



U.S. ARMY



USAG Alaska

Virtual Community Action Council

COL Christopher J. Ruga
Commander

United States Army Garrison (USAG) Alaska



Agenda

- **Welcome Remarks** (COL Ruga)
- **Community Discussion Topic:**
 - ✓ DPW: Bridge Updates (Jason Webb)
 - ✓ ISO: Alaska Outdoor Safety (Robert Tanner)
 - ✓ RSO: Vacation Bible School (Chaplain Cech)
 - ✓ DPW: PFAS Ground Water Testing (Brienne Clark)
- **Agency Topics:**
 - ✓ MEDDAC-Alaska: (LTC Katherine Cocker)
 - ✓ North Haven Communities: (Todd Wentland)
 - ✓ Exchange: (Lane Ashcraft)
 - ✓ DeCA: (Angela Harmon)
 - ✓ DFMWR Events and Activities: (Allison Long)
- **Closing Remarks** (COL Ruga)





Welcome Remarks

Garrison Commander – COL Ruga





Community Discussion Topic





River Road & Bailey Bridge Update

Jason Webb





River Road – Status Update



- ✓ River Road. Bridge was closed on July 7th
- ✓ Work will begin this week
- ✓ River Road Bridge construction from July-Oct 2020





Bailey Bridge – Status update

- ✓ 6 of the 18 girders were installed on 7 July
- ✓ Bailey Bridge under construction until Sep 2020





Access Control

River Road Bridge and Bailey Bridge Closed

- ✓ During construction, Trainer Gate will be open 24 hours, 7 days a week
- ✓ This is the only access point for any areas North of the Chena River
- ✓ Please plan for a few extra minutes of travel as this will cause increased traffic at Main Gate





Alaska Bear Facts

Robert Tanner





Bear Facts

Black Bear

- Length: 4-6 feet
- Weight: Males: 150-400lbs, Females: 125-250lbs
- Color: Black to brown, some with white chest patch
- Description: Smallest of bears, straight facial profile, and shorter, curved claws



Brown Bear

- Length: 7-9 feet
- Weight: Males: 400-1500lbs, Females: 200-850lbs
- Color: Dark Brown to Blonde
- Description: Larger than black bears, with a prominent shoulder hump, longer front claws



Polar Bear

- Length: 8-10 feet
- Weight: Males: 600-1200lbs, Females: 400-700lbs
- Color: All white to cream
- Description: Larger and streamlined, with a long neck and large feet. On average, the largest of the three bear species



Yogi Bear

- Length: 5-6 feet
- Weight: around 200lbs
- Color: Brown with a light green hat and tie
- Description: Large, normally with BooBoo and often found with a picnic basket





Bear Facts

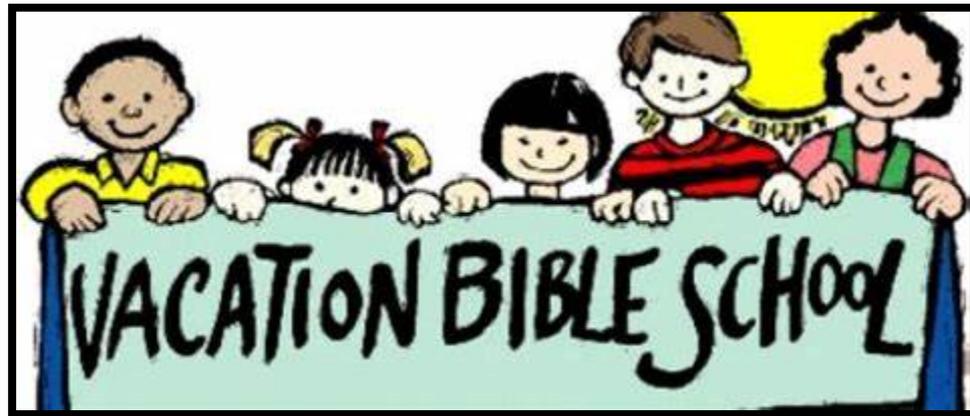
- ✓ Make noise! Avoid startling a bear!
- ✓ If you see a bear- avoid it
- ✓ If you encounter a bear- (rare) remain calm and keep a distance
- ✓ Stand your ground
- ✓ Never run! You cannot out run a bear!
- ✓ If attacked- curl up and play dead
- ✓ Firearms and bear spray





