

Media Advisory



UNITED STATES ARMY FORT BELVOIR
Public Affairs Office ■ 9820 Flagler Road ■ Fort Belvoir VA 22060

July 20, 2022

FOR INFORMATION CONTACT
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Chef Irvine, SMA cook up healthy meals with Soldiers at Belvoir USO

FORT BELVOIR, Va. – The Sgt. Maj. of the Army, Michael Grinston’s new initiative is to train Soldiers to become Unit Wellness Ambassadors in support of the Army’s Commitment To Improving Overall Nutrition (ACTION) and holistic health and fitness.

On July 26, the Food Network’s celebrity Chef Robert Irvine, will join the SMA in demonstrating how to prepare healthy meals with Soldiers at the Fort Belvoir USO Warrior and Family Center. The media is invited to this cooking demonstration at 11 a.m. The Food Network Star and the SMA will answer questions and discuss the Navigating Operational Wellness (NOW) training at Belvoir.

Media interested in attending should contact Fort Belvoir Garrison Public Affairs by 10 a.m., July 25, 2022, by sending an e-mail to usarmy.belvoir.imcom-atlantic.mbx.public-affairs-office@mail.mil.

Event Details:

What: Healthy Cooking Demonstration with Chef Robert Irvine and SMA Grinston

When: July 26, 2022, 11 a.m. – 1 p.m.

Where: United Service Organization Warrior & Family Center (USO), 5940 9th Street, Fort Belvoir, VA 22060

Who: Army leaders and/or spokespeople available for interviews include:

- Sgt. Maj. of the Army Michael A. Grinston – Army’s 16th SMA
- Chef Robert Irvine – Robert Irvine Foundation <https://robertirvinefoundation.org/>
- Army Col. Joshua SeGraves – Commander, Fort Belvoir
- Army Col. Kathleen Spangler – Director, Fort Belvoir Community Hospital

Media interested in attending, please contact Ganesa Robinson, Media Relations, USAG FBVA Public Affairs, Phone: 703-851-1589, Email: ganesa.r.robinson.civ@army.mil.