

SMA Grinston tours Belvoir barracks renovation, says 'Good quality here'

By Paul Lara Belvoir Eagle

S gt. Major of the Army Michael Grinston saw the original condition of the old Belvoir barracks Tuesday. While touring the new barracks construction, he said he was pleased with the design innovations being made on the buildings to provide greater convenience and safety to enlisted Soldiers, when the new barracks open for use this summer.

"There's about 450 Soldiers in these barracks, but it was designed with just 70 square feet per Soldier, and that's not enough – the current guideline is 90 square feet," said Garrison Command Sgt. Major Gregory Kleinholz. "The renovation worked to give them more living space without losing beds. Four of the barracks will come back in use in July and August, and the other two will open in April 2022."



From left, Brian Smith, Garrison chief of housing; Sergeant Major of the Army Michael Grinston; and Garrison Command Sgt. Maj. Gregory Kleinholz, tour the renovations to enlisted barracks on Fort Belvoir, Tuesday.

DAIG wants to hear from Belvoir residents

By Paul Lara Belvoir Eagle

G arrison leadership has been notified that the Department of the Army Inspector General's

office wants to hear from Fort Belvoir residents later this month, according to the Garrison's Housing Ombudsman, Jennifer Hudson.

"April 26 and 27, there will be sensing sessions for in-person interviews, for numerous residents," said Hudson, adding that capacity for those sessions will be based on the latest MDW COVID-19 safey guidance.

"On April 28, they will hold several virtual calls, with up to 75 individuals on each call," said Hudson. A representative of the IG's office said this would normally be held as a large town hall, but continuing COVID sofety measures provent that

COVID safety measures prevent that. Hudson said a Google form will soon be online for interested residents to sign up, and she noted that the names for the inperson sessions will be chosen by random

lottery. Residents may sign up for several of the sessions, and if your name is selected, your additional sign-ups will be removed.

Hudson noted that the Inspector General's office will meet with the Garrison Commander, Col. Joshua SeGraves, as well as the Deputy to the Garrison Commander, Dr. John

Moeller, Garrison Housing Chief, Brian Smith, and Director of Public Works, Brad Britain.

The Village mayors and Ombudsman will not be attending any of the sessions, according to Hudson.

She said the IG is interested in hearing from residents about their housing experience, including move-in, the lease, work orders, and any other issues that residents would like to speak about. "Other installations are facing the same challenges we are. So, we took the time to think it through and come up with this design and something that could be spread across the portfolio," said Brian Smith, Garrison chief of housing. "We understand other installations have launched renovation projects, but the feedback we've gotten is that this blows them away, and for good reason."

Smith pointed out that some of the design considerations had to mitigate some secondand third-order issues.

"This installation lost its dining facility. Soldiers now typically have a kitchenette with a mini microwave – that's it," Smith said. "Everyone's on separate rats; they're profiling because they're eating fast food instead of healthy meals. There's always a call for better kitchen facilities." Smith showed how the new units gained living space by incorporating the entry hallway, and making that part of a shared space, with four smaller private bedrooms in each corner. There will be a full kitchen, with full-size stove, dish washer and full-size refrigerator. Smith said this saves money because it's replacing four microrefrigerators.

Smith said this is safer for everyone.

"With this new design, instead of separate rooms, we've got the benefit of their battle buddies able to check if someone's isolated in the room for too long," said Smith. "This is the product of years of looking at the problem and

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Belvoir Faithful gather for Easter Services

By Paul Lara Belvoir Eagle

The pandemic lock-down last spring happened just weeks before Easter, and the faithful on Fort Belvoir – for nearly a year – have been without the physical component of Christian life, according to Garrison Chaplain (Col.) Tom Faichney.

"Easter is about victory; it's not just a seasonal component about life – if the grave isn't empty, there's no point to the Christian religion. It is the apex of the Calendar," said Faichney. "We ought not give up the freedom of assembly and free exercise of religion, even during a pandemic."

This year was different, due to the hard work of the Religious Support Office and Chaplain (Maj.) Eric Park, who received an exception to policy, to host an Easter sunrise service at the Officers' Club for 100 attendees, which were properly spaced and located in two different ballrooms.

