



DEPARTMENT OF THE ARMY  
HEADQUARTERS, U.S. ARMY ALASKA  
724 POSTAL SERVICE LOOP #5000  
JOINT BASE ELMENDORF-RICHARDSON AK 99505-5000

AUG 27 2020

APVR-CG

MEMORANDUM FOR DISTRIBUTION

SUBJECT: General Order Relating to Coronavirus 2019, Revision 8 (Change 1)

1. Purpose. This General Order (GO) establishes command policies concerning conduct of personnel during Coronavirus 2019 and identifies conduct that is prejudicial to the good order, discipline, health, and safety of personnel.

2. Applicability. This General Order rescinds General Order Relating to Coronavirus 2019, Revision 7, dated 16 July 2020, and applies to all U.S. Army personnel assigned or attached to U.S. Army Alaska, or assigned to a U.S. Army installation in Alaska, including Department of the Army civilian employees. Department of Defense (DoD) civilians are expected to comply with this Order as a condition of access onto an Army installation.

3. Punitive Order. Paragraph 6 of this General Order is punitive. Soldiers violating this Order are subject to appropriate administrative, non-judicial, or judicial actions. Violations by Department of the Army Civilians (DAC) of the Order may be subject to appropriate administrative and/or disciplinary actions.

4. References.

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a. Department of Defense Instruction 6200.03, Public Health Emergency Management (PHEM) Within the DoD, 28 March 2019

b. Army Regulation 600-20, Army Command Policy, para. 2-5.b., 6 November 2014

c. Uniform Code of Military Justice (UCMJ), 10 U.S.C. §§ 801-940

d. State of Alaska Health Mandates 010, Interstate and International Travel, Updated 6 August 2020, and 018, Intrastate Travel, Updated 5 June 2020

5. Military Purpose and Necessity. The State of Alaska continues to minimize the spread of COVID-19 by acting responsibly, and USARAK's scope of operations expands consistent with DoD, HQDA, and higher headquarters guidance. In light of my obligation to preserve the health and readiness of the force, I have determined that certain restrictions should remain in place. To the extent this order imposes a higher or more restrictive standard than the State of Alaska, it reflects my judgment that considerations of military readiness, force protection, and public health necessitate a

different approach. We will work together to establish safe work conditions while meeting our mission requirements.

## 6. PROHIBITED ACTIVITIES.

a. All USARAK personnel will follow State and local directives to the maximum extent practicable while engaged in off-duty activities. USARAK personnel will maintain social/physical distancing when interacting with non-household members. Social distancing is defined as maintaining a six foot distance from other personnel at all times. If unable to maintain social distancing, USARAK personnel will wear cloth face coverings; see 6(c) for specific directives. Soldiers are expected to be familiar with the State of Alaska's current Health Mandates (available at <https://covid19.alaska.gov/health-mandates/>) and respect any guidelines or restrictions imposed by local businesses.

b. **Face Coverings in Common Work Areas, Motor Vehicles, and Outdoors.** Face coverings will be worn in all common areas or shared spaces in buildings, including motor pools and offices, except where personnel are static and 6 foot distancing is maintained (i.e. conference room). Face coverings need not be worn when an individual is in his or her own office; however, if another individual enters the office and 6 foot distancing cannot be maintained, all individuals present will wear a face covering. **Face coverings will be worn when riding in a motor vehicle with non-Family members whenever individuals are unable to maintain 6 foot distancing.** When in an outdoor setting, face coverings must be worn whenever individuals are unable to maintain 6 foot distancing between themselves and other non-family members.

c. **Organized adult sports with potential physical contact, such as soccer and basketball, during physical training and off-duty are prohibited. Soldiers may participate in other outdoor recreation activities (e.g., running, walking, hiking, bicycling) when maintaining a distance of 6 or more feet between individuals.**

### d. Off-Duty Activities.

(1) Non-military guests (visitors) in the barracks are prohibited.

(2) Soldiers must receive a pass or leave authorization from a commander for any overnight stays outside of their homes or residences to ensure that leaders have accountability of their personnel, are aware of any potential for infection or exposure, and verify that their Soldiers are cognizant of this Order and any State or local restrictions that may apply.

(3) **Off-Duty Gatherings and Parties.** Soldiers will neither host nor attend gatherings or parties with more than 10 attendees while off-duty. **This restriction applies to gatherings or parties on and off a military installation.** It does not apply to religious services or installation physical fitness facilities. Requests to host a party exceeding 10 people on a military installation must address social distancing, facility,

and/or room constraints, and an overall safety plan to mitigate risk. O-6 unit commanders may approve requests for gatherings and parties under this provision.

