

Restored as of 23 June

Fitness Center CAB



Measures in place:

1. Max class size is 20 - Open to all authorized patrons over the age of 16
2. Monday through Friday 6 a.m. - 10 a.m. is reserved for MILITARY only on a first come-first served basis. Timeslots are available from 10 a.m. to 6 p.m. Customers must call to BOOK a workout timeslot. Timeslots are in one hour increments beginning at 10 a.m. (10 a.m. -11 a.m., 11 a.m.- noon, etc) Timeslots can be booked a day in advance or the day of, one timeslot per person per day
3. Sharing equipment is prohibited
4. Participants must bring towel and water bottle
5. Social distancing and hygiene procedure enforced
6. Face covering not required
7. No public restrooms available
8. In event of inclement weather, class canceled

Contact

Commercial:
068 255292/5297

DSN:
597-5292/5297

Schedule

Mon-Fri: 0600-1000 (mil. only)
Mon-Fri: 1000-1800
Sat/Sun: 1000-1600
U.S. Holiday/Training
Holiday: closed