"It was a joint effort of multiple chaplains on the installations and others who co-officiated. It became a true Christian faith community, from different faiths and services," said Park, noting that several others assisted, including Chaplain Faichney; Chaplain (Col.) Robert Allman, the command chaplain for Regional Health Command, Atlantic and Chaplain (Capt.) Stu Williams.

The sermon, by Chaplain (Col.) Steve Prost, chief of policy and government affairs for the office of the chief of chaplains, was focused on the last two sentences of the Gospel of Mark. An angel tells the women in the empty tomb, "There you will see him, just as he told you. So they went out quickly and fled from the tomb, for they trembled and were amazed. And they said nothing to anyone, for they were afraid."



Photo by Maj. Eric Park

Chaplain (Col.) Steve Prost, chief of policy and government affairs for the office of the chief of chaplains, delivers the sermon at Easter Sunrise service, Sunday, at the Officers' Club.

Prost said that Mark's gospel reveals

"astonishment and fear is the heart's reaction to the revelation of Jesus Christ throughout," adding that his followers were amazed, to the point of terror, when he casts out a demon and heals a paralytic.

"Jesus is the great, fearsome one, as he reveals his power to heal; to teach. We begin to see what Mark was doing to get a sense of the scale of something. It climaxes with the greatest fear: the fear of death. We see that Jesus conquers death. He delivers all those who, through fear of death, were subject to lifelong slavery," said Prost.

Prost said fear is not something you balance with joy – it intensifies your joy at the glory of your God. Mark is transposing a fear of death and showing how Jesus towers over it.

The service is available for viewing at facebook.com/FortBelvoirRSO.



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Workspace consolidation saves money, energy

By Margaret Steele Garrison Public Affairs

ith many Fort Belvoir employees still teleworking, at least part time, Garrison officials are hoping to consolidate offices and spaces, to save money and energy. And, they need input from facility and building managers, to make the process as efficient as possible.

"This ultimately saves costs for the taxpayer; Army garrisons and commands and the DoD," said Brad Britain, Fort Belvoir Garrison director of Public Works. "It's just a next, logical step, when we're still coming out of a pandemic and there have been drastic changes to offices and work patterns."

Britain and other Garrison specialists can help mission partners, facility and building managers through the process. "If you have under-used space, let us know, and we'll help do what's needed to make consolidating easier," he said.

"There was a huge shift from commuting to teleworking, for many typical office workers on Belvoir," Britain said. "That, and social distance requirements, has changed the typical office dynamics, almost everywhere."

As a result, Belvoir has several empty offices, but not many empty buildings.

"Some buildings have seven or so people working there, and each person has their own microwave and refrigerator running," he said. "They could and should be emptied, cleaned out, consolidated and unplugged," adding there are many areas where efficient energy use can save money.

"Many offices and cubicles are assigned to



Photo by Paul Lara

With office activity drastically curtailed, it is more important than ever to turn off lights, shut down computers, and set thermostats to maximize energy savings.

specific people, and cannot consolidate because the employee is not completely on telework, but coming in two or three days a week," Britain said.

Using less energy, water and natural gas, anywhere, definitely has savings."

Tim Ngo, energy manager at DPW's Engineering Division, said that energy changes will be made in some buildings, but safety, security and indoor air quality standards will still be met. He added that indoor air quality affects dry, cracking walls and furniture; and temperature changes affect equipment overheating. Additionally, care will be taken to ensure legally required apparatus, like groundwater-monitoring equipment, stays on. Ahead of consolidating, though, everyone can implement other energy-conservation ideas in their spaces.

Ngo suggests the following cost-savings measures in unused spaces:

- Turn off lights
- Turn off unused computers, printers and speakers.
- Keep working computers in 'sleep' mode, when possible, for necessary IT updates.
- Remove devices like space heaters and kitchen appliances
- Turn off all non-emergency lights at night. (Because of fire code, some emergency lights never turn off.)
- Turn off parking lot and exterior lights, except those needed for safety and security
- Report parking lot and exterior lights on during day time, through Aleut's Service Desk.
- Request a review and possible adjustment of HVAC temperature set points
- Close exterior doors to prevent heat gain and loss.

