910-908-4839: Mrs. Brianda Barrett 910-908-4830: Ms. Katy Brinker 910-908-4838: Mrs. Deanna Henderson</b>
<b>RESERVE AFFILIATION</b>	<b>Fort Bragg Reserves Retention Office</b>	<a href="http://www.goarmy.com/reserve.html">www.goarmy.com/reserve.html</a>  <b>Soldier Support Center, 5th Floor, 910-432-0123</b>
<b>All transitioning Service members must attend the VA Benefits I and II briefings.</b>	Veterans Affairs  <b>SFL-TAP Center</b>  <b>SFAC SFL-TAP Center</b>	<a href="http://www.va.gov">www.va.gov</a>  <b>Soldier Support Center, 1st Floor, Wing C, 910-396-7188/2227</b>  <b>WTB Complex, Bldg. 4-2133, 910-643-6667/6669</b>
<b>BENEFITS/TRANSITION SERVICES</b>	<b>SERVICE PROVIDER/ ORGANIZATION</b>	<b>CONTACT INFORMATION: LOCATION/TELEPHONE #</b>

## Soldier for Life – Transition Assistance Program (SFL-TAP) Service Provider Referral Information

This form will help you locate services and agencies where you can receive assistance.

<b>DISABLED VETERANS BENEFITS</b>		
Do you want to attend the Disabled Transition Assistance Program (DTAP)?	<p>VA Vocational Rehabilitation</p> <p><b>SFL-TAP Center</b></p> <p><b>SFAC SFL-TAP Center</b></p>	<p><a href="http://www.vba.va.gov/bln/vre/index.htm">www.vba.va.gov/bln/vre/index.htm</a></p> <p><a href="http://myarmybenefits.us.army.mil/Home/Wounded_III_and_injured.html">http://myarmybenefits.us.army.mil/Home/Wounded_III_and_injured.html</a></p> <p><b>Soldier Support Center, 1<sup>st</sup> Floor, Wing C, 910-396-7188/2227</b></p> <p><b>WTB Complex, Bldg. 4-2133, 910-643-6667/6669</b></p>
<p>VA Disability Benefits <a href="http://www.vba.va.gov/vba/benefits/factsheets/">http://www.vba.va.gov/vba/benefits/factsheets/</a></p>	<p>Veterans Affairs</p> <p><b>Fort Bragg VA Office</b></p> <p><b>AMVETS - Phil Reilly</b></p> <p><b>VFW - Robert Krause</b></p> <p><b>DAV – Monique McMillan</b></p>	<p>1-800-827-1000</p> <p><b>Soldier Support Center, 1<sup>st</sup> Floor, Wing A, 910-396-8472</b></p> <p><b>Soldier Support Center, 1<sup>st</sup> Floor, Wing C, 910-396-6826</b></p> <p><b>Soldier Support Center, Basement, BB-10, 910-396-2046</b></p> <p><b>Soldier Support Center, Basement, BB-11, 910-396-3737</b></p>
<p>Benefits Delivery at Discharge and Quick Start <a href="http://www.vba.va.gov/predischarge/">http://www.vba.va.gov/predischarge/</a></p>	<p>Pre-Discharge Program (VA and DoD)</p> <p><b>Fort Bragg VA Office</b></p>	<p><b>Soldier Support Center, Wing A, 910-396-8472</b></p>
<p><b>SERVICEMEMBERS CIVIL RELIEF ACT (SCRA)</b> <a href="https://www.servicememberscivilreliefact.com/">https://www.servicememberscivilreliefact.com/</a></p>		<p>Service Members Civil Relief Act 1-202-462-0600</p>
<b>STATE VETERANS BENEFITS</b>	State and local resources	<p><a href="http://www.va.gov/landing2_locations.htm">www.va.gov/landing2_locations.htm</a></p> <p><a href="http://www.military.com/benefits/content/veteran-statebenefits/state-veteransbenefits-directory.html">www.military.com/benefits/content/veteran-statebenefits/state-veteransbenefits-directory.html</a></p>
<b>BENEFITS/TRANSITION SERVICES</b>	<b>SERVICE PROVIDER/ ORGANIZATION</b>	<b>CONTACT INFORMATION: LOCATION/TELEPHONE #</b>



## Soldier for Life – Transition Assistance Program (SFL-TAP) Service Provider Referral Information

This form will help you locate services and agencies where you can receive assistance.

