


Spouse Checklist

PCSing Overseas?

We know things can get *overwhelming*, we understand and are here to *help!*

This is a checklist of things you might want to look into while your Service Member is in-processing. Get out of the hotel, explore the bases and familiarize yourself with the community as you check out these available resources!

✓	To-Do	BLDG #		Notes
		Tower Barracks (Grafenwoehr)	Rose Barracks (Vilseck)	
	 Start here Army Community Service (ACS)	244	322	<ul style="list-style-type: none"> Welcome Packets + Information & Referral Class/Event Calendar Sign-Up for Free Classes Fax/ Scan Services / DSN Weekly Job listing Lending Closet Free Coupon Center AtHoc Registration (Receive emergency warnings and critical information, such as hazardous road conditions, delays, and base closures due to severe weather.) AFAP & Army Family Team Building Army Volunteer Corps Employment Readiness Program Family Advocacy Program & New Parent Support Exceptional Family Member Program (EFMP) Financial Readiness Program Mobilization & Deployment Readiness Program Relocation Readiness Program
	ID Card (IACS)	244		<ul style="list-style-type: none"> Register ID / Gate Access
	Housing Office	244		<ul style="list-style-type: none"> Housing Availability List Sign for Housing & Keys Private Rental Assistance Fencing Request Packet Schedule Loaner Furniture Pick-Up/Delivery Schedule Household Goods Arrival / Delivery
	Finance Office	244		<ul style="list-style-type: none"> Pick-up/Turn-in TLA (Temporary Lodging Allowance) Packets
	CAR/ POV (Personal Owned Vehicle)	301		<ul style="list-style-type: none"> USAREUR Driver's License/Testing POV Registration Temporary Tags POV Inspection Permanent License Plates <p style="text-align: right;">BLDG 322 (Across from 301)</p> <ul style="list-style-type: none"> POV Arrival POV Pick-Up / Drop-off Office
	Health Clinic	475	250	<ul style="list-style-type: none"> Tricare Primary Care & Referrals Pharmacy Labs
	Dental Clinic	475	250	<ul style="list-style-type: none"> Limited Availability, Soldiers have priority. Contact for further information. List of MetLife Approved Dentists in area.
	Veterinary Clinic		222	<ul style="list-style-type: none"> Pet Registration List of off-post Veterinary Clinics Appointments & Walk-Ins
	The Bank (s):	148	224	<ul style="list-style-type: none"> Bank Accounts (Checking, Savings, Credit Cards) + German "EC" debit card Exchange money Money Orders / Cashier's Checks Loans (Auto, Personal, etc.) Pay Tickets
	<ul style="list-style-type: none"> Service Credit Union Community Bank 	105		
	CYSS (Child & Youth School Services) Parent Central Services		224	<ul style="list-style-type: none"> Registration <ul style="list-style-type: none"> Child Development Center (CDC) School Age Centers (SAS) Youth/ Teen Centers SKIES Activities <p style="text-align: right;">SLO (School Liaison Officer)</p> <ul style="list-style-type: none"> Make an appointment to meet the SLO.
	Schools	124 9040 9060	2232 1901	<ul style="list-style-type: none"> Grafenwoehr Elementary (PSCD-5th) Netzaberg Elementary (Sure Start-5th) Netzaberg Middle (6th-8th) Vilseck Elementary (Pre-School-5th) Vilseck High School (9th-12th) Registration / Enrollment School Supply List Curriculum & Guidance Counselors Tour Facility
	Post Office	141	338/339	<ul style="list-style-type: none"> Mailroom (CMR Boxes) Mail Counter (stamps, mail letters and packages, pick-up mail) + Money Orders Register/ Sign-up for Package Notification Emails
	Cell Phone, Cable Internet Provider (s)	700	2203	<ul style="list-style-type: none"> T-Mobile / Telekom (Contract or Pre-Paid) TKS (Monthly or Pre-Paid)

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Rose Barracks (RB):
09662-83-2650



Grafenwoehr (TB):
09641-83-8371

Continued...

