

# **USAG Bavaria Behavioral Health Resources**



## **CRISIS & EMERGENCIES:**

German Police: Call civilian telephone 110

German Host Nation Ambulance: Call civilian telephone 112

<u>988 Suicide & Crisis Lifeline</u>: DSN 118
German civilian telephone: 00 800 1273 8255, press "1"
U.S. telephone: Dial 988, press "1", or Text: 838255
Chat On-line: <u>https://www.veteranscrisisline.net</u> (Available 24/7)

<u>Military Police (MPs)</u>: DSN 114, Grafenwoehr civilian tel. 09641-83-110, Vilseck/Hohenfels/Garmisch civilian tel. 09662-83-110

### **INSTALLATION SERVICES:**

#### 24/7 On-Call Duty Chaplain & Family Life Chaplain

Any Individual or Family Member on orders to USAG Bavaria can speak to the 24/7 On-Call Duty Chaplain.

Grafenwoehr/Vilseck civilian tel. 09641-70-526-3025, Hohenfels civilian tel. 0162-296-1093, Garmisch civilian tel. 0162-297-5997.

#### **Behavioral Health Clinic**

Active Duty Service Members and Dependents. The Behavioral Health Clinic provides individual, relationship, or family therapy, as well as psychiatry, SUDCC, group counseling, and acute care.

**Grafenwoehr DSN** 590-3004 civilian tel. 06371-9464-3004, Vilseck/Garmisch DSN 590-2300 civilian tel. 06371-9464-2300, Hohenfels DSN 590-3300 civilian tel. 06371-9464-3300.

#### Employee Assistance Program (EAP)

**DoD Civilian Employees, Military & Civilian Family Members (18 years and older), Retirees, and Contractors**. EAP is a free, confidential screening, assessment, and mental health-related referral resource that can provide short-term, non-clinical counseling and support.

Contact DSN 569-7900, civilian tel. 09641-70-569-7900, Tower Barracks, Building 555.

#### Military Family Life Counselors (MFLCs)

**Military Service Members and their Families.** Military Family Life Counselors are licensed counselors who offer short-term non-medical counseling (face to face and tele-health). Their services are confidential.

**Contact ACS, civilian tel.** 09641-70-599-1101, for a list of Adult Rotational/Embedded, Child Youth Behavioral (CYB) MFLCs (located in the CDC's), and School MFLCs.