Vacation Bible School

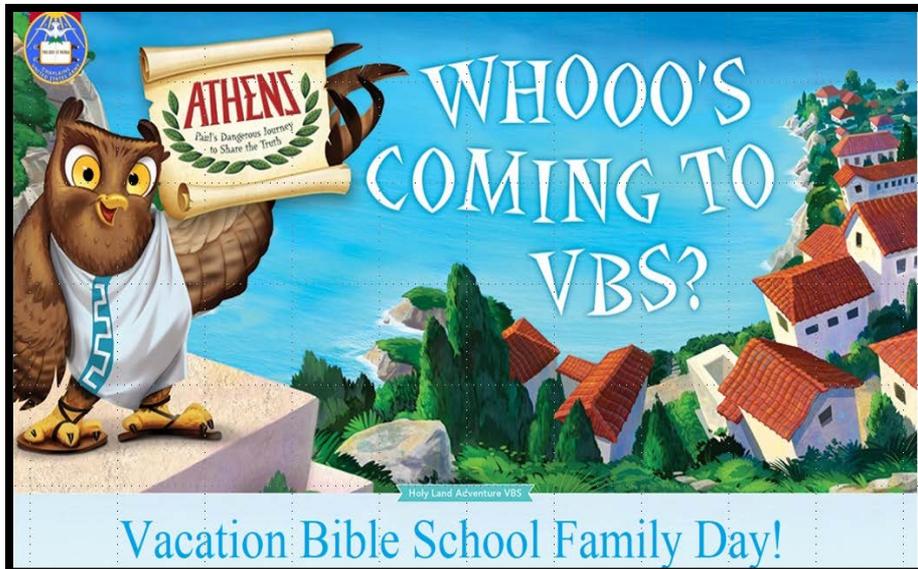
Chaplain Cech





Vacation Bible School

- ✓ Food, Crafts, Music, Give-a-ways, Games, FUN
- ✓ Travel from booth to booth with your Family
- ✓ Bring your face mask, keep 6 feet distance and use hand sanitizer
- ✓ For more information, Jennifer Huff howe2dance@Hotmail.com
- ✓ www.Facebook.com/FWARSO



- ✓ 14 August 2020, 1630-1900
- ✓ Southern Lights Chapel
(8th St. & Neely Road)