This is an *additional list* of **services, resources & places on-base**. This doesn't cover everything, but it can definitely get you started. If you have any questions about programs, services, or places to go, visit us at ACS, our front desk can provide you more information.

✓	Ja-Da	BLDG #		Notes
		Tower Barracks (Grafenwoehr)	Rose Barracks (Vilseck)	
	AAFES (PX/Exchange)	700	2203	<ul style="list-style-type: none"> Customer Service: Esso Cards, Western Union
	American Red Cross	150	162	<ul style="list-style-type: none"> Emergency Communication Messages (for Emergency Leave) First Aid/CPR classes
	Army Lodging (Hotel)	619	275	<ul style="list-style-type: none"> Grafenwoehr Army Lodging Kristall Inn on Rose Barracks (Laundry Facility Access + Free Breakfast + Faxing Services while a guest.)
	Car Care Center	442	718	<ul style="list-style-type: none"> Automotive Services and Auto Supplies
	Chapels	140	218	<ul style="list-style-type: none"> Religious Services
	Education Services Bavaria Education Center	538	223	<ul style="list-style-type: none"> Registration /Enrollment School Advisors College Courses & Testing Site
	Fitness Center	170 /547	323	<ul style="list-style-type: none"> Register ID Fitness Classes Class calendar and Class Coupon Booklets
	Free Cycle	441	710	<ul style="list-style-type: none"> Free items donated by the community
	FRG (Family Readiness Group)	Your Service Member's Unit		<ul style="list-style-type: none"> Contact your unit's Family Readiness Liaison (FRL) <ul style="list-style-type: none"> Be added to your FRG's Email list
	Heart & Home Craft Shop	607		<ul style="list-style-type: none"> Arts and Crafts Supplies Frame Shop
	Legal Center	106	245	<ul style="list-style-type: none"> Legal Documents: Power of Attorney (POA) & Will Legal Advice
	Library	445	227	<ul style="list-style-type: none"> Register ID to use services Check-out books, movies, games Internet & Printing & Mango (Free Foreign Language Education Program)
	Military Clothing & Sales	534	217	<ul style="list-style-type: none"> Military Uniforms and supplies
	Passport Office	244		<ul style="list-style-type: none"> Appointments and assistance for Passports, Visas, SOFA Stamps, Birth Abroad
	SATO Office (Travel Agency)	244	161	<ul style="list-style-type: none"> Official Travel Leisure Travel available at Grafenwoehr Office Bldg. 244 Request Travel Quotes & Book Travel Arrangements
	Self-Help	394	103	<ul style="list-style-type: none"> Household items to rent and/or use to maintain your home (Paint, light bulbs, nails, tools, lawn mowers, etc..)
	Thrift Shop	508	221	<ul style="list-style-type: none"> Purchase used clothing, toys, household goods Transformers, adapters, fans Consign or donate items
	USO	150		<ul style="list-style-type: none"> Open 7 days a week (Free Services), plus Weekly Meals Recreation area, Game Systems, and Children's play area Computers, Printers, Internet, Phones to call the U.S.
	VAT Office	539		<ul style="list-style-type: none"> Purchase VAT (Value Added Tax) Forms to save 7%-19% German tax while shopping on the economy. Ex) IKEA, OBI, Poco, TKS and more. Turn-in/ Drop-Off used VAT Forms
	Warrior Zone		607	<ul style="list-style-type: none"> Computers, TVs, Game systems, Pool Tables etc.. (Age 18+)
	Wild B.O.A.R	RC 600		<ul style="list-style-type: none"> Outdoor Recreation Activities: <ul style="list-style-type: none"> Climbing wall, high ropes course, campgrounds, cabins, hunting and fishing, skeet and trap, equipment checkout etc..

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