**(4) Off-Post Establishments.**

**(a) Soldiers will not use dine-in service at any off-post restaurants. If ordering food from a restaurant, Soldiers will use curbside, touchless, or other forms of pickup service.**

**(b) Soldiers will not enter business establishments that primarily engage in preparing and serving alcoholic beverages for on-site consumption, including indoor and outdoor bars, breweries, pubs, and nightclubs. If ordering food or alcohol from such an establishment, Soldiers will use curbside, touchless, or other form of pickup service. Entrance into liquor stores to purchase alcohol is authorized.**

e. Restriction of Movement. All U.S. Army Soldiers arriving to Alaska from U.S. States and Territories will observe a 14 day Restriction of Movement (ROM) unless they have an exception to policy for restricted ROM measures approved by the USARAK CG. Soldiers will maintain a copy of the exception to policy on their person until the 14 day ROM period has elapsed. Soldiers arriving from or through a CDC TCN Level 3 or 2 location will quarantine in accordance with (IAW) USINDOPACOM Memorandum, "Travel Guidance," 28 May 2020. Conditions of restriction of movement are as follows:

(1) Single Soldiers will perform their ROM in an assigned location, typically a room in the barracks or temporary lodging. During this period, you will avoid contact with other individuals and attempt to maintain a six foot distance from other personnel at all times. If single Soldiers must share a room and/or bathroom, it should be with a small cohort arriving on the same day.

(2) If you are a married Soldier, have dependents residing with you, or reside off-post, you are to remain at your residence for the 14-day ROM period. Avoid close contact with non-dependents or any dependent that is not also in a ROM status (e.g. do not share personal items with others, sleep in a separate bedroom, and use a separate bathroom). You should limit interaction with pets or other animals to the extent possible.

(3) You may leave your ROM location to get fresh air or physical exercise in very close proximity to your lodging while maintaining social distance from all non-dependents. You will not travel or visit public areas nor use public transportation. You must wear a face covering when outside of your lodging with two exceptions: 1) when engaged in outdoor exercise, you can remove your face covering if you are able to maintain a 25 foot distance from all non-dependents; and 2) when in your vehicle and not within 6 feet of any non-dependents.

(4) You may leave your ROM location to obtain food and essential items, if those services can be obtained through curbside, touchless, or other form of pickup. You may not enter a restaurant or retail establishment, and must avoid personal contact with others. You are required to wear a face covering at all times while out of your ROM location. You are prohibited from eating in public spaces, retail establishments, or the workplace. Coordinate with your unit for assistance if needed for obtaining food and essential items.

(5) If your ROM location is on the installation, you may not depart during your 14 day ROM period except to obtain food or other essential items through curbside or touchless pickup. If your ROM location is off the installation, you may not enter the installation during your 14 day ROM period unless you have an approved exception to policy or to seek medical care.

(6) You will self-monitor for COVID-19 symptoms during your ROM period. Symptoms include fever, cough, shortness of breath, difficulty breathing, chills, muscle pain, sore throat, new loss of taste or smell, runny nose, nasal congestion, nausea, vomiting, and diarrhea. Personnel on ROM will inform medical personnel and their chain of command immediately upon experiencing any symptoms of illness or infection. Notifications should be made telephonically, at the time the symptoms manifest. Personnel experiencing symptoms should not report to their normal place of work, unit formations, or other group settings.

(7) Leaders at all levels will be attentive to the signs of improper alcohol-related behavior or alcohol abuse by individual Soldiers. Alcohol storage and consumption in the barracks is a privilege, and if Soldiers choose to consume alcohol, they are expected to do so responsibly and in a disciplined manner. While serving a travel related quarantine, Soldiers aged 21 and over may possess no more than one standard size bottle of wine or 72 ounces (6 standard size bottles/cans) of beer or a beverage of equivalent alcohol by volume, (e.g. 6-pack of 12-ounce wine coolers). Alcohol consumption is prohibited for Soldiers serving a medical quarantine pursuant to a quarantine order issued by Public Health or their unit commander.

7. DOD Civilian employees are expected to comply with the 14 day ROM requirement when arriving from out of state by remaining in their residence and observing installation public health guidance. Supervisors are responsible for ensuring that their employees are aware of this requirement and make appropriate arrangements to accommodate the ROM period. Individuals who elect to disregard public health guidance may face adverse administrative action, including a temporary or permanent bar to the installation.

