# **Explosions**

Explosive devices can be highly portable, using vehicles and humans as a means of transport. They are easily detonated from remote locations or by suicide bombers. There are steps you can take to prepare for the unexpected.

## **Before an Explosion**

The following are things you can do to protect yourself, your family and your property in the event of an explosion.

- Build an Emergency Supply Kit
- Make a Family Emergency Plan
- Learn what to do in case of bomb threats or receiving suspicious packages and letters
- Ensure your employers have up-to-date information about any medical needs you may have and how to contact designated beneficiaries or emergency contacts.

#### **Bomb Threats**

If you receive a telephoned bomb threat:

- Get as much information from the caller as possible. Try to ask the following questions:
  - o When is the bomb going to explode?
  - o Where is it right now?
  - o What does it look like?
  - What kind of bomb is it?
  - o What will cause it to explode?
  - o Did you place the bomb?
- Keep the caller on the line and record everything that is said.
- Notify the police and building management immediately.

### Suspicious Packages and Letters

Some typical characteristics postal inspectors have detected over the years, which should trigger suspicion, include parcels that:

- Are unexpected or from someone unfamiliar to you.
- Have no return address, one that doesn't match the postmark, or can't be verified as legitimate.
- Are marked with restrictive endorsements such as "Personal," "Confidential," or "Do not X-ray."
- Have inappropriate or unusual labeling such as threatening language
- Have protruding wires or aluminum foil, strange odors or stains.
- Have excessive postage or packaging material, such as masking tape and string.
- Are of unusual weight given their size or are lopsided or oddly shaped.
- Are not addressed to a specific person.

Take these additional steps against possible biological and chemical agents:

- Never sniff or smell suspicious mail.
- Place suspicious envelopes or packages in a plastic bag or some other type of container to prevent leakage of contents.
- Leave the room and close the door or section off the area to prevent others from entering.
- Wash your hands with soap and water to prevent spreading any powder to your face.
- If you are at work, report the incident to your building security official or an available supervisor, who should notify police and other authorities without delay.
- List all people who were in the room or area when this suspicious letter or package was
  recognized. Give a copy of this list to both the local public health authorities and law
  enforcement officials for follow-up investigations and advice.
- If you are at home, report the incident to local police.

## **During an Explosion**

- Get under a sturdy table or desk if things are falling around you. When they stop falling,
   leave quickly, watching for obviously weakened floors and stairways.
- Do not use elevators.
- Stay low if there is smoke. Do not stop to retrieve personal possessions or make phone calls.
- Check for fire and other hazards.
- Once you are out, do not stand in front of windows, glass doors or other potentially hazardous areas.
- If you are trapped in debris, use a flashlight, whistle or tap on pipes to signal your location to rescuers.
- Shout only as a last resort to avoid inhaling dangerous dust.
- Cover your nose and mouth with anything you have on hand.

## After an Explosion

- There may be significant numbers of casualties or damage to buildings and infrastructure.
- Heavy law enforcement involvement at local, state and federal levels.
- Health and mental health resources in the affected communities can be strained to their limits, maybe even overwhelmed.
- Extensive media coverage, strong public fear and international implications and consequences.
- Workplaces and schools may be closed, and there may be restrictions on domestic and international travel.
- You and your family or household may have to evacuate an area, avoiding roads blocked for your safety.
- Clean-up may take many months.