DPW and Fort Belvoir mission partners are identifying areas that can be streamlined by using less electricity and having fewer temperature changes.

"Once we get numbers of consistent, current employees and future expectations from our partners, we'll know how we can be more efficient and save money," Britain said.

He said updated occupancy information is important, because it plays into Belvoir's shortand long-term planning; support services; and subsequent manning issues; security, emergency service and infrastructure needs.

From SMA, page 1

working to make it better, and we had the opportunity to do that, and we knocked it out of the park."

Kleinholz said the bedrooms for each Soldier are nicely appointed.

"In each Soldier's room, there's a large walk-in closet for personal items, and another closet for professional gear. Each room has a spot for a computer workstation, because everybody's got school work," Kleinholz said, adding that the bedroom windows finally offer black-out shades.

Grinston said it's amazing what gets overlooked sometimes.

"We've been an Army for 226 years, almost, and we just now caught up with the technology that every German has had in their own house. I'm a big fan of this," said Grinston.

Kleinholz said there are already plans to help Soldiers make the most of their kitchens.

"We have a B.O.S.S. building that's under renovation and it's going to open this summer. We're teaming up with the USO and the B.O.S.S. program, to offer cooking classes for the Soldiers. When they come up here, they'll have ideas of what to cook," Kleinhholz said.

Smith said the renovations are making the most of lean budgets, as renovations add time to buildings long past their time.



Photo by Paul Lara

Sgt. Maj. of the Army Michael Grinston, left, tours the renovations to the enlisted barracks on Fort Belvoir, April 6, with Brian Smith, chief of Garrison housing, and Garrison Command Sgt. Maj. Gregory Kleinholz.

"These barracks are past their facility life-span of 50 years, and we're keeping them going, so we're saving money by doing this renovation, and getting the Army on solid ground and providing a great retention tool," said Smith, adding that unsatisfactory housing can certainly cause a Soldier to rethink re-enlistment.

"I've got to be able to articulate our facilities investment plan, and stay on the plan. We've got to stick to it," said Grinston. "My goal is to make sure we don't have a housing crisis in the barracks, and that's what I lead with. If we don't stay on this plan, it'll happen." By Doryan C. Dixon Army Substance Abuse Program Alcohol and Drug Control Officer

pril is Alcohol Awareness Month, which was developed to help increase the awareness and understanding of the causes and treatment of one of our nation's top public health problems: alcoholism. Alcohol awareness campaigns allow our communities to challenge the stigma associated with alcohol abuse and addiction, by spreading knowledge of its effects.

As the COVID-19 pandemic continues to warrant social distancing, it is important to conduct prevention checks to ensure that self-care is maintained. During this period of isolation and social distancing, it can be extremely difficult for individuals that live alone or lack nearby social connections. Some may find themselves feeling stressed, anxious, depressed, lonely, or start to feel the effects of 'cabin fever.' Many people turn to alcohol or other substance abuse in order to cope.

The Fort Belvoir Army Substance Abuse Program (ASAP) asks everyone to take part in their favorite activities, while



making certain to avoid alcohol impairment and large gatherings to mitigate high-risk behaviors.

Here are a few tips to highlight how we can work together to secure a happy, healthy, and safe month by choosing alcohol free things to do or places to go:

- Engage in alcohol-free activities (fishing, canoeing, etc.)
- Gather around food, not boozeCraft some simple mocktails
- (non-alcohol drinks)Go out for a walk with family
- Watch sports or movies at home
- Bake or cook something new
- Share music with
- others virtually

- Visit an art gallery
- Be kind to yourself (relaxation techniques: deep breathing, meditation, reading, exercising, etc.)

Join the ASAP Team as they deliver Substance Abuse Prevention and Awareness training during April. All training will be offered via MS Teams. Units, organizations, mission partners, and family members are encouraged to sign up by emailing james.a.peters.civ@mail.mil or mlagros.frank.civ@mail.mil.

