

## Creating Your Own Face Barrier/Mask



Use an extra t-shirt.



Poke your head through the hole.



Grab each of the sleeves.



Bring sleeves behind your head.



Tie the sleeves together behind your head.



Tuck away excess.



Zip up blouse.



Wow worn with cover.



Cover and eyepro.



Cover, eyepro, gloves.



Still cover my cough.



Homemade PPE ready.