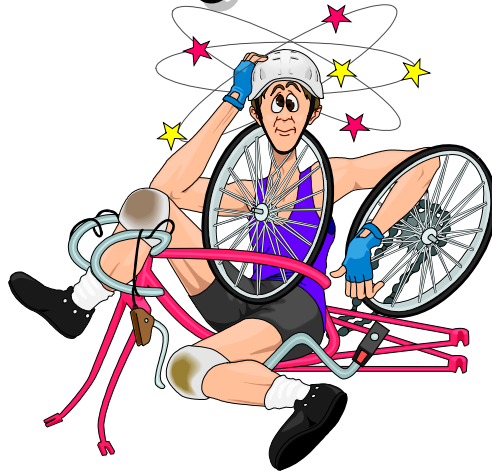


Bicycles



Your bicycle helmet - An insurance policy for your brain!

When riding a bicycle on the installation, everyone - including dependents - are required to wear a helmet.

When operating a bicycle at night, a headlight and reflectors are required. Bicyclists are encouraged to wear outer garments that are highly visible during the day and retroreflective at night.

Last year, almost 600,000 bicyclists - adult and children - were treated in hospital emergency rooms. Another 1,200 Americans will die in bike accidents - mostly due to head injuries.

Wearing a bike helmet reduces the risk of head injury by 85%!

Choose good quality ANSI or Snell approved helmets for you and your family. Ensure they fit properly and are always worn.