- April 8 Alcohol Awareness Month Training 1400 -1500hrs.
- April 15 Alcohol Awareness Month Training 1000-1100hrs.
- April 22 Alcohol Awareness Month Training 1400-1500hrs.
 April 15 ASAP will also host

the National Screening Day Survey on the Fort Belvoir ASAP Facebook Page. This survey is 'confidential and voluntary,' and alternative services will be offered, if additional help is needed. The ASAP Facebook Page will also post flyers acknowledging National Alcohol Awareness Month and weekly "Alcohol Known Facts," identifying information about alcohol misuse and abuse. In addition to social media, the Fort Belvoir community can utilize local resources for support:

Belvoir Hospital Behavioral Health 571-231-3224

Belvoir Eagle

Substance Use Disorder Clinical Care 571-231-1375

Alcohol and Drug Control Officer Ms. Doryan Dixon 703-805-1083

Employee Assistance Program Dr. Molly Williams 703-805-5588

Prevention Coordinator Mr. James Peters 703-805-1010

Suicide Prevention Manager Ms. Milagros Frank 703-805-5529

Risk Reduction Coordinator Ms. Yetta Canty 703-805-2587

Drug Testing Coordinator Mr. Lamar Williams 703-805-4528

Army Aviation Anniversary Monday, plays key role in National Defense

By Paul Lara Belvoir Eagle

hile aviation has played a part in Army operations for more than a century, the Army aviation branch celebrates its 38th anniversary next week.

The United States became the first country in the world to contract for military aircraft when in December 1907 it called for bids on a military airplane. Of the three bids accepted by the Army, only the Wright brothers delivered. The Army accepted the aircraft Aug. 2, 1908 at Fort Myers, Va., after its successful test in July by Orville Wright. A working replica of that aircraft now sits in the National Museum of the United States Army.

In 1914, Congress created the aviation section within the Signal Corps, but it wasn't until much later, March 1983, when the Chief of Staff of the Army recommended forming a separate aviation branch. The Secretary of the Army approved that recommendation on April 12, 1983 - the date celebrated as the Branch's birthday.

Army Aviation's role of providing the indispensable vertical dimension to the modern battlefield has become universally recognized. For example, during operations in Grenada, Panama, and the Persian Gulf region, Army Aviation played major and decisive roles. One of the first blows of Operation Desert Storm was struck by Army Aviation. Apache helicopters destroyed key Iraqi early warning radar sites and thus opened the air corridors to Baghdad for the bombing campaign that preceded the ground war. Then, during the 100 hours of ground combat, Army helicopters dominated nighttime operations.

Davison Army Airfield has played a storied role in this region, and to this day, remains a unique component for the Army, according to Col. Winfield Adkins, commander of The Army Aviation Brigade.

"The United States Army Aviation Brigade's colors were uncased on December 9, 2005 and it continues to build upon a rich history of excellence being headquartered out of Davison Army Airfield, Fort Belvoir, as the only multi-component, multi-mission, multi-airframe, and multi-installation aviation organization in the Army," Adkins said. "Although consequence management and contingency operations are the primary focus areas for the brigade, it



A UH-60 Blackhawk approaches to sling load a vehicle during joint exercises at Davison Army Airfield in this 2016 file photo.

also conducts routine executive and non-executive rotary and fixed-wing mission support to Department of Defense leadership across the contiguous United States and around the globe."

One of those pilots, CW4 Michael Lovell, a Gulfstream pilot who flew with the U.S. Army Priority Air Transport, said Davison stands out for its excellence.

"You realize the second you walk through the door that you are amongst the absolute best aviators in the Army, and from that moment forward, you strive to also be the best aviator in the Army," said Lovell.

One of the missions is preserving continuity of government, according to Dale Walters, who is chief of Air Traffic Control maintenance, and the airfield's volunteer historian.

"If the Pentagon calls 911, we're on the other end," said Walters, adding that Davison has managed the Pentagon heliport since 1955.

"On 9-11, the heliport's air traffic control tower was a prefabricated building in front of the Pentagon. Our air traffic controller, Sean Boger, was in the tower," and survived the attack just yards away, Walters said.

Adkins said Monday's anniversary will be commemorated with a small and meaningful ceremony of both reflection and insights for the future.

