



DEPARTMENT OF THE ARMY
US ARMY INSTALLATION MANAGEMENT COMMAND
HEADQUARTERS, UNITED STATES ARMY GARRISON, FORT BLISS
1741 MARSHALL ROAD
FORT BLISS, TX 79916

AMIM-BLG-ZA (600-63a)

10 July 2021

POLICY MEMORANDUM #14

SUBJECT: Suicide Prevention

1. References:

- a. Army Regulation 600-63, Paragraph 4-7, Army Health Promotion, 14 April 2015
 - b. Department of the Army Pamphlet 600-24, Health Promotion, Risk Reduction and Suicide Prevention, 14 April 2015
 - c. Army Directive 2018-23 (Improving the Effectiveness of Essential and Important Army Programs: Sexual Harassment/Assault Response and Prevention, Equal Opportunity, Suicide Prevention, Alcohol and Drug Abuse Prevention, and Resilience), paragraph 4, c.1, 2, and 3, 08 November 2018
 - d. Fort Bliss Regulation 27-5, Prohibited Conduct, 26 April 2019
2. Suicide is a singular, tragic and preventable event that adversely impacts the very core of our Families, friends, and our units. It is all of our responsibility to be committed to fostering an environment of trust and being approachable.
3. It is paramount that we are educated on the signs, symptoms and possess the necessary skillsets in order to initiate preventative measures.
4. The Ask, Care and Escort model is an effective measure in identifying and preventing a potential Suicide:
- a. **A:** Ask the question; there is only one way. Are you going to/thinking about killing yourself?
 - b. **C:** Care for the individual with compassion as if they were your immediate family or how you would want someone to treat a member of your Family in this situation.
 - c. **E:** Escort the individual immediately to a safe spot and never leave them unattended.
 - d. Call 911 or the Directorate of Emergency Services at (915) 744-2115 or 21162

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5. I implore each of you to become actively engaged in preventing suicide. Our collective actions will only serve to strengthen our resolve for the Garrison team and Family.
6. Suicide prevention is a command program. Leaders will conduct Suicide Prevention and Awareness face to face classes, annually, in order to increase awareness of suicide risk factors and warning signs. It will also serve to sharpen our intervention skills to respond promptly, effectively and deal with at-risk individuals.
7. Point of contact for this memorandum is the Suicide Prevention Program Manager at (915)744-2535 or the Army Substance Abuse Program Manager at (915) 744-5497.

//Original Signed//
JAMES A. BRADY
COL, IN
Commanding