USAG Bavaria Civilian Fitness and Health Promotion Program (CFHPP)
Participant Survey
(Return to EAPC Upon Completion)

Name/Directorate_____

1. I achieved at least some of the goals that I established through the CFHPP.

   Strongly Agree Agree Neutral Disagree Strongly Disagree

2. The CFHPP helped me establish a fitness routine that has led to a healthier personal lifestyle.

   Strongly Agree Agree Neutral Disagree Strongly Disagree

3. The CFHPP had a positive impact on my work performance?

   Strongly Agree Agree Neutral Disagree Strongly Disagree

4. What skills or goals did you expect to experience or improve on through the CFHPP:
_____
_____

5. What part of the CFHPP did you like best?_____
_____

6. What if any improvements would you recommend regarding the CFHPP?
_____
_____

7. How long have you been participating in the CFHPP? _____

8. Would you recommend the CFHPP to others? Yes or No

9. Additional comments or suggestions:_____
_____
_____
_____

Signature and Date_____

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