"From humble beginnings, working alongside the Wright Brothers, Army Aviators have been critical pioneers forming and shaping Army doctrine and tactics," Adkins said. "Today, as global threats dynamically change and grow, Army Aviation seamlessly continues to adapt while ensuring unparalleled readiness and the advancement of modernized capabilities to dominate across the battlefield. Army Aviators are committed to a culture of fostering excellence in tactical and technical competence. are masters of their craft, think dynamically in space and time, routinely assess and mitigate risk. and live true to the branch motto of "Above The Best" because they fly supporting the best fighting force of Soldiers in the world."

Photo by Paul Lara

Milkids: A resilient force in a changing world

By Paul Lara Belvoir Eagle

Military Service is a family commitment. Throughout April, the Department of Defense honors our youngest team members with Month of the Military Child, underscoring the important role military children play in the armed forces community. The Month of the Military Child is a time to applaud military families and their children for the daily sacrifices they make and the challenges they overcome.

The Month of the Military Child is part of the legacy left by former Defense Secretary Caspar Weinberger. He established the Defense Department commemoration in 1986.

"It's designed to show the important role of military children in our Armed Forces Community and a time to show recognition the military challenges they make and the challenges they overcome," said Jamie Albers, Fort Belvoir Elementary School liaison officer, who added that Purple Up Day, April 21, is called that because all the colors of the military branches, when combined,

April Month of the Military Child Military Children and Youth: A Resilient Force in a Changing World								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturda		
				1 Proclamation and Young Lives BIG Stories Contest Begins 4/1-4/31	2 Diversity Celebration (Wears something blue)			
4	5 Health and Fitness / Moving on Mondays with Ms. Carla See CYS Facebook page	6 Guinness World Record most virtual soccer ball passes	7 Youth Sport / Soccer Skills with Mr. Rashawd See CYS Facebook page	8 Art Thursdays See CYS Facebook page	9 Fun Fact Friday Interesting Soccer Fact See CYS Facebook page			
11 12-16 April - Week of the Young Child	12 NAEYC Week of the Young Child-Music Monday	13 NAEYC Week of the Young Child-Tasty Tuesday	۲4 NAEYC Week of the Young Child-Work Together Wednesday	15 NAEYC Week of the Young Child-Artsy Thursday	16 NAEYC Week of the Young Child-Family Friday			
18 18-24 April - Purple Up! For Military Kids Week / Afterschool Professionals Appreciation Week	19 Purple Week For Military Kids - Moving on Mondays with Ms. Carla See CYS Facebook page	20 4-H Celebrates Purple Up! For Military Kids	21 Local Schools and CYS Celebrates Purple Up! For Military Kids Wear something purple	22 Earth Day: Restore Our Earth / Boys and Girls Club (BGCA) Celebrates Purple Up!	23 Fun Fact Friday Interesting Soccer Fact See CYS Facebook page	23-24 April – L Military Teen S		
25	26 Health and Fitness / Moving on Mondays with Ms. Carla See CYS Facebook page	27 Health and Fitness / Healthy Habits with Piper See CYS Facebook page	28 Youth Sport / Soccer Skills with Mr. Rashawd See CYS Facebook page	29 Art Thursday See CYS Facebook page	30 Fun Fact Friday Interesting Soccer Fact See CYS Facebook page			

becomes purple.

"Virginia has designated that as April 21, but school kids wear purple as much as they can during the month," Albers said. The theme for this month is "Military Children and Youth: a resilient force in a changing world".

Albers noted what a unique year it has been for military children on Fort Belvoir this past year, with school ending suddenly last spring without a chance for students and teachers to say goodbye, and some families had already gotten PCS orders that were subsequently delayed. Albers said families had packed up to go, and the stop order meant they had to re-enroll their children in class.

"Since class was all virtual, students never got to meet classmates for almost a year. Parents feel that the isolation was hard, especially when moving away from friends and family," said Albers.

For students in their senior year, that meant missed proms, homecomings, and even graduations.

The Primary and Upper schools have numerous recognitions of MOMC, including recognizing teachers who are military veterans, as students put a purple ribbon on their classroom door. The student body has marked a map with pins, showing places they have lived before, and there will also be a cammo day, and a day when they can dress from the place where they lived.

Albers said the strength of the students throughout all this has been impressive.

She said Fairfax County Public Schools are sending encouragement to military families and children, and teachers as well, because sometimes civilian teachers don't know that their students move 6 to 9 times through their school years.