<p>All transitioning Service members must complete an ITP. The ITP is used to identify educational, training and employment objectives and to develop a plan to help you achieve these objectives.</p>	<p>SFL-TAP Virtual Center</p> <p><b>SFL-TAP Center</b></p> <p><b>SFAC SFL-TAP Center</b></p>	<p><a href="https://www.sfl-tap.army.mil">https://www.sfl-tap.army.mil</a></p> <p><b>Soldier Support Center, 1st Floor, Wing C, 910-396-7188/2227</b></p> <p><b>WTB Complex, Bldg. 4-2133, 910-643-6667/6669</b></p>
<p>Post-military goals - Individual Transition Plan/Individual counseling appointments</p>	<p>SFL-TAP Offices – SFL-TAP Virtual Center</p> <p><b>SFL-TAP Center</b></p> <p><b>SFAC SFL-TAP Center</b></p>	<p><a href="https://www.sfl-tap.army.mil">https://www.sfl-tap.army.mil</a> – Find a SFL-TAP center close to you. Email: SFLTAP.virtualcenter@serco-na.com or call toll free 1-800-325-4715</p> <p><b>Soldier Support Center, 1st Floor, Wing C, 910-396-7188/2227</b></p> <p><b>WTB Complex, Bldg. 4-2133, 910-643-6667/6669</b></p>
<p><b>OTHER INFORMATION</b></p>		
<p><b>Voting Assistance.</b> While on active duty, you are covered by the Uniformed and Overseas Citizens Absentee Voting Act (UOCAVA). As a civilian, you will no longer be covered by the UOCAVA. You and your eligible Family members should notify your local election official of your change in voter registration and update your information to vote locally. If you will be remaining or moving abroad, you will be covered by UOCAVA as an overseas citizen.</p>	<p>Federal Voting Assistance Program State Territory Election websites</p>	<p><a href="http://www.fvap.gov/links">www.fvap.gov/links</a></p> <p><a href="https://www.fvap.gov/military-voter/transition">https://www.fvap.gov/military-voter/transition</a></p>
<p><b>BENEFITS/TRANSITION SERVICES</b></p>	<p><b>SERVICE PROVIDER/ ORGANIZATION</b></p>	<p><b>CONTACT INFORMATION: LOCATION/TELEPHONE #</b></p>

# Soldier for Life – Transition Assistance Program (SFL-TAP) Service Provider Referral Information

This form will help you locate services and agencies where you can receive assistance.

<p><b>Separation History and Physical Examination (SHPE).</b> All separating active duty Service members must now undergo a SHPE, which must be completed prior to separation. Reserve and National Guard members who have served a minimum of 180 days on active duty or 30 days in a contingency operation must also have an SHPE completed prior to release from active duty.</p> <p>If you are applying for VA benefits prior to separation through the Benefits Delivery at Discharge (BDD) program, the exam you receive from the VA will meet this requirement. If you do not apply for VA benefits or don't have enough time to complete the BDD process prior to separation, you will receive your SHPE through your Military Treatment Facility.</p> <p>To be prepared for the SHPE in either a DoD or VA facility, you must complete form DD 2807-1 available at the TRICARE OnLine Patient portal.</p>		<p><a href="https://www.tricareonline.com/portal/page/portal/TricareOnline/Portal">https://www.tricareonline.com/portal/page/portal/TricareOnline/Portal</a></p>
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