PFAS Ground Water Testing

Brianne Clark

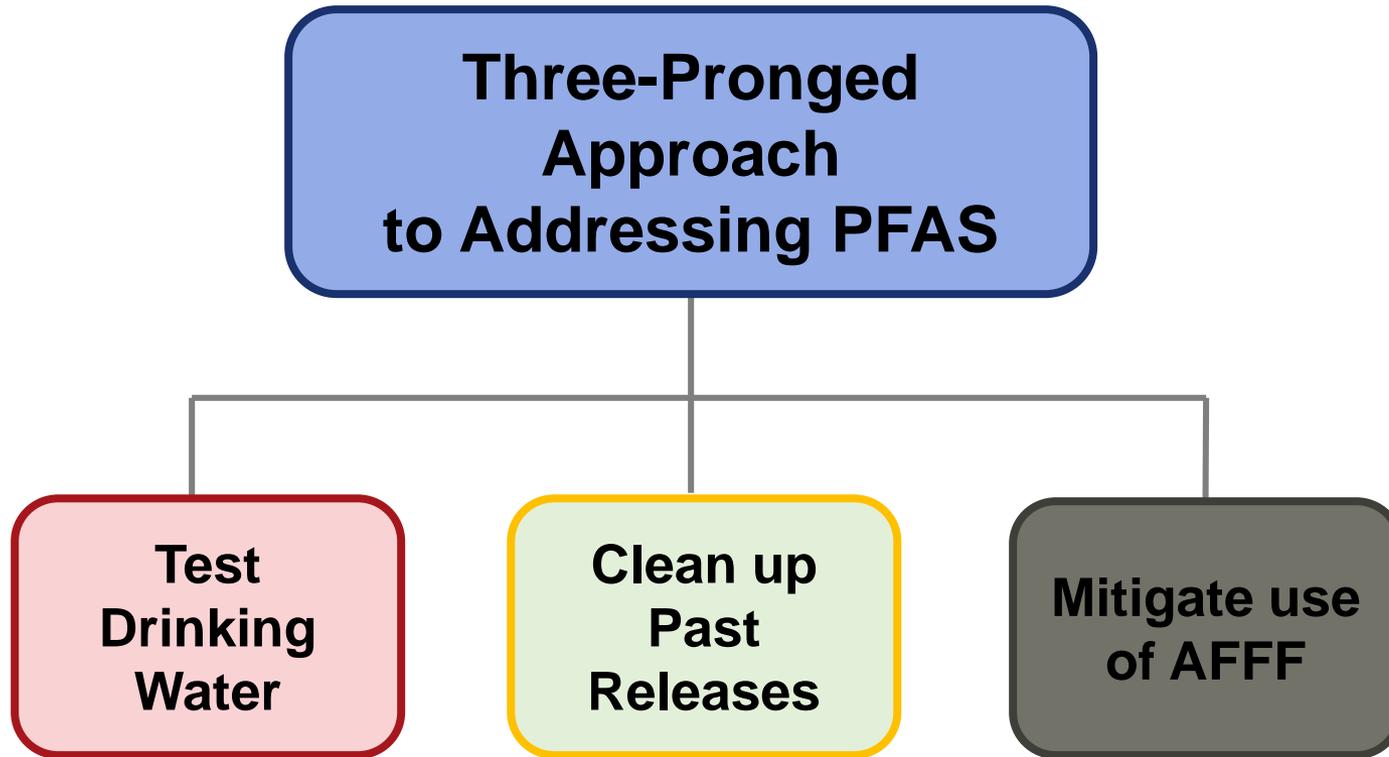




Per- and Polyfluoroalkyl Substances (PFAS)

Army Strategy To Address PFAS

#1 Priority: Protect human health by preventing drinking water exposures above EPA's lifetime health advisory for PFOS/PFOA (70 ppt)





Per- and Polyfluoroalkyl Substances (PFAS)

Fort Wainwright Drinking Water

Test Drinking Water



Ensure PFOS/PFOA is below the lifetime health advisory in drinking water

- ✓ Initial testing completed in 2017
- ✓ Army drinking water systems are sampled quarterly to ensure compliance
- ✓ Doyon Utilities monitors all source wells quarterly
- ✓ All testing results: NO exceedances of the 70 ppt





Per- and Polyfluoroalkyl Substances (PFAS)

Army Strategy To Address PFAS

Cleanup Past Releases



Fulfill our environmental cleanup responsibilities following the federal cleanup law (aka CERCLA)

- ✓ Conduct Comprehensive Environmental Response, Compensation, and Liability Act (CERCLA) preliminary assessment and/or inspections
- ✓ Fort Wainwright
 - Quality Assurance Performance Plan
 - Inspection : August 2020
 - Draft Report : January 2021
 - Final Report : April 2021





Per- and Polyfluoroalkyl Substances (PFAS)

Fort Wainwright Environmental Contacts

Restoration Program

Brian Adams

(907)361-6623

Brian.m.adams18.civ@mail.mil

Bri Clark

(907)361-3001

Brianne.r.clark.civ@mail.mil

Seth Reedy

(907)361-6489

Seth.a.reedy.civ@mail.mil





Agency Topics





MEDDAC-AK

LTC Katherine Cocker





MEDDAC-AK

Bassett Army Community Hospital (BACH)

