



SHAPE FAMILY LIFE COUNSELING CENTER



*Creating a safe space
for healing, growth, and
transformation.*



SHAPE FAMILY LIFE COUNSELING CENTER
BUILDING 353-SHAPE 7010
OFFICE HOURS: MONDAYS - FRIDAYS (09:00 - 17:00)
DSN: (314) 597.7305/7306

ALL COUNSELING SESSIONS
ARE 100% CONFIDENTIAL &
FREE OF CHARGE TO ALL
USAG BENELUX &
SHAPE ID HOLDERS.

Chaplain (CPT) Terrance Dixon

Licensed Mental Health Counselor Intern
Specialities: Trauma; Marriage & Family
Therapy: Depression; Anxiety; And more!

OFFICE HOURS:

MON- WED (1630- 1900)

FRI (1630-1800)

SAT (0900-1200)

BY APPOINTMENT ONLY

Contact Information: + 32 492783721

terrance.l.dixonlynch@gmail.com

Tamara Laurent, CPL

FamilyLife Center NCOIC

Contact Information:

314 597-7306

Tamara.laurent.mil@army.mil

Ms. Delitha Dixon

Registered MFT-I, MS, MA, CTP

OFFICE HOURS:

MON & WED (0900-1900)

TUE & THU (1200-1600)

FRI (0900-1700)

BY APPOINTMENT ONLY

Contact Information: + 32 492783275

ddixoncounselingllc@gmail.com

Services Provided:

Individual Counseling
Group counseling
Couples Counseling
Family Therapy
Children & Teens Group
Counseling

Are you Struggling? We can help with
many issues including: Depression,
Anxiety, Trauma, Relationships,
PTSD, Adjustment, Stress, and more!

100% Confidential Counseling -No Exceptions! Serving USAG Benelux & SHAPE ID holders and family