

Alcoholics Anonymous (AA) Meetings

SHAPE Group of Alcoholics Anonymous (English-Speaking Meeting)

Tuesday Evenings from 7 p.m. to 8 p.m.

International Baptist Church

Chemin Du Prince, 284

7050 Jurbise

Brussels International Group

29 Avenue Jean Volders

Monday to Friday: 1 p.m. and 8 p.m.

Saturday to Sunday: 10 a.m. and 5 p.m.

(1/2 mile walk from the Brussels Midi train station or 1 block away from the Porte de Halle Metro)

Contact Info: +32(0)487-35-45-72

Tri-Border AA 12 Step Meeting

Wednesday Evenings from 5:30 p.m. to 6:30 p.m.

JFC Brunssum Chapel

Bldg. H-405 (Next to the theater and gym)

Rimburgerweg 30 6445 PA - Brunssum

Contact Info: +31-06-5041-6741

Why go to AA Meetings ...

One of the great benefits of the [AA meeting](#) is that it provides a venue where members can go and talk about their recovery, as well as any problems they experience along the way. This type of sharing is highly therapeutic. If the individual who is doing the talking has built a successful recovery, and then can inspire other members. It is one of the main reasons why people continue going to the meetings even though they have been sober for many years.