Sports & School Physical Appointments

July 15, 22, 29 and August 5, 12

Appointments required for each Child
call 361-4000 to schedule

- Bring any special school forms to the appointment with parent/parent portion already completed
- Medical issues will NOT be addressed unless they are directly related to the physical
- No chronic medical conditions (for example, asthma)
- Can not be the child's first appointment at BACH
- Ages 5 to 18
- TRICARE Prime enrollees only

Back
to
School





North Haven Communities

Todd Wentland





Summer Mowing and Trimming

- ✓ For assistance maintaining your fenced-in yard, contact:
 - Shawn T. (father) & Brandon T. (son) (707) 775-9174
 - Ayden F. (337) 396-6956
 - Robert C. (207) 215-8104
 - T-Man's Lawn Service - Operated by Father (John) and Son (Tucker) (719) 209-7348 (John)
 - Trevor F. (254) 216-2396
 - VIP Lawn Service – Kaiden T. (907) 370-3170
- ✓ Interested in being added to the List?
 - Contact your community office at (907) 356-7000 option 3
 - Send an email to marketing@nhcalaska.com





North Haven Resident Self-Help

- ✓ North Haven Self-Help:
 - Call 907-356-7150 for an appointment to pick-up self-help & DIY items such as: Lawnmowers, Mulch, Lightbulbs, etc.
 - At your appointment time - Go to Warehouse located at 3022 Montgomery (across the street from the MP station)
 - Ring Doorbell located by large garage door (look for signs)
 - DO NOT ENTER the warehouse at anytime
 - DO NOT show up without an appointment
- ✓ Dirt is available, you will need a container to put it in
- ✓ Hours of Operation: Mon – Fri, 8 am to 6 pm





Assignment Orders

- ✓ Contact North Haven Communities ASAP at 907-356-7000, option 3
- ✓ Put in your notice to vacate or update your resident profile with North Haven Communities





North Haven Communities ODP

North Haven Communities FY19-23 Out Year Development Plan (ODP)

- ✓ Bear Paw Ballfields – 32 New Homes (8 – 4 plex buildings) and Infrastructure / Southern Cross 4 New Homes (1-4 plex building)
 - Bear Paw Ball Fields and Tennis Courts have been demolished
 - Bear Paw Buildings Pads are complete; foundation work is in progress and framers are mobilizing this week
 - Homes are tentatively scheduled to be completed in Spring/Summer 2021

- ✓ Chena Bend 58 Roof Replacements and Interior Renovations
 - Roofs were completed in October 2019
 - 27 Renovations have been completed to date / 11 Renovations are in progress
 - Tentative completion date is December 2020

- ✓ Southern Cross (8 plex buildings) 98 Interior Renovations
 - Approved for Construction (AFC) Performance Specifications are complete
 - Design Build Contractor will have bid packages completed by Friday July 10th and will send out Request for Proposal (RFP)
 - Tentative start date is September 2020





EXCHANGE

Lane Ashcraft



EXCHANGE

ARMY & AIR FORCE EXCHANGE SERVICE





Exchange

CELEBRATING
125
YEARS OF SERVICE
1895 X 2020
WE GO WHERE YOU GO

JULY 25, 2020 ALL DAY EVENT
ONE DAY EVENT!
\$125 Dollar Giveaway
Gift Card Sweepstakes

ONE DAY EVENT SIGN UP @ GAFFNEY EXPRESS
DRAWING @ 1:25 PM
MUST BE PRESENT TO WIN

Combo Deal's

- 2 Hot dogs & Soda purchase receive \$1.25 Discount
- 2 Tornadoes & Soda purchase receive \$1.25 Discount
- 2 Tamales & Soda purchase receive \$1.25 Discount

Free Popcorn

Balloons

Cup Cakes

Military Star purchases of \$50.00 or more receive \$12.50 Discount

\$125
Gift Card Sweepstakes

CELEBRATING
125
YEARS OF SERVICE
1895 X 2020
WE GO WHERE YOU GO

gift card

Specials throughout the store!

