



DEPARTMENT OF THE ARMY
US ARMY INSTALLATION MANAGEMENT COMMAND
HEADQUARTERS, UNITED STATES ARMY GARRISON, FORT BELVOIR
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FORT BELVOIR, VIRGINIA 22060-5928

AMIM-BVG-ZA

8 August 2024

MEMORANDUM FOR All Eligible Patrons of Directorate of Family and Morale, Welfare, and Recreation (DFMWR) Gym Facilities under the purview of U.S. Army Garrison (USAG), Fort Belvoir Virginia

SUBJECT: Fort Belvoir Policy Memorandum #18, U.S. USAG Fort Belvoir – Use of DFMWR Gym Facilities

1. References:

a. Army Regulation (AR)-215-1, Morale, Welfare, and Recreation Activities and Nonappropriated Fund Instrumentalities, dated 24 September 2010.

b. AR 600-20, Army Command Policy, dated 24 July 2020.

2. Purpose. To establish policy for the utilization of DFMWR gym facilities operated by USAG, Fort Belvoir, VA.

3. Applicability. This memorandum applies to all Fort Belvoir DFMWR gym facilities and their patrons irrespective of military, retiree, or Civilian status.

4. Policy.

a. The use of DFMWR facilities by any patron is a privilege. The primary objectives of this policy are to ensure patrons have access to facilities (gyms, physical fitness centers, and field houses, and the like) that are in keeping with Army Values and standards, to enable patrons to maintain a healthy and physically fit lifestyle and allow for patrons to reach their fitness goals. Any violation of this policy may result in the loss of that privilege.

b. The following guidelines address appropriate attire:

(1) Clothing. Appropriate attire must be worn while utilizing all fitness facilities. Jeans, dress pants, cut offs, etc. are prohibited. Shirt and shoes are required at all times in each facility. Appropriate athletic attire will be determined by facilities personnel on a case-by-case basis. Appropriate clothing is defined as clothing that does not place an individual's personal safety in jeopardy, presents a neat and tidy appearance, is not inconsistent with Army Values, especially of Respect, and is not prejudicial to good order and discipline. Clothing should not be dirty or stained. It should not bear offensive language or design. Clothing should not be sheer or "see-through." Undergarments

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should not be visible. Offensive body art (i.e., extremist, sexist, racist or otherwise indecent) should not be visible.

(2) Footwear. Proper footwear is required. Bare feet or exercising without proper footwear is not permissible. Open-toed shoes, clogs, crocks, and the like will not be worn in the gym. Footwear must meet safety requirements of the environment. No flip flops, perforated shoes, sandals, will be permitted. Only sneakers or athletic footwear will be worn when utilizing the DFMWR facilities.

(3) Headgear. Hats, caps or headgear of any kind that is dirty, stained or that bears offensive language or design will not be worn in the gym.

(4) Jewelry. Jewelry will not cause a safety issue for the individual patron wearing the jewelry or other patrons of the gym.

(5) Perfume and Cologne. Perfume and cologne use should be minimal so as not to cause discomfort to those nearby.

c. Age Restrictions.

(1) All patrons are expected to conduct themselves in a reasonable, responsible, and prudent manner in accordance with facility rules.

(2) The following restrictions apply to any patron under 17 years old. Anyone under 17 will be referred to as a youth. (This does not apply to active duty Servicemembers that may be 17 years old or younger). Youths may use adult indoor physical fitness centers only under the following provisions:

(a) Servicemember programs must not be displaced.

(b) Youth 15 years old and under must be actively participating in the same activity as and under the direct supervision of a parent or guardian.

(c) Youth 12 years old and under may not use any mechanical cardiovascular equipment, strength equipment, or sauna at any time.

(d) Unaccompanied Youths (i.e., those not accompanied by an adult dependent). Unaccompanied youths may use DFMWR gym facilities as part of a special program, organized and conducted by CYS, schools, or other authorized youth organizations. Such use must be in accordance with other provision of this policy.

(e) Children of kindergarten age and older will use gender-appropriate showers, locker rooms, and bathrooms.

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(3) The following graph is a visual representation of the age restrictions.

CHILDREN 0 - 12
YEARS OLD

May NOT use mechanical cardiovascular, strength equipment or sauna at any time.

13 - 15 YEARS OLD


May use any of the fitness center facilities (except sauna) but only if they are actively participating in the same activity as and under the DIRECT supervision of a parent or guardian.

16 - 17 YEARS OLD

16-17 year olds may use any of the fitness center facilities (except sauna) without supervision during staffed hours 0600-1800.

During unstaffed hours 16-17 year olds may use facilities under the DIRECT supervision of a parent or guardian with 24/7 Access

5. PROPONENT. The DFMWR is the proponent of this policy at (703) 805-2532.


DAVID J. STEWART
COL, EN
Commanding