Albers said "For parents and their kids – thank you for your sacrifice and everything you do every day."

DTRA accomplishes chemical weapons treaty mission during COVID-19 pandemic

By Darnell Gardner Defense Threat Reduction Agency Public Affairs

nternational arms control treaties and agreement protocols involve activities that place operatives and inspectors up close and personal with some of the world's most dangerous weaponized threat agents. Throughout the COVID-19 pandemic, the Defense Threat Reduction Agency worked closely with the U.S. Deputy Assistant Secretary of Defense for Threat Reduction and Arms Control, the U.S. State Department and the Organization for the Prohibition of Chemical Weapons Technical Secretariat to develop procedures that allowed for safe and continued **Chemical Weapons Convention** treaty monitoring activities.

When global leaders began enacting broad sweeping travel restrictions due to the COVID-19 pandemic, the deliberate suspension of most on-site treaty verification activities reluctantly took place.

"The Chemical Weapons Convention treaty provisions requires DTRA and the OPCW to continue their 24 hours-a-day,



Photo by Darnell Gardner, DTRA Despite strict COVID-19 operating parameters, the Defense Threat Reduction Agency supported several chemical weapons storage facility inspections at Pueblo, Co., and Blue Grass, Ky.

365 days-a-year, on-site treaty verification mission activities," stated Chuck Rice, lead for DTRA's CWC treaty implementation activities. "Despite travel restrictions, our team continued its work at the Pueblo Chemical Agent-Destruction Pilot Plant, Colorado, and the Blue Grass Chemical Agent-Destruction Pilot Plant, Kentucky, throughout the pandemic."

As detailed in the CWC treaty, the United States is obligated to destroy all of its chemical weapons stockpiles. The OPCW exercises the responsibility to observe and verify chemical munition destruction though continuous onsite monitoring. DTRA members assigned to chemical weapons treaty implementation duties, escort OPCW inspectors when conducting on-site inspection activities to ensure CWC treaty and federal guideline compliance.

"The OPCW typically has five inspectors present at each destruction site performing continuous on-site inspection of destruction," stated Lt. Col. Bradley Stremlau, DTRA's CWC treaty operations officer. The DTRA team worked collaboratively to institute pandemic mitigation measures to ensure force protection for themselves, visiting OPCW inspectors, and military personnel in charge of chemical weapons destruction. Inspectors used alternate points of entry and exit such as Atlanta, Detroit, and Dallas instead of the using the official Washington Dulles point of entry due to flight availability and to mitigate potential personnel exposure to COVID-19. Arriving inspectors underwent 14-day

quarantine upon arrival in the U.S., at the hotel near each site. Inspectors underwent COVID testing, during inbound and outbound travel.

According to John Bettenhausen, a DTRA treaty compliance specialist at the Pueblo plant, members continually adapted to COVID-19 conditions while keeping employee and OPCW inspectors safe. DTRA maintained a zero infection rate among visiting OPCW inspectors.

The Agency successfully supported OPCW inspectors during multiple four weeklong chemical weapons storage facility inspections at Pueblo and Blue Grass. In addition, DTRA facilitated and managed the Organizations' final engineering review for a recently installed static detonation chamber, and supported an OPCW annual destruction records review at Blue Grass Army Depot.

To date, the United States has destroyed approximately 96 percent of its 27,770 metric ton chemical weapons stockpile with anticipation of completing the entire effort by 2023.



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The Exchange rewards classroom excellence with You Made the Grade

By Paul Lara Belvoir Eagle

he Army & Air Force Exchange Service is recognizing military students for academic accomplishments through its You Made the Grade program. First- through 12th-graders who maintain a B average or higher are eligible for a \$5 Exchange gift card every grading period during the 2021 school year, according to Fort Belvoir AFEES manager JoAnne Cahalan.

"The Exchange appreciates the strength and resiliency of all military children," said Cahalan. "To excel academically while dealing with frequent moves, deployments and parents' long working hours is a significant achievement. That's why The Exchange has rewarded military students with the You Made the Grade program for the past 21 years."

Students who make the grade qualify to enter a worldwide sweepstakes to win a \$2,000, \$1,500 or \$500 Exchange gift card.