Come join us for cupcakes!





Exchange




GoPro

Enter for a chance to Win
ONE OF FIVE
\$500 Shopping Spree
 along with a **FREE**
GoPro HERO8 Black

  Enter July 1 - July 30, 2020 at shopmyexchange.com/sweepstakes

ENTER for a CHANCE to WIN

CRKT 5400 XOC Knife
Valued at \$750



or

ONE (1) of FOUR (4)
CRKT 4040E Provoke Knife
Valued at \$200




 **CRKT.**

 Enter May 8 - July 31, 2020 at shopmyexchange.com/sweepstakes





Exchange

Furniture Store Sale

CHECK OUT THE
WAINWRIGHT FURNITURE STORE
now for deep price cuts on Ashley.
Get them while they last
MAY 22 - AUGUST 20, 2020 - THIS STORE ONLY

SAVE UP TO 50%
on select Ashley Furniture.

*limited quantities, *while supplies last, **see store for details, ***this location only

**SAVE AN
 ADDITIONAL 10%***
 ON ASHLEY FURNITURE
 PURCHASES WITH
 MILITARILY STAR.

**0% INTEREST
 FOR 6 MONTHS**
 ON ASHLEY FURNITURE
 PURCHASES OF \$199 OR
 MORE WITH MILITARY STAR



PLUS, YOU'LL EARN 2% IN REWARDS**
 ON ALL PURCHASES





Exchange

Curbside Pickup

Buy Online, Pickup Curbside

- ✓ When you order Exchange items on-line for in-store pick-up, an Exchange associate will call to let you know your order is ready, and will offer you the option for curbside pick-up
- ✓ They will then give further instructions on the pick-up process and where the curbside pick-up area is located
- ✓ For more information on this **BOPIS/ buy on-line pick-up-in-store curbside** option, just call your Exchange (907)-356-6051





DeCA

Angela Harmon





Commissary News

Feds Feed Families

- Donate to food banks and pantries within the area
- Purchase food products while shopping, or purchase a prepackaged bag at less than \$10
- The program will run from June 1- July 31, 2020



Customer Satisfaction Survey

- On the bottom of each receipt is a link to our Customer Satisfaction Survey
- Survey participation helps us improve customers' shopping experiences
- Recognizes the areas we are excelling in
- Acknowledge the employees who make your visit "worth the trip"





Commissary News

Gift Cards

- Shoppers can find DeCA and AAFES gift cards sold at each Commissary and Exchange
- This reciprocal agreement began 22 June 2020



Reusable Bags

- Shoppers can bring own bags to carry out groceries
- Commissary employees and baggers are unable to handle a shoppers' reusable bags





DFMWR

Allison Long





U.S. ARMY

DFMWR: Alaska Bucket List

- ✓ Check off a [#AlaskanBucketList](#) item by taking a photo of your adventure and sharing it on our Facebook or Instagram page!
- ✓ Go to: wainwright.armymwr.com/promos/my-alaskan-bucket-list for all of the information and details!
- ✓ Win a 2-night stay at Denali Bluffs Hotel by entering into the giveaway!
- ✓ How to Submit:
 - Send Photos to [@WainwrightMWR](#)
 - E-mail photos to bucketlistusagalaska@gmail.com
 - Tag us on a public post & use [#WainwrightMWR](#) & [#AlaskaBucketList](#)
- ✓ Here are a few things you can check off:
 - Hike a trail in Alaska
 - Do a round of golf at Chena Bend
 - Float the Chena River
 - Ride the Alaskan Railroad





DFMWR: Explore Valdez



Explore VALDEZ
Vacation memories that last a lifetime!

