

Joint Base Elmendorf-Richardson COVID-19 Flowchart

Am I at risk? What steps do I take?

Have you traveled to, from, or through, any other country outside of the US or any cities inside the US for an extended period of time (regular layovers not included) that are considered high risk within the last 14 days?

YES

NO

DO NOT CALL THE JBER EMERGENCY DEPARTMENT FOR COVID QUESTIONS

Do you have symptoms of COVID-19 infection? (fever, cough, or respiratory distress?)

Any contact with a confirmed case of COVID-19?

YES

NO

YES

NO

Do you have symptoms of COVID-19 infection? (fever, cough, or respiratory distress?)

YES

NO

DoD beneficiary (ADSM, Dependent, Retiree):

- Call Public Health at 580-4014 to report travel.
- After Hours: Contact the 24-hours Public Health line at 382-0435 to report travel.
- Quarantine is required for 14 days.

DOD Civilian Employees/Contractors:

- Call Public Health at 580-4014 prior to entering JBER
- Do NOT report to duty until you've been cleared by PH
- Contact your doctor for guidance.
- Avoid contact with others.

DoD beneficiary (ADSM, Dependent, Retiree):

- Call the 24/7 JBER COVID-19 HOTLINE at 580-2778.
- Clinical assessment may be necessary.
- Stay home until fever-free for 72 hours without the use of medication.
- Avoid contact with others.

DOD Civilian Employees/Contractors:

- Call Public Health at 580-4014 or 382-0435 before entering JBER.
- Do NOT report to duty until you've been cleared by your doctor.
- Contact your chain of command.
- Avoid contact with others.

Follow Preventive Measure Tips and Guidelines

- Wash your hands often with soap and water for at least 20 seconds or use alcohol-based hand sanitizer.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth.

For additional information on COVID-19 go to:

<http://dhss.alaska.gov/dph/Epi/id/Pages/COVID-19> <https://www.cdc.gov/coronavirus/2019-ncov/index.html> <https://www.tricare.mil/HealthWellness/HealthyLiving/Coronavirus>
https://www.whitehouse.gov/wp-content/uploads/2020/03/03.16.20_coronavirus-guidance_8.5x11_315PM.pdf