YOU MADE THE GRADE

sweepstakes entry forms are on the back of the \$5 gift card sleeve. Students can send completed forms to:

> You Made the Grade PO Box 227398 Dallas, TX 75222-7398



Fort Belvoir students with a B average or higher can receive a \$5 gift card at the PX

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The next drawing will be held in June. The most recent sweepstakes winners were from Fort Bragg, Yokota Air Base and U.S. Army Garrison Baumholder. To receive the \$5 Exchange gift card, students simply visit the Belvoir PX, present a valid military ID and proof of a B average or higher at customer service.

Belvoir Community Briefs

Exchange Photo Contest Celebrates Family Fun

For Fort Belvoir kids, a night of family fun can lead to great prizes. April 9 - 15, military children can submit a photo of their family game night for a chance to win a \$50 Exchange gift card or a Rubiks Cube prize as part of the Exchanges' Month of the Military Child celebration. For more details, visit ShopMyExchange.com/momc.

DADS 101

Let the New Parent Support team show you how to overcome your fears and get comfortable in your paternal role. Whether a first-time dad or a first-time attendee, these sessions will empower you with advice and tricks to become the best dad you can be. Virtual classes are from 3 - 4 p.m., April 14 and April 28. Participants must register by calling 571-231-7028.



MWR Library 4-night Stuffie Sleepaway Camp

Every Thursday, Children are invited to drop off a stuffie at the MWR Library for a funfilled adventure. Each stuffie will go home on the following Monday with a craft, personalized library books, and photos of their adventure at the library. Drop-offs take place each Thursday, now - June 3, 11 a.m. - 5 p.m. Staff will notify customers the following Monday when stuffies can be picked up from the library.



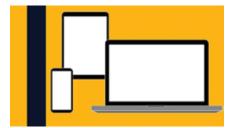
Play Morning

Play Mornings, hosted by Army Community Service, allow families to connect virtually and have a playgroup experience together, through crafts, story time and other activities. Classes are biweekly at 10 a.m., Fridays. The next sessions are April 9 and 23. Additional sessions will be through June. Participants will be notified of any changes in the schedule. Registration is required by calling 571-231-7028.



Community Scavenger Hunt April is National Child Abuse Prevention Month, Autism Awareness Month and Month of the Military Child. The Community Scavenger Hunt is a month-long effort that

fosters family fun and bolsters social and emotional well-being. Each scavenger hunt activity will take participants to a physical location, a website or encourage a family activity. The Community Scavenger Hunt begins April 1, 12 a.m. and ends April 30 at 12 a.m. For the list of tasks and rules and eligibility, visit belvoir.armymwr.com.



Virtual Storytime

Join your library team every Wednesday, 10:30 a.m. on the Belvoir MWR Facebook page for a virtual group reading experience. Storytime targets ages 5 and under, but all ages are welcome to join.



MWR/SHARP 5K

Fort Belvoir's Sexual Harassment/Assault Response and Prevention Program, in partnership with MWR, will host the MWR/SHARP 5K Run/Walk. The 5K will be virtual. Eligible participants include all active duty as well as mobilized/ADOS National Guard/Reserve component Service members, retirees and DoD civilians. The first 100 participants will receive a MWR/SHARP 5K shirt (sizes are limited). Registration opens April 5, 5 a.m. and closes April 23, 7 p.m. To register, visit belvoir.armymwr.com.

Fort Belvoir Chapel Hours

Belvoir Chapel

- Friday Jewish Shabbat 7 p.m.
- Saturday Jewish Shabbat 10 a.m.
- Saturday Catholic Mass 5 p.m.
- Sunday Catholic Mass 9:30 a.m.
- Sunday Traditional Protestant 11 a.m.

Fairfax Chapel

- Monday-Thursday Daily Catholic Mass - Noon
- Sunday Anglican 9 a.m.
- Sunday Catholic Mass 11 a.m.

Resiliency Center

• Sunday Chapel Next - 9:30 a.m.

Thurman Auditorium

• Sunday Gospel – 11:30 a.m.

During the current pandemic, you must register to attend services in person.

The registration link can be found on the **facebook.com/FortBelvoirRSO**.