Valdez Glacier Campground is perfect for both outdoor enthusiasts and nature photographers alike. From beautiful waterfalls to amazing views, wildlife, and great fishing opportunities, your family is certain to create lifelong memories.

We invite you to spend an Alaskan Summer in the heart of the Chugach Mountains beneath the famous **Valdez Glacier**. Without a doubt, visitors to the campground will be struck by its beauty and grandeur.

From eagles to bears, sea lions and fish, a wildlife adventure at your fingertips.

Amenities
Dry camping travel trailers and cabins rentals are exclusive to Active Duty, members of the National Guard and Reserve, Retirees, Veterans, DoD Civilians, and Fort Greely Contractors. Our tent sites and RV pads are open to all patrons.

- ☀ 85 Standard Non-Electric Campsites
- ☀ 14 RV Electric Pads (20/30, 50 amp)
- ☀ 2 Dry Camping Travel Trailers
- ☀ 4 Dry Cabins
- ☀ 2 Large Group Camping Areas
- ☀ Picnic Tables and Fire Rings
- ☀ Bath House and Latrines
- ☀ Dump Site
- ☀ Firewood Available (\$)
- ☀ Natural Trail

Non-Guest Amenities:
☀ Dump Station: \$10 ☀ Showers and Potable Water: \$5



**1200 Airport Road
Valdez, Alaska 99686**

DRIVING DIRECTIONS
About 7 miles before you arrive in Valdez — you will see a major intersection with a flashing yellow light, turn right onto Airport Road and travel 3 miles to the Campground on the left.



Reservations for Valdez Glacier & Allison Point Campgrounds are required — Call 907.873.4795 | Greely.ArmyMWR.com

CONTACT US
We're here to help!

Reservations Office: 907.873.4795 • Monday-Friday (8 a.m. - 5 p.m.)
Reservations Email: usarmy.greely.id-pacific.mbx.mwr-lodging@mail.mil
Camp Host: 907.297.8524

**Plan the perfect summer fishing trip
at Allison Point Campground!**

This popular fishing area provides approximately 49 sites for RV's/Tents.







DFMWR: Seward Military Resort

- ✓ The sun is shining, the salmon are in, and Seward is waiting!
- ✓ Seward Military Resort in the coastal town of Seward, Alaska offers the perfect place to enjoy all that Alaska has to offer
- ✓ Enjoy full-service motel rooms, RV parking, and deep discounts on a variety of adventures throughout the state
- ✓ Call **(907) 224-9659** to make your reservation today!
- ✓ Learn more at **SewardResort.com**





DFMWR: Golf

Chena Bend Clubhouse & Golf Course

- ✓ **Lessons:** Looking to get started in golfing or enhance your game? Take a lesson through Chena Bend!
- ✓ **Rentals:** Standard and premium club sets are available for rent during business hours! Power carts and pull carts are also available on a daily basis! *Complimentary club rentals are available for Soldiers E1 – E5
- ✓ **FlingGolf:** FlingGolf can be played by any skill level and alongside regular golfers! Practice your Fling at the Driving Range from 8 a.m. – 9 p.m. daily!
- ✓ **Stay Connected:** Text “**WainwrightGolf**” to **(206) 929-4040** and receive golf course, tournament, and weather updates





DFMWR: Dining Options

Triple the selection!

- ✓ **Available for takeout**
- ✓ **The Turn Bar & Grill**
located at Chena Bend Clubhouse
Monday – Sunday 10:30am – 3:00pm
- ✓ **Warrior Zone**
Get your Warrior Zone food fix. The restaurant is open for take-out only.
Monday - Friday, 8am – 10:30pm
Saturday & Sundays, 11am – 10:30 pm
- ✓ **Mother Lode Café**
Located at Bowling Center.
Friday & Saturday, 11am – 11pm
Sunday, 12:00 – 6pm



The Turn Bar & Grill
BBQ Pulled Pork Sandwich



Warrior Zone
Bacon Cheeseburger



Mother Lode Café
Personal Size Pepperoni Pizza

*Social distancing and face coverings are mandatory when entering the facility.