8. U.S. Army military personnel and civilian employees who are observing the 14 day ROM mandated by this order **will** not be required to take personal leave.

9. Exceptions to Policy. O-6 Commanders may recommend exceptions to policy to permit Soldiers to engage in mission essential functions under less restrictive measures. Civilian employees may request a similar exception to policy recommendation from an O-6 Commander, Deputy Garrison Commander, or Chief of Staff. All ETPs will be forwarded to the USARAK CG for action unless further delegated, either by this order or in a subsequent action by the CG. Soldiers and civilian employees are expected to have a copy of their approved exception to policy whenever they are outside of their residence or designated ROM location. Mission essential functions include, but are not limited to:

- a. In-processing of mission critical personnel to ensure continuity of leadership;
- b. Out-processing of personnel who must PCS to fill a mission-critical position in another organization, as indicated by a mission-critical designation from their gaining unit and an approved ETP for travel;
- c. Change of command or responsibility functions that are necessary to ensure continuity between incoming and outgoing key leaders; and
- d. Engagements that require the employee's personal participation due to subject matter expertise, historical knowledge, or position.

10. Contracting officers will ensure that any contractors performing work on behalf of U.S. Army Alaska or U.S. Army Garrison Alaska observe the 14 day ROM. Contractors may be granted an exception to policy to allow them to perform contract work in support of time sensitive, resource constrained, or high profiles initiatives. Approval of contractor ETPs is delegated to the Garrison Commanders of Fort Wainwright and Fort Greely for work to be performed on their respective installations.

11. Dependents. All residents and visitors to a military installation are expected to do their part to safeguard the population and observe the installation's public health guidance. While their sponsor is serving a 14 day ROM, dependents are expected to observe the same conditions. Unsafe conduct may result in a temporary or permanent bar to post; loss of installation privileges, including facility access and visitor sponsorship; and/or a misdemeanor citation from law enforcement. Dependents are expected to follow applicable state and local mandates when off of the military installation.

12. Reporting. All U.S. Army military personnel and Civilian employees will immediately contact Public Health and their commander/supervisor when they or a member of their household have tested positive for COVID-19, or have been exposed to a person infected with COVID-19. Any Soldier who is recommended to quarantine by a medical professional will immediately report that recommendation to their commander. Commanders may issue quarantine orders to individual Soldiers based on a medical recommendation to quarantine.

13. Leader Responsibilities.

a. Duty Status. Commanders will establish duty hours and locations for all Soldiers consistent with the following: Soldiers will conduct official duties during the duty day, including but not limited to: physical training, on-line training, education coursework, or other duties as directed by a commander or supervisor. Soldiers are required to be fit for duty during duty hours.

b. Commanders and leaders are expected to support their Soldiers performing a restriction of movement, including quarantine or isolation. Communication will occur between the leader and Soldier every day.

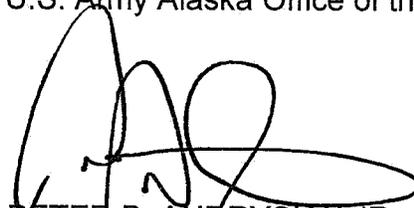
c. A leader will communicate with each Soldier released to his/her residence or other designated duty location, whether on- or off-post, every duty day to ensure accountability and the health and welfare of the Soldier. Leaders will confirm that their Soldiers have accomplished assigned tasks and are prepared to return to duty when recalled.

d. Leaders will ensure that Soldiers understand this guidance, the State of Alaska's current Health Mandates, and any differences between them. Soldiers are expected to comply with this guidance at all times, while remaining mindful that their conduct is subject to regulation by the State while off-post and in an off-duty status.

14. Soldiers may face adverse administrative or disciplinary action under the Uniform Code of Military Justice for violating public health guidelines, including those imposed by restaurants and retail establishments. Soldiers should be mindful that disorderly conduct and service-discrediting conduct are criminal offenses under the UCMJ, and that their behavior is a reflection of the professionalism of the United States Army. Be smart, be safe, be ready!

15. Effective Date/Expiration. This order is in effect as of the signature date and remains in effect until rescinded.

16. The point of contact for this order is the U.S. Army Alaska Office of the Staff Judge Advocate, (907) 384-0300.



PETER B. ANDRYSIK JR.  
Major General, USA  
Commanding