DFMWR: Homecoming Giveaway

- ✓ We are excited to see families being reunited!
- ✓ Share your homecoming photos on the [@WainwrightMWR](#) giveaway post on Facebook whether it's reuniting a Soldier with a Spouse, kid(s), pet(s), and even a friend!
- ✓ How to enter:
 - LIKE [@WainwrightMWR](#) Facebook page
 - LIKE [@SeekinsFordLincoln](#) page
 - TAG a friend on the [@WainwrightMWR](#) Homecoming Giveaway post
 - COMMENT your favorite photo of your reunion on the post (homecoming photos can be from any redeployment you've experienced!)
- ✓ Top 2 photos with the most likes will move on to round 2 of the giveaway!





DFMWR: Upcoming Events

Outdoor Recreation Center (ODR) & Campgrounds

✓ **Equipment Check-Out**

- **Call: 361-6349** for reservations and curbside pick up

✓ **Guided Trips**

- July 17 – Boater Safety Course
- July 19 – White Mountain ATV Trip
- August 1 – Boater Safety Course
- August 1 – Tanana River Float
- August 2 – ATV Safety Course
- August 2 – Women in the Wilderness Hatchet Throwing



✓ **Safety Courses**

- Boating and ATV Safety Courses available online at wainwright.armymwr.com
- Sign-ups available at **ODR: 361-6349**





DFMWR: B.O.S.S

✓ Guided Trips

- July 21 – HooDoo Biking Trip
- August 7 – Cooking in Barracks: BBQ
- August 8 – Fly Fishing Trip

✓ Registration required! To register call the B.O.S.S. office at **(907) 353-7648**.
Registration ends a week before the event date.

✓ Must be a B.O.S.S. eligible Service Member to participate. This includes Single Service Members, Single with Dependents, and Geo-Bachelors.



@WainwrightMWR

For more information, visit
www.wainwright.armymwr.com





DFMWR: Child and Youth Services

✓Virtual Adventurers

- Virtual Adventurers, unite! Tune into the [@WainwrightMWR](#) Facebook page every Friday for a video posted from Youth Sports & Fitness to find out how you can stay get active!
- Get your kids out and involved by logging onto Facebook and going to [@WainwrightMWR](#) and looking for the Youth Sports & Fitness Challenges videos made by the YSF Team!

✓Enjoy adventures with the team of:

- FlingGolf
- Biking
- Floating the Chena River

✓Workout Wednesdays

- Tune into [@WainwrightMWR](#) Facebook page every Wednesday for a video posted from Youth Sports & Fitness to get active!





DFMWR: Army Community Service

✓ New to USAG Alaska?

Make Army Community Service your first stop!

- Get connected with your SFRG
- Borrow household goods from the Lending Closet
- Discover the multitude of lifestyle resources available to you



✓ Newcomers Expo

✓ Discover what USAG Alaska Fort Wainwright has in store!

✓ Newcomers Briefing every Tuesday

- A Soldier's first glimpse to Fort Wainwright
- Open to all Family Members and other USAG Alaska community members
- Includes on-post bus tour

✓ Fairbanks City Tour every Friday





DFMWR: Virtual SFRG Training

✓ SFRG Virtual Trainings

- July 15 – Ley Contact Training
- July 16 - Leaders Training
- July 20 - Command Team Training
- July 22 - Command Readiness Representative Training

✓ Registration required

✓ All trainings will be held via Microsoft Teams, with access information sent to registered participants.

✓ To register, email:

Victoria.I.Raquepaw.civ@mail.mil

Or call: (907) 353-7908





Questions

Closing Remarks

Garrison Commander – COL Ruga





Next Community Action Council:

11 August 2020

